



annual report 23/24

whnsw peak body for 21 non-government women's health centres in NSW

Funded by the NSW Ministry of Health

acknowledgement of country

Women's Health NSW acknowledges the Gadigal and Wangal people of the Eora Nation as the traditional custodians of the land on which we live and work today. We pay respect to their elders both past and present, as well as all other Aboriginal and Torres Strait Islander peoples.

contents

About Us 3 | From the CEO 4 | Our Principles 6 | Strategic Priorities 7
Reducing Violence Against Women 8 | Strategic Activities 9 | WHNSW Outcomes 11 | Pathways Project 14
WHNSW Database Presenting Issues Categories 17 | Women's Health Sector Collated Data 18
Organisation and Structure 20 | Financial Report 21 | Women's Health Centres 22

about us

Women's Health NSW is the peak body for 21 non-government community-based women's health centres and special purpose services in New South Wales.

We are proactive on priority issues relevant to women's health, advocating for improved health outcomes so that women and girls can reach their potential within a gender and culturally safe and healthy environment. We promote a coordinated approach to policy and planning, staff professional development and consultation between member services, NSW Ministry of Health and other government and non-government agencies.

Members include 18 women's health centres providing multidisciplinary, primary health care focusing on wellness, prevention, early intervention, immediate and ongoing care, including physical health/activity, chronic illness, emotional and mental health, reproductive and sexual health, and the health effects of violence against women. There are also two special-purpose services, Sydney Women's Counselling Centre who provide trauma-specialised counselling and Full Stop Australia (the NSW Sexual Assault Hotline), and one associate member, Benevolent Society. Throughout the network, service provision is influenced by the identified needs of local communities and the shared aim of improving the health of women, with a focus on women experiencing disadvantage.

Strategies incorporated by Women's Health Centres include preventative health care, community education and development, advocacy and empowerment, and providing women with knowledge, skills and resources to enable them to take more responsibility for factors that may adversely affect their lives.

All members work within the social model of health framework, which acknowledges the physical, emotional, and mental aspects of health and the broader social, cultural and economic factors that impact women's wellbeing and ability to access services.

The Women's Health NSW website www.whnsw.asn.au outlines our structure, aim, history and philosophy, along with resources and annual reporting. You can find your nearest Women's Health Centre here:

<https://whnsw.asn.au/womens-health-centres-nsw/>

Contact phone numbers for each Women's Health Centre can also be found on the last page of this report.

"These centres are vital in providing a safe place for women who might otherwise fall through the cracks and are critical in removing barriers to health care by providing women the care they need in their own communities.

Leichhardt Women's Community Health centre celebrates its 50th anniversary this year, as the first centre of its kind in Australia, opening in 1974, it has supported thousands of women in need providing access to health care, educational resources, and counselling.

The investment in this centre and others is part of the NSW Government's ambition to better support women all over our state and spans a range of areas, from health and other services for women to workforce participation."

NSW Minister for Women, the Hon. Jodie Harrison MP, March 2024

our vision

All women and girls are empowered to reach their potential within a safe and healthy environment.

from the CEO

There was a significant amount to celebrate in the 2023–2024 financial year. Most crucially, the year saw the NSW Government deliver on its commitment to boost funding for Women’s Health Centres across NSW. The \$34.3 million funding increase was allocated to 19 Women’s Health Centres, with many leveraging this opportunity in their local press to emphasise the important services to women that sustainable funding will allow them to provide.

The year also saw Leichhardt Women’s Community Health Centre (LWCHC) and Full Stop Australia turn 50! As Australia’s first Women’s Health Centre, LWCHC is the first of the Women’s Health NSW members to reach this significant milestone. The day was marked with celebration and an exhibition, *The Thread Between us: Weaving Service, Activism, Connecting Women*, which was launched by the NSW Minister for Women, the Hon. Jodie Harrison MP. Media surrounding the event emphasised the way that women’s health centres adapt their services to meet the needs of women in their local communities. “When women cannot come to LWCHC, Leichhardt Women’s goes to the community offering nursing clinics, alcohol and other drugs counselling and health education,” said LWCHC Board Chairperson, Marta Vasquez to [Australian Senior News](#).

Women’s Health NSW also made the news with our new Pathways Project, which is funded under the

Sexual Violence Project Fund administered by the NSW Department of Communities and Justice. This project came about when Women’s Health NSW identified a need to support and strengthen professional understanding and local capacity to respond to sexual assault-related non-fatal strangulation and acquired brain injury. Even in its infancy, this project has attracted media attention with a dedicated article appearing in *Women’s Agenda* in April 2024, and a barrage of press in outlets including SBS News and ABC 7.30 at the time of writing.

Alongside these noteworthy achievements, the 2023–2024 financial year saw us continue to deliver against the three components of the Women’s Health NSW Strategic Plan: priority women’s health issues, women’s health sector capacity building, and governance and performance.

In terms of governance and performance, Women’s Health NSW received Australian Service Excellence Standards (ASES) accreditation in November 2023. This means WHNSW meets fundamental business practice and client services across 18 standards. It means we can be confident that our organisation has effective communication, our people work in a safe and healthy environment where diversity and inclusion are celebrated, that we foster strong partnerships and that the members we serve can be confident in our service provision.



LWCHC Board Chairperson, Marta Vasquez; WHNSW CEO Denele Crozier AM; LWCHC Manager, Dr Ses Salmond; and NSW Minister for Women, the Hon. Jodie Harrison MP.

I would also like to recognise that many of our members have also received their own accreditation in this period, and generously shared policies and tips in the forums we provide for the sector.

In relation to priority issues of women's healthcare, we have focused on women's access to reproductive healthcare, violence against women and improving cancer outcomes for women in diverse communities

WHNSW shares sector expertise by its participation on a wide range of government and non-government initiatives, including the Ministry of Health Women's Health Steering Committee review of current women's health priorities and the NSW FGM Education Program, a full list is provided later in this report.

With the success of our business case Sustainable Investment in NSW Women's Health Centres for the Women's Health Program delivering sustainable funding, what we can achieve when we work together as a sector has never been so tangible. This year, the collation of sector service data enables WHNSW to demonstrate the women's health sector provided more than 138,296 occasions of service, incorporating more than 202,783 presenting health issues in this reporting period; supporting women's emotional and mental health made up 32% of our work, while addressing the impacts of violence and abuse comprised 11% of the presenting health issues the women we saw were facing.

I would like to thank our members, our partners, and our supporters, as we work together to improve the lives of women attending community health settings across the state.



Denele Crozier, AM

“Women who come to our services need specialised care. The work we do, and will continue to do, will save lives.”

Women's Health NSW CEO, Denele Crozier AM, Blue Mountains Gazette, March 2024

“Liverpool women's health centre is already a vital service for so many women in our community. A boost in funding to the tune of more than \$2.5 million over the next four years will mean that even more local women can access this essential healthcare.”

NSW Member for Liverpool, Charishma Kaliyanda MP, South West Voice, March 2024

“The centre is really well recognised and trusted in the Illawarra and across NSW, and it's because the centre doesn't Bandaid women's health issues, they address them at a systemic level and do a really good job of that.”

CEO Illawarra Women's Health Centre, Ali Anderson, Region Illawarra, February 2024

“Women's Health NSW has come up with a comprehensive online resource to arm women with facts about strangulation and direct them to any professional support they might need. Called 'It Left No Marks', the free, public platform speaks to both women and the professionals they encounter about strangulation issues and how the action can affect long-term health and wellbeing.”

Women's Agenda, April 2024

our principles

Women's Health NSW works to the NSW State Health Plan's CORE values of Collaboration, Openness, Respect and Empowerment which resonate with the WHNSW Principles of Women's Health Care endorsed in 1982 outlined below.

- Social justice and an understanding of a gendered approach to health care and policy
- Health is determined by a broad range of social, environmental, economic and biological factors
- Differences in health status are linked to gender, age, socio-economic status, ethnicity, disability, location environment, gender inequality and discrimination
- Health promotion, disease prevention, equity of access to appropriate and affordable services and strengthening the primary health care system are necessary along with high quality illness treatment services
- Information, consultation, advocacy and community empowerment are important elements of the health process
- Dignity, privacy, informed consent, confidentiality and safety
- Informed decision making about health care requires accessible and appropriately targeted information for socio-economic and cultural groups
- Health care is both evidence-based and values women's own knowledge and experience
- Equity and accessibility



**NSW Health
CORE values**

- Effective community management
- Links women's individual experience and health needs to the social and cultural context of women's lives
- Empowers women
- Challenges sex-role stereotyping, gender discrimination, racism and homophobia all of which affect health and well-being
- Increase the accessibility, sensitivity and acceptability of health services for women
- Relates to identified health priorities at the local and state level.



strategic priorities

Women's Health NSW will be proactive on priority issues relevant to women's health:

- 1** Advocacy for improved outcomes for women
- 2** Networking and research
- 3** Reorienting the health system

Increase the capacity of the women's health sector to respond to women's health and wellbeing:

- 4** Good governance
- 5** Training and development
- 6** Women's health priority issues



reducing violence against women

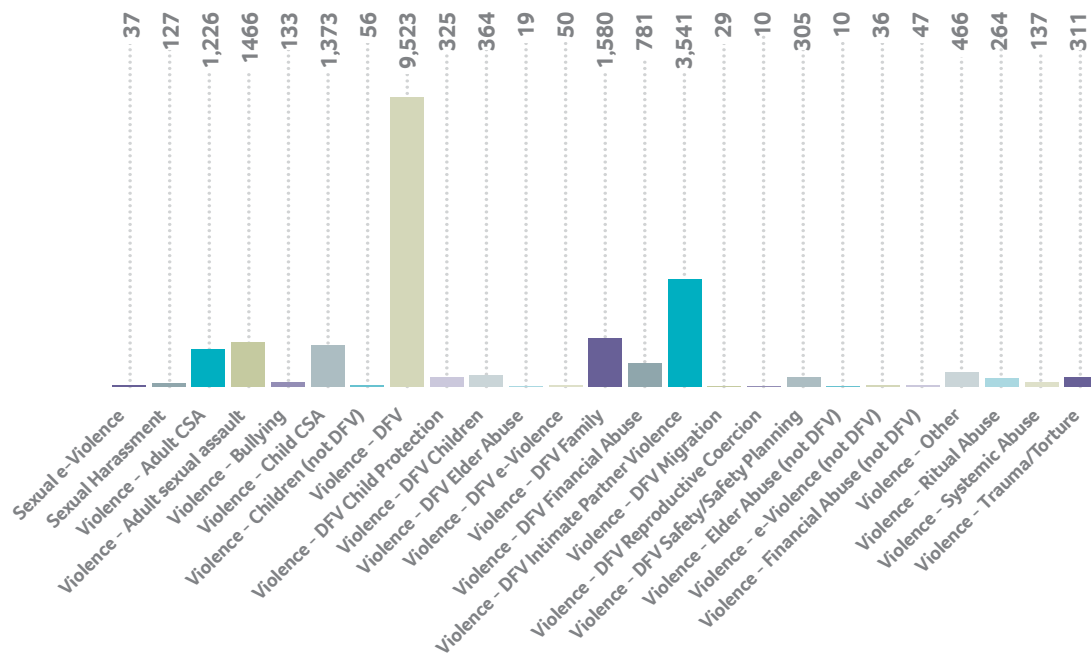
The work of the NGO Women’s Health Centres in violence prevention and service provision is an essential part of the NSW primary integrated health care system. This work includes safety planning, medical services, specialist trauma counselling and therapeutic resilience work, legal and

financial information, case management, court support, grief and loss counselling, and parenting skills, to name just a few current services. The women’s health centres are vital partners in enhancing health, safety and well-being outcomes for women who have experienced violence.

©istock.com/Ethwin Tan

Presenting Issue Violence/Abuse

2023/24 Data Sample (16) NSW Women’s Health Centres **Total: 22,216**



strategic activities

WHNSW Database

WHNSW developed the WHNSW Database in 2006 using a Microsoft Access software program. The WHNSW Database is an integrated client management and statistical collection system. The database enables Women's Health Centres to collect consistent information regarding the clients and their demographics, service delivery and presenting health issues, which can be collated to form a state-wide picture, inform planning and evaluation and assist with accountability and reporting.

Sixteen (16) Women's Health Centres use the WHNSW Database. Other centres, such as Full Stop Australia and Penrith Women's Health Centre for example, use separate purpose-built databases to reflect their specific requirements. Where possible, these centres forward their service data for inclusion in our collated reports.

Work on the WHNSW Database upgrade funded by the NSW Ministry of Health has continued with the new SQL back-end (Version 5) trialled at multiple sites.

Partnerships

During 2023/2024 we had online participation in government and non-government committees and working groups including:

- Australian Women's Health Alliance
- NSW FGM Education Program
- DCJ DFSV Sector Group
- MOH NGO Advisory Committee
- LHD/MOH Women's Health Network
- NSW Women's Alliance, Violence Against Women
- Women's Health Outcomes Framework
- Local Pathways for Victim-Survivors of Sexual Assault related Non-Fatal Strangulation (NFS) and Acquired Brain Injury (ABI), WHC Sector Partnership submission.

Other projects, consultations and forums

- MOH Women's Health Steering Committee
- SHERE- Sexual Reproductive Health (Monash)
- DFV Baseline Workforce Survey, DCJ
- DFSV Data Survey, DCJ
- WHNSW Database – Microsoft encryption
- DFV Framework, DCJ

- Portable Long Service Leave for Community Services Workshop, NSW Fair Trading
- Menopause Hub Briefing, MOH John Eden
- Relevance and need for Women's Health Centre in 2023 Presentation, International Women's Day Forum, Central Coast
- Cancer Institute NSW Program: Improve Bowel Cancer Outcomes for women from Multicultural Communities
- Domestic Violence NSW, Board

Professional Development

In 2023–2024, WHNSW continued focusing on professional development programs by organising two face-to-face sector meetings held in October 2023 and June 2024 with 44 participants from across the sector. WHNSW continues to organise monthly one hour Manager Forums.

WHNSW sector forum presentations

- *Financial Management and Reporting for Managers*
- *Pathways for Non-Fatal Strangulation/Acquired Brain Injury*
- *Women's Health Quality Portal* (BNG Group)
- *IT Solutions – Software Productivity & Review*
- *Managing Human Resources, Job Australia*
- *Women's Health Centres: Aspirations, Strength Plans and Needs Workshop*

Briefings

- *WHNSW Business Case Implementation*
- *Coercive Control: The offence and definition*
- *Working with & Understanding Neurodivergent People*
- *MOH Voluntary Assisted Dying policy and practice implementation across NSW*



women's health nsw outcomes

Goal: Be proactive on priority issues relevant to women's health

- Access to Reproductive & Sexual Healthcare
- National Plan to End Violence Against Women & Children
- Women Centered Cancer Care
- Understanding the medical and social needs of women who have experienced FGM/C
- Definition of 'domestic abuse' proposed in the Crimes (Domestic & Personal Violence) Act 2007 (NSW)

Goal: Enhance WHNSW governance and performance to achieve its aims and objectives

- WHNSW was successfully reviewed against the Australian Standards of Excellence (ASES) in 2023.
- 100% of Board positions were filled.
- Strategic planning and evaluation processes were maintained annually and as required. Stakeholders were involved in development cycles.
- WHNSW financial audit was assessed as fair, transparent and unqualified.

Goal: Increase the capacity of women's health sector to respond to women's health and wellbeing

WHNSW manages an e-list system designed to keep centres informed of emerging women's health issues, resources, educational opportunities, sponsorship and grant opportunities, research, government policy announcements and changes to law or practice.

Grants and scholarships (14)

- Disability Worker COVID-19 Leave Grant
- Safe Places Emergency Accommodation Program
- Seniors Events: Grants and early bird registrations
- Information, Linkages and Capacity Building: Social and Community Participation Grant Opportunity
- Improving Health Outcomes for Priority Populations of Women and Girls, Department of Health and Aged Care
- Support to Prevent and Address the Health Impacts of Female Genital Mutilation/Cutting, Department of Health and Aged Care
- Implementing the Aboriginal and Torres Strait Islander Action Plan 2023-2025, Department of Social Services
- Responses Matter Program, NSW Department of Communities and Justice
- End of Life and Palliative Care NGO Grants Program, NSW Ministry of Health
- Return to Work Pathways Program Grant, Women NSW
- Love Bites Grants 2024, National Association for Prevention of Child abuse and Neglect

Communiques (10)

- Voluntary Assisted Dying Implementation Update, NSW Health
- ACCESS Mentoring Program, Women's and Girls' Emergency Centre
- Mandated Legislation: Community Services Sector (Portable Long Service Leave) Bill 2024, NSW Department of Customer Services



Women's Health Program: Core service model components

- Outcomes from Emergency Roundtable into Murdered and Missing Women, DFSV Commission
- Strengthening the Justice System to Better Protect Domestic and Family Violence Victim Survivors, NSW Government
- 2024 Annual Wage Review, Fair Work Commission
- Industrial Manslaughter Criminalised, Unions NSW
- NDIS Code of Conduct now Includes Price Differentiation, NDIS Commission
- Remote Access Scam Alert, National Anti-Scam Centre
- Technology for Social Justice Conference 2024, Infoxchange
- Cancer Conversations: Vaping harms, evidence and a rapidly evolving landscape, Cancer Institute NSW
- Workshop; Reimagining Menopause, UNSW
- Forum; New Coercive Control Legislation, Women's Legal Service NSW
- Webinar: Improving our response to women with experiences of strangulation, Women's Health NSW and Women's Legal Service NSW
- Coercive Control Training for NGO Staff and Other Frontline Workers, DCJ and Centre for Community Welfare

External conferences, forums, seminars, events, webinars and training (18)

- Aboriginal Nature Walkshop, Headspace
- Sexual Violence Awareness Symposium, Full Stop Australia
- Inaugural NSW AWAN State-wide Conference, Aboriginal Women Advisory Network (AWAN)
- Connexions Conference 2023, Central Coast Domestic Violence Committee
- Cancer Conversations on Preparing Clinicians for the NSW Voluntary Assisted Dying Legislation, Cancer Institute NSW
- Action Unite Against Domestic Violence Vigil, Canterbury–Bankstown Domestic Violence Liaison Committee and Bankstown Women's Health Centre
- Edna Ryan Awards 2023, Edna Ryan Awards Team
- Pelvic Floor and Bladder Health Education Session, Nicole Husar
- Leichhardt Community Women's Health Centre 50th Anniversary 'The Thread Between Us'
- Understanding Women Living with Female Genital Mutilation (FGM) through Healthcare Settings in Australia, Sydney University

Research, consultations and surveys (15)

- Senate Inquiry into the Family Law Amendment Bill Submission, Women's Legal Service NSW
- Reproductive Healthcare in Australia Survey, Children by Choice
- Participants needed for Reproductive Coercion Research, La Trobe University
- Participate in a UNSW / NSW Health Research Study on Potential Burnout in Mental Health Professionals, NSW Health (PARVAN) and UNSW
- Hear Our Voices Project Survey, Older Women's Network NSW
- DFV Baseline Workforce Survey, Department of Communities and Justice
- YourGround NSW Participation Request, NSW Department of Communities and Justice
- Australian Longitudinal Study on Women's Health Recruitment, Women's Health Australia
- Forced Marriage Review Invitation for Submission, NSW Forced Marriage Review Team

WHNSW E-List System

2023/24 **Total: 75**



©iStock.com/SolStock

- DFV Service Coverage Mapping Survey, Department of Communities and Justice (DCJ)
- Ban Conversion Practices in NSW Support Request, Equality Australia
- Consultation; Portable Long Service Leave for Community Services, NSW Government
- Bloody Big Survey 2024, Share the Dignity
- Justice Responses to Sexual Violence, Australian Law Reform Commission Submission
- Collaboration to Harness Research Involving Safe & Together: Inquiry and Evidence (CHRISTIE), DVNSW
- Helping Women Over 50 Find Work, Older Women's Network NSW
- Perinatal Mental Health Week, Triple P
- Digital Technology in the Not-for-Profit Sector Report, Infoxchange
- The Australian National Research Agenda to End Violence Against Women and Children 2023-2028, Australia's National Research Organisation for Women's Safety
- Medicare Consultation Level E includes DFV
- FW Jobs Academy 2024, Future Women
- Women and Family Law (12th edition), Women's Legal Service NSW

Publications, reports and resources (18)

- Promoting the How To Increase Cervical Screening in Your Local Area Guide to Women's Health NSW, Cancer Institute NSW
- Aspect Therapy Services, Autism Spectrum Australia
- Cancer Institute NSW Multicultural Tools and Resources to help with Grant Applications, Cancer Institute NSW
- Resources for Communities Affected by Gaza and Israel Conflict, Western Sydney MRC
- Safer Internet Day, WHNSW Cyber Security Program
- Passkey Guide, WHNSW Cyber Security Program
- Online Dating and Investment Scams, National Anti-Scam Centre
- Rentstart Bond Loan Expansion, NSW Government
- Sexual Violence Consultation Service, ACON
- Ask Lizzie Infoxchange. Food support for clients
- Media articles on sexual choking featuring Women's Health NSW, SBS News & The Age



Pathways project

In the 2023–24 financial year Women’s Health NSW commenced work on a project funded under the Sexual Violence Project Fund administered by the NSW Department of Communities and Justice.

The project, “Local pathways for victims and survivors of sexual assault related non-fatal strangulation and acquired brain injury” (dubbed the Pathways project), came about after Women’s Health NSW identified a need to support and strengthen professional understanding and local capacity to respond to sexual assault-related non-fatal strangulation and acquired brain injury. Across a two-year work programme that will conclude in the next reporting period, the Pathway project will assist each member to create a robust, multidisciplinary referral pathway and protocol for addressing strangulation, sexual choking and acquired brain injury, and provide sufficient training to ensure staff are comfortable and confident in using these new tools.

Mapping the evidence and building partnerships

The first stage of the Pathways project saw the project team map the available evidence on strangulation. We looked at published Australian research and grey literature alongside supporting international evidence to define the issues and illuminate any data gaps. We

summarised what we found in a peer-reviewed evidence brief that is available on our project website and has been viewed **631 times**. At the same time, we met with local and international experts and asked questions to help us understand responses already underway and build any necessary partnerships. Between project commencement in October 2023 and 30 June 2024, the Pathways project convened and held **51 meetings** with relevant researchers, victims and survivors, health, justice and other domestic, family and sexual violence sector stakeholders.

Building workforce capability

Over the course of this project, the Pathways project team will deliver three rounds of training to all 21 members to support the development and implementation of local referral pathways. The first round of training, which was designed to build awareness and understanding of the signs and symptoms of non-fatal strangulation, sexual choking and acquired brain injury, has been delivered to all **21 sites** reaching **214 staff members**.



This training worked: prior to the training, only **15%** of participants who completed a survey rated themselves as “fairly” or “extremely” confident in recognising the signs and symptoms of strangulation. After the training, **77%** rated themselves “fairly” or “extremely” confident at recognising those signs and symptoms, with one participant explaining: “I should start to screen routinely for NFS”. In this reporting period, we began rolling out our second round of training, which builds on this understanding by bringing together the research and expert insights to identify what best practice looks like for each women’s health centre. It has been rolled out to 8 sites reaching 85 staff members so far.

Developing local pathways

To assist each member to build robust, multidisciplinary referral pathways that are unique and specific to their local area, the Pathways team have produced statewide *Guidelines: Responding to non-fatal strangulation, sexual choking and acquired brain injury*. These guidelines will be customised by site coordinators who have reached out and built connections with local services during this reporting period.

To support these connections, the Pathways project team are working directly with services that will be on them, delivering training, resources and presentations to GPs and other healthcare professionals, as well as domestic, family and sexual violence service providers, and other key stakeholders. In this reporting period we trained **154 people** from external services including Women & Girls Emergency Centre (WAGEC), Sex Workers Outreach Project (SWOP), The Deli, Women’s Community Shelters, and domestic and family violence interagencies or *Women’s Domestic Violence Court Assistance Service (WDVCAS)* teams in Illawarra, Bega, Shoalhaven, Liverpool and Bankstown.

The Pathways team delivered presentations to **335 people** across the NSW Statewide Women’s Health Network, Healthy North Coast, and the Royal Australian College of General Practitioners’ Specific Interest Group Abuse and Violence in Families, and via a Women’s Legal Service NSW Ask Lois webinar attended by **162 people**. At the latter, **98% of attendees** who filled out an exit survey (n=48) rated it as “excellent” or “very good”.

The Pathways team also delivered a train-the-trainer session to **15 Site Coordinators** so they can deliver the 1-hour training package we developed ourselves to ensure project sustainability and develop the capacity and capability of service providers in their local communities.

“We really loved the training and got a lot out of it and have implemented asking questions around choking/strangulation differently.”

DFS service provider

Creating resources

In this reporting period the Pathways project launched a dedicated website, ***It Left No Marks*** itleftnomarks.com.au. In just under four months, the website has attracted **2,399 visitors** who spend on average 2 minutes 41 seconds browsing our resources. Promotional collateral was also created and distributed to all member sites and external services who engaged in training. Members have already made these resources their own, displaying them in client areas, adding them to websites, and creating brochures from these materials, like this example from the team at Shoalhaven Women’s Health Centre.

Engaging with media

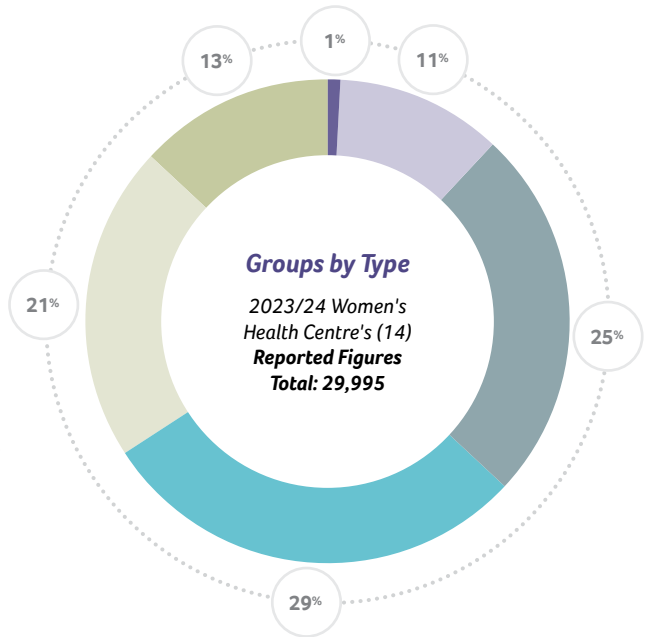
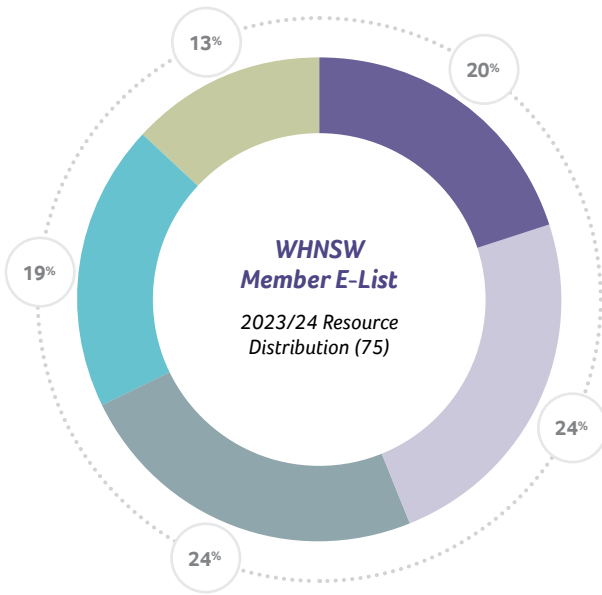
The Pathways project has attracted considerable media attention for Women’s Health NSW and its members, with two articles appearing in *Women’s Agenda*, mentions in the *Sydney Morning Herald*, *SBS News*, *The Conversation*, and *The Age*, plus a segment on *ABC 7.30* that featured Women’s Health NSW CEO Denele Crozier and the Fairfield Women’s Health Service team engaging in Pathways project training, which all came out at the time of writing this report. It demonstrates that there is more to come from this project before it concludes in July 2025.



whnsw database presenting issues categories

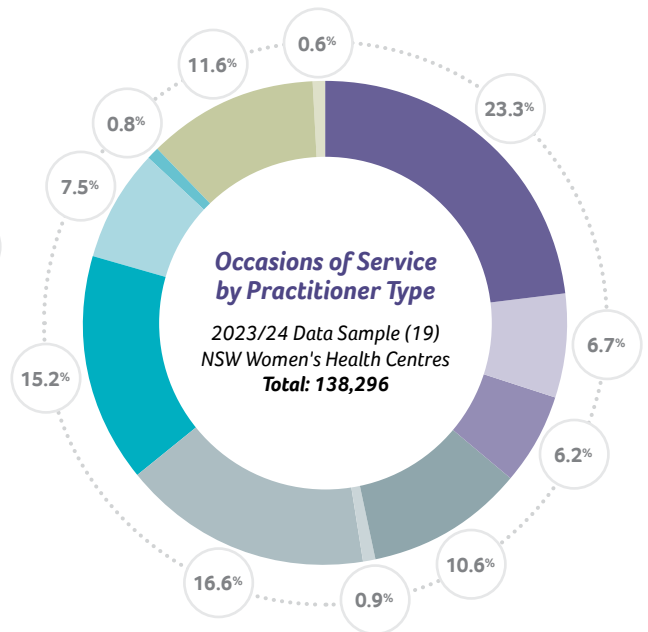
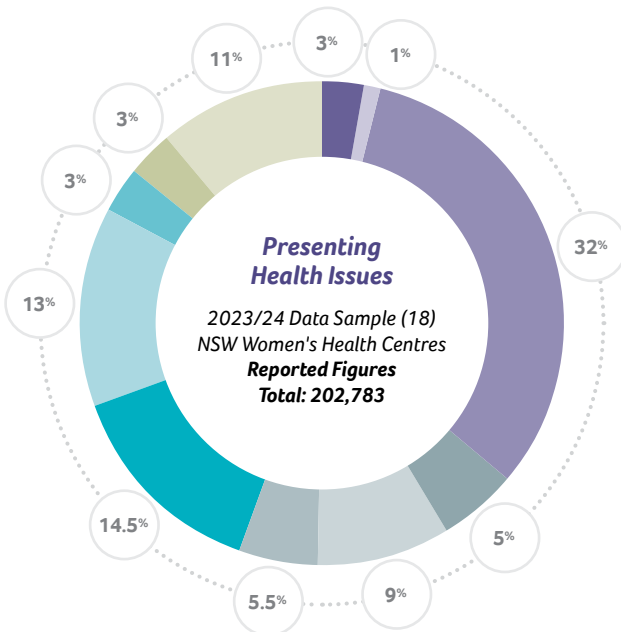
Physical/Medical	Gynaecological/Urogenital	Breast
Acute Pain	Cervical cancer	Breast cancer
Allergies	Circumcision/Female genital mutilation	Breast cancer metastases
Arthritis	Endometriosis	Breast – diagnostic
Cardiovascular (Heart and blood)	Gynaecological general (E.g. fibroids, cysts)	Breast feeding
Chronic fatigue syndrome	Hormone therapy	Breast implants
Chronic pain	Hysterectomy	Breast lumps
Coronaviruses	Menopause	Breast – other
Dental	Menstruation	Breast screening/examination
Dermatological	Ovarian cancer	Breast surgery
Digestion	Pap/cervical screening	Lymphoedema
Ears/nose/throat	Pelvic floor dysfunction	Addiction
Endocrine/hormonal – diabetes	Polycystic ovarian syndrome	Addiction - recovery
Endocrine/hormonal – other	Premenstrual syndrome	Alcohol
Epilepsy	Thrush	Amphetamine – other
Faecal incontinence	Urinary (Kidney/Bladder) – other	Cannabis
Fibromyalgia	Urinary incontinence	Cocaine
Gastrointestinal	Urinary tract infections	Crystal methamphetamine – Ice
Haematology	Vulva-vaginal – other	Gambling
Headache	Reproductive	Hallucinogens & party drugs
Health – Other	Contraception – Emergency	Opiates
Hepatitis C	Contraception – General	Other drug abuse
Herbal/homeopathic mediation	Pregnancy – Antenatal/prenatal care	Poly drug abuse
HIV/AIDS	Pregnancy – Artificial insemination	Prescription medication abuse
Immunology	Pregnancy – Ectopic pregnancy	Tobacco smoking (Nicotine)
Injury – Acquired Brain Injury	Pregnancy – Gestational diabetes	Legal/Financial
Injury - Traumatic Brain Injury	Pregnancy – Infertility	Adoption
Injury – Acute	Pregnancy – IVF	Employment
Injury – Chronic	Pregnancy – Miscarriage	Financial problems
Injury – Repetitive strain/tendonitis	Pregnancy – Options	Homelessness
Injury physical – other	Pregnancy – Other	Housing
Medication	Pregnancy – Postnatal check ups	Legal issues – AVO
Musculoskeletal - other	Pregnancy – Post termination	Legal issues – Care & protection orders
Neurological – other	Pregnancy – Pregnancy test	Legal issues – Child custody
Nutrition	Pregnancy – Termination	Legal issues – Divorce/separation
Oncology/cancer – other	Violence/Abuse	Legal issues – Family law
Osteoporosis	Sexual e-violence	Legal issues – Other
Pathology and other tests	Sexual harassment	Legal issues – Victim's compensation
Physical fitness	Violence – Adult CSA	Poverty
Pre/post-surgery	Violence – Adult Sexual Assault	Emotional/Mental health
Pulmonary (lung) /respiratory	Violence – Bullying	ADHD
Sciatica	Violence – Child CSA	Anger
Sexually Transmitted Infection	Violence – Child (not DFV)	Anxiety/panic disorders
Sight/vision/eyes	Violence – DFV	Autism
Sleep issues	Violence – DFV child protection	Body image (Not eating disorder)
Tiredness/fatigue	Violence – DFV children	Complex trauma
Weight management	Violence - DFV Coercive Control	Depression
Relationships	Violence – DFV elder abuse	Dissociation
Attachment issues	Violence – DFV e-violence	Eating disorder
Childhood issues	Violence – DFV family	Emotional support
Communication	Violence – DFV financial abuse	Grief/loss
Family issues	Violence – DFV intimate partner violence	Mental health
Impacted addiction	Violence – DFV migration	Post-natal depression
Impacted health – child removal	Violence – DFV reproductive coercion	PTSD
Impacted health – mental	Violence – DFV safety/safety planning	Self esteem
Impacted health – physical	Violence – Elder abuse (not DFV)	Self-harm
Impacted identity	Violence – E-violence (not DFV)	Stress
Impacted other	Violence – Financial abuse (not DFV)	Suicide
Parenting	Violence – Other	Trauma – emotional
Relationships – other	Violence – Ritual abuse	Social/cultural
Safe sex	Violence – Strangulation/Suffocation/Choking	Cultural concerns
Sex & sexuality (Not sexual identity)	Violence – Systemic abuse	Discrimination
Sexual Choking	Violence – Trauma/torture	Equality
	Other	Loneliness/isolation
	Access and advocacy	Migration
	Carers issues	Racism
	Complaint	School issues
	Disability – management of	Sexual discrimination
	Education	Sexual identity
	Emergency/crisis	Systemic racism – immigrant/refugee
	Other	Systemic racism – Indigenous

women's health sector collated data



- Research, consultations and surveys
- External conference, forums, seminars, events, webinars and training
- Publications, reports resources
- Grants and scholarships
- Communiques

- Capacity building and training for other services
- Forums/Events
- Health education and skills development
- Physical activity
- Support
- Therapeutic

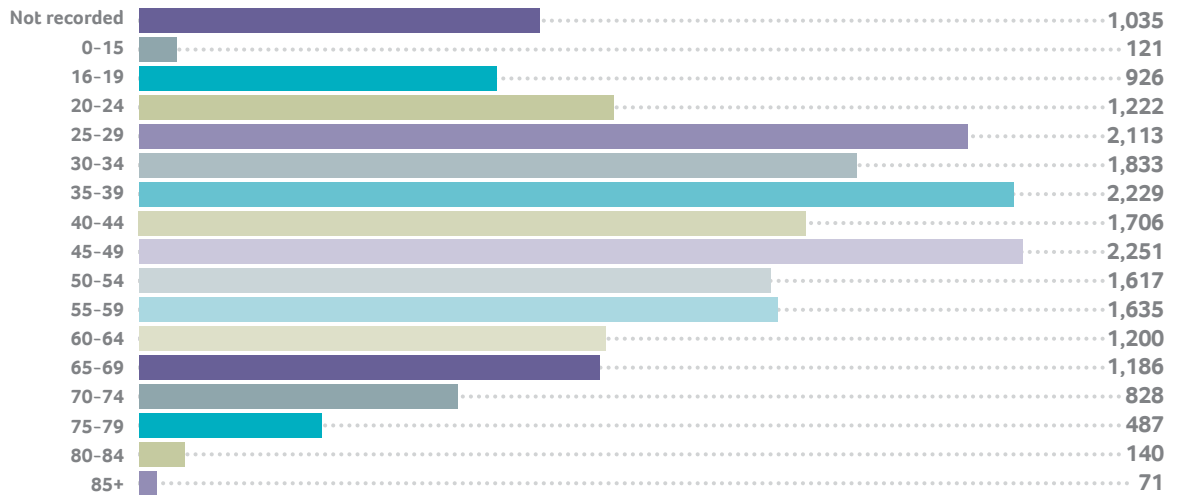


- Addiction
- Breast
- Emotional/Mental health
- Gynaecological/Urogenital
- Legal/Financial
- Other
- Physical/Medical health
- Relationships
- Reproductive
- Social/Cultural
- Violence/Abuse

- Advocacy, casework and support
- Complementary / Allied health care
- Group / Health promotion
- Information and referral
- Legal / Financial
- Medical
- Mental health
- Other
- Reproductive health
- Social equity
- Violence prevention

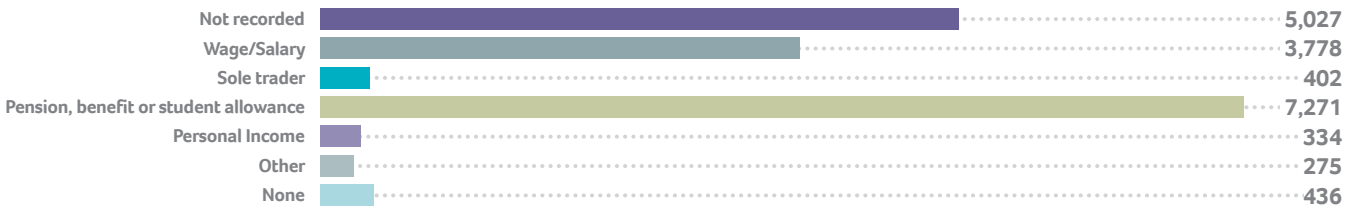
Client by Age Range

2023/24 Data Sample (16) Women's Health Centres Reported Figures Total: 20,600



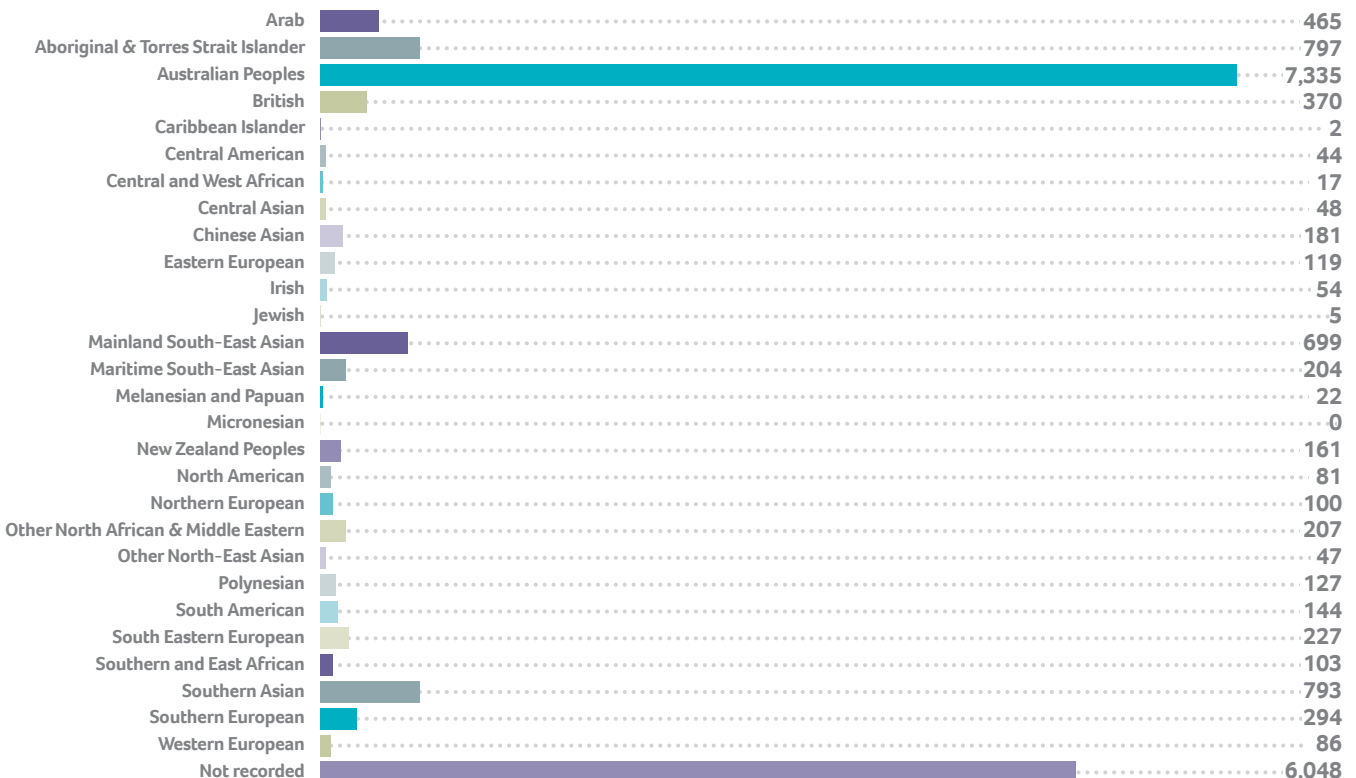
Client Financial Status

2023/24 Data Sample (16) Women's Health Centres Reported Figures Total: 17,523



Client Ethnicity

2023/24 Data Sample (17) NSW Women's Health Centres Reported Figures Total: 18,780



organisation & structure

Women's Health NSW Inc is managed by an elected Board of Management comprising eight members representing rural, metropolitan, outer-metropolitan and special purpose services across NSW, and the Chief Executive Officer.

Board of Management 2023/24

Category	Name	Organisation	Position
Specialist Service	Margherita Basile	Sydney Women's Counselling Centre	Chair
Metropolitan	Mariam Mourad	Bankstown WHC	Director
Metropolitan	Kate Meyer	Liverpool WHC	Secretary
Outer Metropolitan	Theresa Mason	Central Coast CWHC	Treasurer
Outer Metropolitan	Vanessa Olsen	WILMA/Campbelltown	Director (resigned Jan 24)
Rural	Karen Boyde	Central West WHC	Director
Rural	Tracy Lumb	Shoalhaven WHC	Director
Rural	Margery Nichol	Albury-Wodonga WHC	Director
Chief Executive Officer	Denele Crozier	WHNSW	Director

Our employees (3.7 FTE) and contractors

Name	Position
<i>Ongoing & fixed term</i>	
Denele Crozier	Chief Executive Officer
Kim Blattner	Administration Officer
Tracey Kennedy	Finance Officer
Min Housman	Project Officer – IT Management
Courtney Artridge	Project Officer – Pathways project
Jackie McMillan	Senior Project Officer – Pathways project
<i>Contractors</i>	
Access Data Systems	Scott Dovey, WHNSW Database
RemoteLink IT	IT systems
Purple House Design	Jodie McLeod-Young, annual report
Minmoko	WHNSW & It Left No Marks web design and management
Digital Storytellers	It Left No Marks video production
Eleanor Grace Shepherd	It Left No Marks design and illustrations
Jennifer Sijnja	It Left No Marks proofreading
First Class Digital	It Left No Marks printing

©istock.com/stevecoleimages

financial report

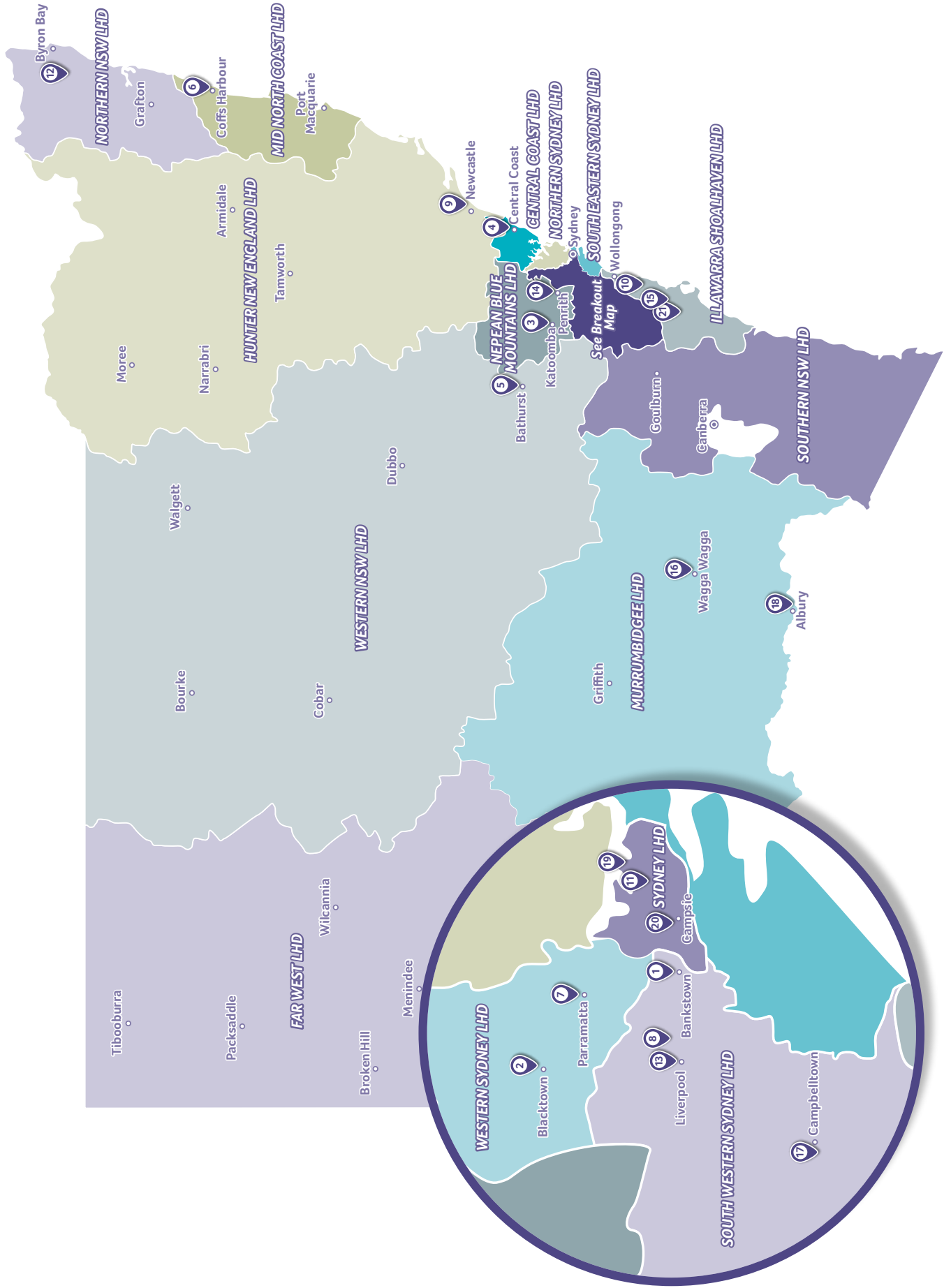
Audited financial accounts for the 2023–2024 financial year are tabled at the WHNSW AGM. Women's Health NSW continues to operate to budget and asserts that there are reasonable grounds to believe it will be able to pay its debts if and when they fall due.

Women's Health NSW has a strong finance team coupled with good financial systems and projected budgets for the year ahead.

Statement of Income and Expenditure	2023/2024	2022/2023
	\$	\$
Income		
NSW Ministry of Health	288,007	262,700
NSW Department of Communities & Justice	342,100	-
Training/Interest/Other	92,536	72,208
Project Grants	17,424	224,759
Income Brought Forward	-	16,500
Total Income	740,067	576,167
Expenditure		
Wages and On Costs	486,790	238,008
Operational Expenses	62,616	50,509
Sector Development and Training	25,178	13,420
Sector Programs & Resource Development	-	26,026
Community Programs	10,885	37,377
Projects	130,519	197,146
IT & Equipment	23,414	16,120
Total Expenditure	739,402	578,606
Operating Surplus/(Deficit)	665	(2,440)
Total Equity	62,105	61,440

The full WHNSW Audited Financial Statements for the year ended 30 June 2024 are circulated to the membership at the WHNSW AGM and are available on the Australian Charities and Not-for-profits Commission (ACNC) website: www.acnc.gov.au








women's health services in nsw

Women's Health Centres


1. Bankstown Women's Health Centre

bwhc.org.au
Telephone: 9790 1378
 



2. Blacktown Women's and Girls Health Centre

womensandgirls.org.au
Telephone: 9831 2070



3. Blue Mountains Women's Health and Resource Centre

bmwhrc.org
Telephone: 4782 5133



4. Central Coast Community Women's Health Centre

cccwhc.com.au
Telephone: 4324 2533
 


5. Central West Women's Health Centre

cwwhc.org.au
Telephone: 6331 4133



6. Coffs Harbour Women's Health Centre

healthvoyage.org.au
Telephone: 6652 8111



7. Cumberland Women's Health Centre

cwhc.org.au
Telephone: 9689 3044




8. Fairfield Women's Health Service

fwhs.com.au
Telephone: 9755 0008
 



9. Hunter Women's Centre

hwc.org.au
Telephone: 4968 2511



10. Illawarra Women's Health Centre

womenshealthcentre.com.au
Telephone: 4255 6800
 

11. Leichhardt Women's Community Health Centre

lwchc.org.au
Telephone: 9560 3011
 


12. Lismore & District Women's Health Centre Inc

lismorewomen.org.au
Telephone: 6621 9800


13. Liverpool Women's Health Centre

liverpoolwomenshealth.org.au
Telephone: 9601 3555
 


14. Penrith Women's Health Centre

pwhc.org.au
Telephone: 4721 8749


15. Shoalhaven Women's Health Centre

shoalhavenwomenshealthcentre.org.au
Telephone: 4421 0730



16. Wagga Women's Health Centre

waggawomen.org.au
Telephone: 6921 3333


17. Macarthur Women's Health Centre

Macarthurwomenshealthcentre.org.au
Telephone: 4627 2955


18. Women's Centre for Health & Wellbeing Albury Wodonga

womenscentre.org.au
Telephone: 6021 5773


Special Purpose Services


19. Full Stop Australia (NSW Sexual Violence Helpline)

Counselling: 1800 385 578
General, Admin & Training: 8585 0333
fullstop.org.au
   

20. Sydney Women's Counselling Centre

womenscounselling.com.au
Telephone: 9718 1955






21. Waminda – South Coast Women's Health and Welfare Aboriginal Corporation

waminda.org.au
Telephone: 4421 7400


22. Benevolent Society Women's Health Campbelltown Domestic Violence Service

benevolent.org.au
Telephone: 1800 236 762



PO Box 341, Leichhardt NSW 2040
T: 02 9560 0866 E: info@whnsw.asn.au
whnsw.asn.au     



*whnsw is a not for profit charity
incorporated under the NSW
Associations Incorporations Act (2009)*



*Accredited at Certificate Level of the
Australian Service Excellence Standards*

*Funded by the NSW Ministry of Health
© Women's Health NSW 2024*

