

## **Women's Health NSW**

### **4.3 Business & Strategic Plan 2021 – 2023**

# Women's Health NSW

## **Our Purpose**

Women's Health NSW works as a peak body within a feminist framework to improve health and social justice outcomes for women

## **Our Vision**

That all women and girls are empowered to fulfill their potential within a safe and healthy environment

## **Our Mission**

To ensure that women's health care is provided in a gender appropriate, affordable and accessible way to meet the health needs of women

## **Strategic Priorities:**

Women's Health NSW will be proactive on priority issues relevant to women's health

1. Advocacy for improved outcomes for women
2. Networking and research
3. Reorienting the health system

WHNSW will increase the capacity of the women's health sector to respond to women's health and wellbeing

4. Good governance
5. Training and development
6. Women's health priority issues

**1. Women's Health NSW will be proactive on priority issues relevant to women's health**  
**Reorienting the health system, advocacy, networking and research**

<b>Objectives</b>	<b>Activities</b>	<b>Performance Indicators</b>	<b>Resources/Time Frame</b>
<b>1.1 Increase awareness of critical women's health issues</b>	1.1.1 WHNSW to contribute to the promotion of the Women's Health Model and needs through the Ministry of Health and Women		
	1.1.2 Write position papers, respond to discussion papers and draft policy	Three responses in public policy	Sector wide interchange Key partners Ongoing/report yearly
	1.1.3 Maintain networks and alliances of key priority committees and key decision makers	60% attendance at committees	Sector/Board Key partners Ongoing/report yearly
	1.1.4 Contribute to media comment on women's health issues	Provide comment as opportunities arise.	Sector/ Board Key partners Ongoing/report yearly
<b>1.2 Increase contribution to research relevant to women's health and well-being.</b>	1.2.1 Participate in research to identify and address gaps in relevant knowledge.	1 in cycle	CEO/Board/Sector
	1.2.2 Use and distribute relevant research to inform evidence-based practice.	6 research articles	CEO/ Admin Officer
	1.2.3 Develop and maintain partnership with University of Southern Cross to complete <i>Advancing Women's Health Study</i>	PhD Research is completed <i>Women's Health Sector Model of Service Delivery</i>	CEO/Admin/ Research Officer Sector engagement, Research Reference Group 30/12/2020

**1. Women's Health NSW will be proactive on priority issues relevant to women's health**  
**Reorienting the health system, advocacy, networking and research**

<b>Objectives</b>	<b>Activities</b>	<b>Performance Indicators</b>	<b>Resources/Time Frame</b>
<b>1.3 Reorient the health care system to a social view of health and gender equality</b>	1.3.1 Promote models of best practice that incorporate gender equality	Research articles and or publications are distributed	CEO/Sector Ongoing/report annually
	1.3.2 Distribute collated data about the NGO women's health sector service demographics and presenting health issues to demonstrate a social view of health	Data is collected, collated and published	CEO/Admin/Sector Annually/report annually
	1.3.3 Work closely with Australian Women's Health Network in promotion of women's health priorities to increase evidence-based practice	AWHN Clearinghouse Women's Health Hub is maintained	CEO participates in AWHN Board Ongoing/report annually
	1.3.4 Work closely with NSW Ministry of Health (MOH), Local Health District (LHD) WH Coordinators and WH Program to identify priorities in WH framework development	Working Party & Priorities are identified/ NSW Strategic framework for Women's Health	CEO/MOH/ Working party. Sector engagement 2017-2020/report annually
	1.3.5 Work closely with Women's Alliance VAW, NGO Health Peaks, NCOSS Health Equity Alliance in development of health policy, practice and legislative improvements	Women's Health issues identified	CEO/Health Peaks/ Women's Alliance/HEA Ongoing/report annually
	1.3.6 In collaboration with WH Sector, government and non-government partners, organise a NSW Women's Health Event relevant to issues of the time	Summit planning evident. Key WH issues identified	CEO/Admin/Sector/ Partnerships 1 x 3 Years

## 2. Increase the capacity of the women's health sector to respond to women's health and wellbeing

### Women's health priorities, good governance, training and sector development

Objectives	Activities	Performance Indicators	Resources/ Time Frame
<b>2.1 Increased access to sector training opportunities on key health issues and practice is maintained</b>	2.1.1 Organise three sector conferences per year.	3 Sector Conferences held Sector development issues identified Evaluation collated	CEO/Admin/Sector Ongoing/report annually
	2.1.2 Provide the WHNSW Training Program; <i>Nature of Women's Health Past; Present; Future</i> annually	Program is presented	CEO/Admin/Sector/ Facilitators 2019/report annually
	2.1.3 Facilitate access for rural and remote areas to training	50% of rural centres attend	CEO/Admin/Sector Ongoing/report annually
	2.1.4 Report on emerging knowledge and issues regarding women's health priorities	Papers distributed	CEO/Admin/Sector Ongoing/report annually
	2.1.5 Disseminate information about available relevant training	15 training opportunities are distributed to sector	CEO/Admin/Sector Ongoing/report annually
<b>2.2 Maintain focus and advocacy on violence against women research, policy and practice knowledge</b>	2.2.1 Work with Government in the implementation of NSW D&F Violence Strategy and NSW Sexual Assault Strategy	NSW Strategies distributed	CEO/Sector 2018-2020/report annually
	2.2.2 Work with the NSW Women's Alliance Sexual Violence/ Domestic & Family Violence to inform policy, practice and legislation	6 Policies reviewed	CEO/Sector 2018-2020/report annually
<b>2.3 Continuous Quality Improvement in the sector is maintained</b>	2.3.1 Disseminate information, policies and resources to member centres that inform best practice	Information disseminated reported in activity report	CEO/Admin/Sector/ Ongoing/report annually
	2.3.2 Promote accreditation as a practice standard across the Women's Health NGO sector	Report on number of women's health centres undertaking CQI External Accreditation Review	CEO/Sector Ongoing/report annually

## 2. Increase the capacity of the women's health sector to respond to women's health and wellbeing

### Women's health priorities, good governance, training and sector development

Objectives	Activities	Performance Indicators	Resources/ Time Frame
<b>2.4 Maintain sector use of the state wide WHNSW Database</b>	2.4.1 Support WH Centres to operate WHNSW Database	75% operate database	CEO/Admin/Sector/Data Sub Ctte, Access Data Ongoing/report annually
	2.4.2 Collate and analyse existing quantitative and qualitative data in WHC's	1 report per year	CEO/Admin/Sector/ Ongoing/report annually
	2.4.3 Continue to upgrade 'design and content' of the WHNSW Database	Two improvements are reported in MOH Annual Activity Report	CEO/Admin/Sector/Access Data/Data Sub Ctte Ongoing/report annually
	2.4.4 Explore platform and program options	Two options are investigated	CEO/Admin/Sector/Access Data/Data Sub Ctte Ongoing/KPI report
<b>2.5 Good governance is maintained throughout the sector</b>	2.5.1 Promote best practice procedures in good governance and financial management with member centres, staff and management.	3 management forums a year Governance Training	CEO/Admin/Sector/ Ongoing/report annually
	2.5.2 Implement and evaluate the orientation kit for new managers	Package is presented to new Managers. Evaluate prior to use each time	CEO/Admin/Sector/ Ongoing/report annually
<b>2.6 Work with MOH and Women's Health Sector to continue 'Partnerships for Health'</b>	2.6.1 Work with MOH to implement recommendations relevant to 'Partnerships for Health'	Meaningful outcome measures are identified	CEO/Admin/Sector/MOH/ Working Group
	2.6.2 Work with MOH to implement and monitor/evaluate NSW Women's Health Framework/Strategy	NSW Women's Health Framework	CEO/Admin/Sector/MOH/ Working Party

### 3. WHNSW will enhance its governance and performance to achieve its aims and objectives

<b>3.1 Effective governance is enhanced</b>	3.1.1 Maintain a representative, active, participative Board	Annual self-evaluation completed. 80% Board positions filled 70% attendance of meetings	CEO/Board/Sector Ongoing/report annually
	3.1.2 Maintain a risk management strategy for WHNSW	100% of high priority activities achieved as per schedule	CEO/Board/Admin/Sector Ongoing/report annually
	3.1.3 Maintain a CQI cycle	External Continuous CQI Process 2017	CEO/Board/Admin/Sector/ Stakeholders 2021 - 2023
	3.1.4 Maintain a strategic planning cycle	Annual review and update of strategic plan	CEO/Board/Admin/Sector/ Stakeholders/MOH Ongoing/report annually
	3.1.5 Maintain a sector wide portability of LSL Portability Scheme	Agreements are identified and endorsed	CEO/Board/Admin/Sector Ongoing/report triennial
	3.1.6 Meet quarterly with representatives from NSW Ministry of Health, Health & Social Policy Branch, Women's Health Program, to mutually discuss issues, priorities and strategic planning initiatives of Women's Health NSW Funding Program.	80% of relevant meetings attended. Women's Health issues are identified. WH program issues are identified	CEO/Board/Admin/Sector MOH/WH Program Reps Ongoing/report annually

#### Related NSW Ministry of Health:

- [NSW Health Framework for Women's Health 2013: Goals, Purpose, Approach, Values, Priority Populations and Partnerships](#)
- [Partnerships for Health: NSW Ministry of Health NGO Partnerships](#)
- [NSW State Health Plan: NSW Government Strategic Priorities](#)
- [NSW Domestic & Family Violence Blueprint for Reform 2016 - 2021](#)
- [Strategic Framework to Advance the Health Of Women: Incorporate a Gendered Approach to Health, Work in Collaboration with Others to Address the Social Determinants of Health, Advance Research on Women's Experience and Morbidity, Apply a Health Outcomes Approach. Guiding Principles](#)
- [NSW Health and Equity Statement: In All Fairness; Equity Approach, Principles & Focus](#)
- [Gender Equity in Health: Implementing Gender Equity](#)

# Women's Health NSW Risk Management Corporate, Financial, Legal, Funding Requirements Calendar

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	WOMEN'S HEALTH NSW 2017								BAS		END YEAR		budget		Gp Certs		FIN RPT		AUDIT		Policy		AGM		FIN RPT	
2		Jan		Feb	BAS	Mar		Apr	FIN RPT	May	CO\$Ts		Jun	Toshiba	Jul	BAS	Aug	ATO	Sept	ann rpt	Oct	Review	Nov	DFT	Dec	ACNC
3	Sun	1	Pub H		FIN RPT									lease				Ad Rpt		1	BAS					Sun
4	Mon	2	Pub H							1				2022						2	Pub H					Mon
5	Tues	3								2							1			3						Tue
6	Wed	4		1		1				3						2				4		1	Ann. Rpt			Wed
7	Thurs	5		2		2				4		1				3				5		2	WHNSW			Thurs
8	Fri	6		3		3				5		2				4			1	6		3	WHNSW	1		Fri
9	Sat	7		4		4		1		6		3		1		5		2		7		4		2		Sat
10	Sun	8		5	OHS	5		2		7		4		2		6	OHS	3		8		5		3		Sun
11	Mon	9		6	BOARD	6		3		8		5	BOARD	3		7	BOARD	4		9	AGM NOTICE	6		4		Mon
12	Tues	10		7		7		4		9		6		4		8		5		10		7		5		Tue
13	Wed	11		8		8		5		10		7		5		9		6		11		8		6		Wed
14	Thurs	12		9		9		6		11		8		6		10		7		12		9		7		Thurs
15	Fri	13		10		10		7		12		9		7		11		8		13		10		8		Fri
16	Sat	14		11		11		8		13		10		8		12		9		14		11		9		Sat
17	Sun	15		12		12		9		14		11		9		13		10		15		12		10		Sun
18	Mon	16		13		13		10	BOARD	15		12	Pub H	10		14	ATO	11		16	BOARD	13		11	BOARD	Mon
19	Tues	17		14		14		11		16		13		11		15		12		17		14		12		Tue
20	Wed	18		15		15		12		17		14		12		16		13		18		15		13		Wed
21	Thurs	19		16		16		13		18		15		13		17		14		19		16		14		Thurs
22	Fri	20		17		17		14	Pub H	19		16		14	Gp Certs	18		15		20		17		15		Fri
23	Sat	21		18		18		15	Pub H	20		17		15		19		16		21		18		16		Sat
24	Sun	22		19		19		16	Pub H	21		18		16		20		17		22		19		17		Sun
25	Mon	23		20		20		17	Pub H	22		19		17		21		18		23		20		18		Mon
26	Tues	24		21		21		18		23		20		18		22		19		24		21		19		Tue
27	Wed	25		22		22		19		24		21		19		23	WHNSW	20		25		22		20		Wed
28	Thurs	26	Pub H	23	WHNSW	23		20		25		22		20		24	WHNSW	21		26		23		21		Thurs
29	Fri	27		24	WHNSW	24		21		26		23		21		25		22		27		24		22		Fri
30	Sat	28		25		25		22		27		24		22		26		23		28	BAS	25		23		Sat
31	Sun	29		26		26		23		28		25		23		27		24		29		26		24		Sun
32	Mon	30	WCA Allianz	27		27		24		29		26		24		28		25		30	AUDT	27		25	Pub H	Mon
33	Tues	31	Pub H	28	BAS	28		25	Pub H	30	MOH KPI	27		25		29		26		31		28		26	Pub H	Tue
34	Wed					29		26		31		28		26		30		27			29		27		27	Wed
35	Thurs					30	MOH KPI	27				29		27		31	MOHACT	28				30	DFT	28		Thurs
36	Fri					31		28	BAS			30		28	BAS			29						29		Fri
37	Sat							29						29				30						30		Sat
38	Sun							30						30										31		Sun
39	Mon													31												Mon
40	Day	Jan		Feb		Mar		Apr		May		Jun		Jul		Aug		Sept		Oct		Nov		Dec		