



# ***annual report*** **2020/21**

***whnsw peak body for 21  
non-government women's  
health centres in NSW***

***Funded by the NSW Ministry of Health***

### ***our vision***

***All women and girls  
are empowered to reach  
their potential within  
a safe and healthy  
environment.***

### ***our mission***

***To ensure that women's  
health care is delivered  
in a gender appropriate,  
affordable and accessible  
way to meet the health  
needs of women.***

## ***contents***

About Us 3 | From the CEO 4 | Our Principles 6 | Strategic Priorities 7 | Strategic Activities 8 |  
WHNSW Outcomes 10 | Reducing Violence Against Women 13 | Women's Health Sector Collated Data 14 |  
Organisation and Structure 17 | Financial Report 18 | Women's Health Centres 19

## about us

Women's Health NSW is the peak body for 21 non-government community-based women's health centres in New South Wales.

We are proactive on priority issues relevant to women's health, advocating for improved health outcomes so that all women and girls can reach their potential within a gender and culturally safe and healthy environment. We promote a coordinated approach to policy and planning, staff professional development and consultation between member services, NSW Ministry of Health and other government and non-government agencies.

Members include 18 women's health centres providing multidisciplinary, primary health care focusing on wellness, prevention, early intervention, immediate and ongoing care including physical health/activity, chronic illness, emotional & mental health, reproductive and sexual health and the health effects of violence against women. Three special purpose services: Waminda with a focus on culturally tailored programs for Aboriginal women, Sydney Women's Counselling Centre with trauma specialised counselling and Full Stop Australia nee Rape & Domestic Violence Services Australia. Throughout the network, service provision is influenced by the identified needs of local communities and the shared aim of improving the health of women, with a focus on women experiencing disadvantage.

Strategies incorporated by Women's Health Centres include preventative health care, community education and development, advocacy and empowerment; providing women with knowledge, skills and resources to enable them to take more responsibility over factors that may adversely affect their lives.

All centres work within the social model of health framework which acknowledges the physical, emotional and mental aspects of health as well as the broader social, cultural and economic factors that impact on women's wellbeing and ability to access services.

The Women's Health NSW website outlines our structure, aim, history and philosophy along with resources and annual reporting.

For anyone looking to find their nearest Women's Health Centre, our website [www.whnsw.asn.au](http://www.whnsw.asn.au) has an information page on each Women's Health Centre in NSW outlining their contact details and range of service provision.

Contact phone numbers for each Women's Health Centre can also be found on the last page of this report.

*'The WHC's (Women's Health Centres) and the non-government sector more broadly, offer unique value to consumers, practitioners, and the NSW health system. The centres are providing a multitude of primary health and wellbeing services to a cohort of women who may have otherwise only received care and support via the acute system. Many of the services offered by the centres are underpinned by clinical guidelines or other forms of evidence, and all centres align with women's preferences for care. Centre staff work collaboratively with other organisations to ensure maximum reach and impact within their current funding arrangements, and therefore represent good value to funding bodies, including NSW Health.'*

*Mapping of NSW Women's Health Centres Report, Urbis 2017*







## *from the CEO*

The 2020 - 2021 financial year continued to be a year of challenge with the ongoing requirements to mitigate and manage COVID-19 while holding a focus on community health and well-being. Isolation, violence, anxiety, mental health, poverty, and food security remain elevated components of care across NSW.

Women's Health NSW Strategic Plan consists of three components; Priority Women's Health issues; Women's Health sector capacity building; Governance and Performance.

We continue to achieve our primary objectives in all three areas with the good will and expertise of the women's health NGO sector and through good planning and resource allocation; prioritising strategies; good partnerships and collaboration coupled with a Board that has responsibility for both corporate governance and strategic direction. We currently have one sub-committee: WHNSW Database.

In relation to priority issues of women's healthcare, we have continued to focus on the effects of violence against women, access to reproductive healthcare, abortion services and women's heart health pathways. In addition, WHNSW partnered with the Cancer Institute NSW to develop and present the 'Women's Health NSW Multicultural Virtual Cancer Summit'. The summit was an opportunity to collaborate, learn and share insights to improve health outcomes for women in NSW including strategies to best support equity and women's centre cancer care.

In addition, WHNSW presented submissions to government in relation to:

- *Inquiry into Family, Domestic and Sexual Violence*, Federal Government
- *Inquiry into Anti-discrimination Amendment (Religious Freedoms and Equality) Bill 2020*, Federal Government

*Women's Health NSW endorses the 'Uluru Statement from the Heart' to call for the establishment of a 'First Nations Voice' in the Australian Constitution and a 'Makarrata Commission' to supervise a process of 'agreement-making' and 'truth-telling' between governments and Aboriginal and Torres Strait Islander peoples*

- *Inquiry into Coercive Control in Domestic Relationships, Public Hearing Witness Statement and Appearance*, NSW Government.

We have worked successfully with MOH to continue to focus on Partnerships for Health through participation in the MOH NGO Community of Practice (COP) supporting a statewide approach to COVID-19 mitigation.

We participate in a range of government and non-government initiatives such as NSW FGM Education Program and NSW Women's Alliance VAW, see page 8 for full listing.

Providing advice, support and knowledge regarding a variety of policy and program developments, governance and operational matters to NSW Women's Health Centres remains a crucial component of our work. Over these 12 months seven new Managers/CEOs were recruited into the sector.



Women's Health NSW Forum, Waterview, Bicentennial Park, Sydney Olympic Park, March 2021



All women's health centres applied their knowledge, networks, authority and empowerment to adapt programs and to do what was required to mitigate COVID-19 and provide essential community services. We screened, cleaned, moved and restructured service provision to triage, telehealth, telephone counselling and essential community support working from home or prioritised allocated centre space.

Contingency Plans, COVID-19 Safe Plans, Working from Home Policies, adjusted supervision and debriefing supports, adjusted job descriptions and work plans – all identified, developed and shared across the sector.

All face-to-face group work, networks, professional training, meetings in general, HR and governance was shifted to digital platforms.

All budgets needed to adapt to accommodate increased work health and safety, communication pathways, equipment and software enhancement. With the support of NSW Treasury, Social Sector Transformation Fund, WHNSW was able to purchase additional laptops for work mobility and larger screens for enhanced communication when utilising the various digital programs.

WHNSW Heart Health Project, where face to face service provision was required, operated during a small window of opportunity during February and June 2021. The Women's Heart Health Assessment Tool Evaluation was trialled at 12 sites with 105 participants. The final report for this program is due next year. WHNSW Database Upgrade program has been a major focus – see report page 8

We continue to work with the women's health sector to identify capacity building opportunities, accreditation strategies, researching evidence-based practice, program accountability and data.

Once again, through the collation of sector service data, WHNSW can demonstrate the service provision and demographics of service users across the sector (see pages 14-16). Together, women's health centres provided more than 62,960 occasions of service incorporating more than 169,425 presenting health issues.

Work over the year has extended partnerships and improved policy, procedure and access to services for women and vulnerable communities across NSW. Despite COVID-19 2020/21 has been a productive year that has influenced the work ahead by identifying strategic directions that will make a difference.

We look forward to continuing partnerships, involvement in the improvement of public policy and practice and a continued unpacking of gender equity and equality.

**Denele Crozier, AM**





## our principles

Women's Health NSW works to the NSW State Health Plan: Towards 2021 CORE values of Collaboration, Openness, Respect and Empowerment which resonate with the WHNSW Principles of Women's Health Care endorsed in 1982 and outlined below

- Social justice and an understanding of a gendered approach to health care and policy
- Health is determined by a broad range of social, environmental, economic and biological factors
- Differences in health status are linked to gender, age, socio-economic status, ethnicity, disability, location environment, gender inequality and discrimination
- Health promotion, disease prevention, equity of access to appropriate and affordable services and strengthening the primary health care system are necessary along with high quality illness treatment services
- Information, consultation, advocacy and community empowerment are important elements of the health process
- Dignity, privacy, informed consent, confidentiality and safety
- Informed decision making about health care requires accessible and appropriately targeted information for socio-economic and cultural groups
- Health care is both evidence-based and values women's own knowledge and experience
- Equity and accessibility



**NSW Health  
CORE values**

- Effective community management
- Links women's individual experience and health needs to the social and cultural context of women's lives
- Empowers women
- Challenges sex-role stereotyping, gender discrimination, racism and homophobia which affect health and well-being
- Increase the accessibility, sensitivity and acceptability of health services for women
- Relates to identified health priorities at the local and state level.





## *strategic priorities*

*Women's Health NSW will be proactive on priority issues relevant to women's health:*

- 1** Advocacy for improved outcomes for women
- 2** Networking and research
- 3** Reorienting the health system

*Increase the capacity of the women's health sector to respond to women's health and wellbeing:*

- 4** Good governance
- 5** Training and development
- 6** Women's health priority issues





## strategic activities

### WHNSW Database

WHNSW developed the WHNSW Database in 2006 using a Microsoft Access software program. The WHNSW Database is an integrated client management and statistical collection system. The database enables Women's Health Centres to collect consistent information regarding the clients and their demographics, service delivery and presenting health issues which can be collated to form a state-wide picture, inform planning and evaluation and assist with accountability and reporting.

Nineteen (19) Women's Health Centres use the WHNSW Database. Other centres such as Waminda and Full Stop Australia nee Rape and Domestic Violence Services Australia use separate purpose-built databases designed to reflect their specific requirements. These centres forward their service data for inclusion in our collated reports.

### WHNSW Database Upgrade Grant

Women's Health NSW has been funded by NSW Ministry of Health to implement the following upgrades of the WHNSW Database

- Align with priorities of the *NSW Women's Health Framework 2019*
- Update reference tables and functionality to reflect current practice, reporting requirements and evaluation tools (Patient Outcome and Experience Measures)
- Develop an SQL back-end platform to increase functionality and stability.

During 2020/2021 WHNSW conducted a review of all *Reference Tables and Database Functionality*.

The following tables were updated: Mode of Service, Disability Status and Type, Chronic or Long-Term Illness Status and Type, Practitioner Type, Funding Source, Presenting Issue, Services Provided and, Client Follow Up section was expanded to include:

33	Evaluation Tool	You can set a reminder data for the next junction
34	Project Monitoring	
35	Safety Planning	You can set a date for check-up/follow up/next appointment
36	Mental Health Care Plan	
37	Suicide Risk Assessment	
38	Chronic Health Care Plan	
39	Chronic Pain Plan	
40	DVSAT	Domestic Violence Safety Assessment Tool

Three new *Reference Tables* have been added: Australian Visa Type, Carer Status and Type and Evaluation Tools.

Improved functions include *Deceased field*, deceased clients and clients with contact warnings excluded from mail merge, mobile numbers added to search functions and, new reports functions for *Groups and Evaluation Tool* use to be linked to all service types.

The *Client Registration* form was reviewed and updated to broaden the demographic information including priorities identified in the NSW Women's Health Framework 2019 such as Carer and Australian Visa Status, along with additional categories to separate sexual and gender identity.

The updated WHNSW Database (Version 4) is currently being installed across the sector in preparation for the SQL back-end implementation.

### Partnerships

During 2020/2021 we had online participation in government and non-government committees and working groups including:

- Australian Women's Health Network
- NSW FGM Education Program
- Abortion Access NSW Stakeholders Group
- MOH NGO Advisory Committee
- LHD/MOH Women's Health Network
- NSW Women's Alliance, Violence Against Women
- NCOSS Health Equity Alliance
- Wirringa (nee Brewarrina) Aboriginal Women's Health Working Group

### Other projects, consultations and forums

- Heart Health Programs for Women Project*, Heart Foundation Australia
- Women's Health Centres: Preventing gender-based violence through empowerment*. ARC Linkage Grant Proposal, Sector Research Collaborative
- Women's Health Multicultural Cancer Summit* — Planning Committee
- NSW Cancer Institute Strategic Plan*, NGO Workshop
- SPHERE- Sexual Reproductive Health (Monash)
- RDVSA Brokerage Program*, Advisory Committee
- Domestic Violence NSW*, Board
- Women's Legal Service NSW*, Board



## Professional Development

In 2020/21 WHNSW continued with a focus on professional development programs. We managed one face-to-face sector meeting in March 2021 with 50 participants from across the sector and a virtual forum Women's Health NSW Multicultural Cancer Summit 2020 in collaboration with the NSW Cancer Institute.

80 participants attended from:

- NSW Local Health Districts (18)
- NSW Cancer Institute (19)
- NGO Women's Health Centres (43)

## Presentations Cancer Summit

- *Women Centred Care*, Cancer Institute NSW
- *Overview of Women's Health Centre Programs*, Women's Health NSW
- *Strategies to support smoking cessation among women*
- *Screening Saves Lives*
- *Bowel Screening, what you need to know*
- *Innovation in Cervical Screening*
- *Having a Mammogram with BreastScreen NSW*
- *Supporting women affected by cancer*
- *Cancer and Cancer Care In NSW*
- *Cancer Institute NSW Online Resources*
- *Wellness for Women Cancer Support Project*, Bankstown Women's Health Centre

## Presentations WHNSW Sector Forum

- *Sexual Assault Communications Privilege - Managing a Subpoena*, Robyn Gilbert, Senior Solicitor, SACP Unit, Legal Aid NSW
- *Support the Girls Australia*, Jane Holmes, CEO
- *Reproductive Health Services NSW Abortion Access Project*, Ann Brassil, CEO & Alex Robinson, Project Manager, FPNSW
- *Primary Health Networks (PHN), Role Functions and Grant Programs*, Marge Drake, EO
- *Community of Practice WHNSW Consortia*, Paul Schott
- *NSW Refugee Health Plan 2021 – 2025*, Nick Sandrejko, Senior Policy Officer, Health & Social Policy Branch, MOH
- *NSW Legal Aid Victim Services. The Victim Support Scheme & Supporting Clients to Apply*, Kha Huynh, Community & Stakeholder Liaison Officer

## Briefings

- *We have to talk about VAX*, Podcast, Daniel Baden, CEO, BioMedica
- *Specialist Domestic & Family Violence Courts in Australia Research Findings*, Jane Gold, WHNSW Project Officer





## women's health nsw outcomes

### *Goal: Be proactive on priority issues relevant to women's health*

- Reproductive Health Policy NSW
- Coercive Control In Domestic Relations
- Heart Health for Women
- Consent in relation to Sexual Offences
- Women centered Cancer Care

### *Goal: Increase the capacity of women's health sector to respond to women's health and wellbeing*

Sector capacity building training is listed under the *Professional Development* section on page 9.

**WHNSW manages an e-list system** designed to keep centres informed of issues such as new resources, education, sponsorship and grant opportunities, research initiatives, government policy announcements and changes to law or practice including:

#### **Grants and scholarships (9)**

- 2021 to 2024 Rural Financial Counselling Service Program - Australian Government
- 2020 Local Domestic and Family Violence Committee Grants - Women NSW
- COVID-19 Domestic and Family Violence Funding Program - Women NSW
- 2020–2022 ANROWS Core Grant Research Program - ANROWS
- Domestic and Family Violence Pets and Animal Welfare Support (DFV PAWS) Grant Program - DCJ
- The 2021 NSW Women's Week Grants, NSW Government
- Infrastructure Boost for Sexual, Domestic, and Family Violence Services, Minister Speakman AG
- COVID-19 Sexual, Domestic and Family Violence Infrastructure Grant Program, DCJ
- Social Sector Transformation Fund, NSW Government

#### **Communiques (24)**

- Medicare Benefits Rebate for Telehealth, Family Planning NSW
- Law Reform to Protect Counsellors and Support Victims - Mark Speakman
- Coercive Control Discussion Paper and Parliamentary Inquiry - Mark Speakman
- Women's Health News: Endometriosis Spread Through my Body Like Cancer, 'Dealing with Breast Cancer in a Pandemic, What is Vaginismus? Chrissy Teigen's Stillbirth, Women's Agenda

- Brazen Hussies a Documentary Launch, Andrea Foxworth Co-Producer
- Hansard Stronger Communities Legislation Amendment (DV) Bill 2020 Shadow MP for Prevention of DV, NSW Parliament
- Social and Community Services (SACS) Equal Remuneration Order (ERO) Update, NSW Health
- New Legislation for Audio Visual Link (AVL) Screens and Closed Courts, NSW Police, Legal Aid NSW and DVNSW
- DFV Sector News, Regional Forum and Updates, DVNSW
- Abortion Services Across NSW - Family Planning Report, FPNSW
- Expansion of List of Competent Person: Ending a Tenancy Early in Circumstances of DV, Women's Legal Service NSW
- Joint Statement: Passage of Flawed Merger Bill Tasks Family Law Judges with an Impossible Task, The Law Council of Australia, Women's Legal Services Australia, Community Legal Centres Australia, National Aboriginal and Torres Strait Islander Legal Services and AWAVA
- Termination of Pregnancy Bill Passed in Lower House SA Parliament, Fair Agenda
- Sector Update, Women's Safety NSW
- March 4 Justice 2021, March 4 Justice
- NSW Health NGO Privacy and Security - Communication, NSW Health
- Speak Out Campaign Relaunch, DCJ
- Heart Health Week, National Heart Foundation of Australia
- Nine Point Plan to Address Sexual Violence, NSW Women's Alliance
- National Wage Case and CPI Information 2021, NSW Health
- Changes to WDVAS Advocacy Program, Legal Aid NSW
- Closure of the Human Services Network (HSNet) website, Community Resource Network
- Review of the NCOSS role on Club GRANTS Local Committees, NCOSS
- Secretary NSW Health - Notification of new state-wide NSW Pregnancy Choices Helpline 1800 008 463

#### **COVID-19 Communique (9)**

- Advice for Pregnant Women About COVID-19 Vaccine, RANZCOG
- NSW Health COVID-19 Vaccination Webpage Live, NSW Health
- A Message from the Acting Secretary - COVID-19 Vaccination Update, Susan Pearce NSW Health

- COVID-19 Vaccination Updates, MOHCOP
- COVID-19 Mitigation Updates – every forum
- LHD recommended COVID-19 Screening
- COVID-19 Infection Control Training Modules
- COVID-19 Transition Planning for clinical services
- COVID-19 Business Safety Plans

#### **External Training Conference Forums Seminars (17)**

- Capacity-Building Opportunity for Domestic and Family Violence Services in NSW to Increase Access and Inclusion, Women with Disabilities Australia (WWDA)
- Spontaneous Early Menopause, Webinar, Women's Health Victoria
- Professional Development Training Options, Children by Choice
- Advocating for Change, Women for Women, France
- Law for Community Workers Free Webinar Training, Legal Aid NSW
- National Cancer Screening Programs for Multicultural Workers Training, Health NSW
- International Women's Day Online Event, The Royal Women's Hospital
- Right to Information Privacy, Practitioners Network Webinar, Salinger Privacy
- Practical Solutions for Health Workforce Issues in Rural and Remote Australia, COPHE
- Grant Writing Skills Workshop, TAFE NSW
- Brain Injury Australia Conference, Brain Injury Australia
- Pre-Conference Workshop - Domestic and Family Violence and Brain Injury, Brain Injury Australia
- Generation Equality Forum, NGO Committee on the Status of Women
- 'Going Public' with Distinguished Professor Julie Macfarlane, Uni Syd Law School & Insight Exchange
- Social Media & Women of Colour, Workshop, We Are the Mainstream & AFTRS
- RANZCOG Women's Health Summit
- Supporting people with animals experiencing DFV, Webinar, AWAREARC

#### **Goal: Enhance WHNSW governance and performance to achieve its aims and objectives**

- WHNSW was successfully reviewed against the Australian Standards of Excellence (ASES) maintaining accreditation status till 2023
- 90% of Board positions were filled
- Strategic Planning and Evaluation processes were maintained. Stakeholders were involved in development cycles.
- WHNSW Financial Audit was unqualified.

#### **Research, Consultations, Surveys (10)**

- Invitation to Participate in Research Exploring Responses to Domestic and Family Violence During the COVID-19 Pandemic, Dr Patricia Cullen, Research Fellow, Co-lead Child and Adolescent Health Theme, Public Health and Community Medicine, UNSW
- Speak Out Campaign: Evaluation Survey, Jacqueline Barnes, Communications Manager, Justice Strategy & Programs DCJ
- 16 Days VAW Program: Calling for Contributions, Australian Women Against Violence Alliance
- Invitation to make a Submission to the Coercive Control in Domestic Relationships Inquiry, The Hon Natalie Ward MLC, Committee Chair, Joint Select Committee on Coercive Control, Parliament of New South Wales
- NSW Government Workforce Survey to Identify Problematic and Harmful Sexual Behaviours in Children and Young People, NSW Health
- Submission to Crimes Legislation Offences Against Pregnant Women Bill 2020, WHNSW
- WHNSW Submission Coercive Control Legislation Proposals, WHNSW
- The National Plan to Reduce Violence against Women and their Children Frontline Worker Survey, Council of Australian Governments (COAG)
- Consultation Period Extension for the NASASV Standards of Practice for Sexual Violence Services, NASASV





- Sexual and Reproductive Health Promotion and Services for First Nations People in Urban Australia, Molly Wardaguga Research Centre, Charles Darwin University, Brisbane, Queensland, Australia; Institute for Urban Indigenous Health, Brisbane, Queensland, Australia; School of Population Health, University of Queensland, Brisbane, Queensland, Australia; Poche Centre for Indigenous Health, University of Queensland

#### **Publications Reports Resources (10)**

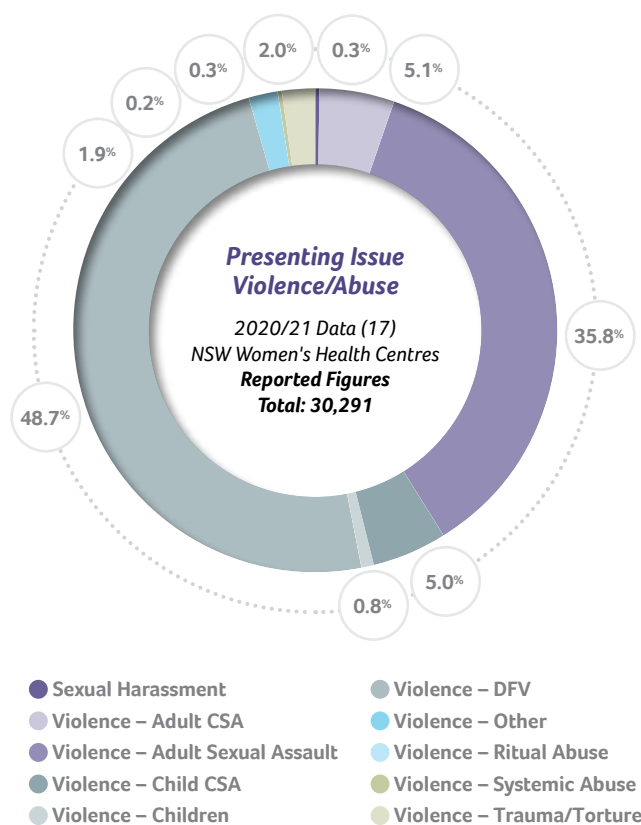
- Framework for Abortion Access in NSW - Family Planning NSW, Women's Health NSW & RANZCOG
- Legal Aid Podcasts: Elder Abuse plus Factsheets and More, Legal Aid NSW
- Understanding Health and Unhealthy Harmful Sexual Behaviour in Children and Child Protection, Daniel Morcombe Foundation
- Temporary Visa Support and Emergency Relief, Muslim Women Australia (MWA)
- National Website Launch: Say it Loud, ACON
- Wiyi Yani U Thangani (Women's Voices): Securing Our Rights, Securing Our Future Report 2020, Australian Human Rights Commission
- Follow My Lead - Project Report: Domestic and Family Violence and Acquired Brain Injury Intersection, Domestic Violence Service Management
- Link2Home Communications and Referrals, DVNSW
- Mental Health Supports for CALD Communities and Information for HSC Students, Minister for Education & Minister for Mental Health



## reducing violence against women

The work of the NGO women's health centres in violence prevention and service provision are an essential part of the NSW primary integrated health care system. From safety planning, medical services, specialist trauma counselling and therapeutic resilience work, legal and financial information, case management, court support, grief and loss counselling, parenting skills, to name but a few current services. The women's health centres are a vital partner to enhance health, safety and well-being outcomes for women who have experienced violence.

©istock.com/FatCamera

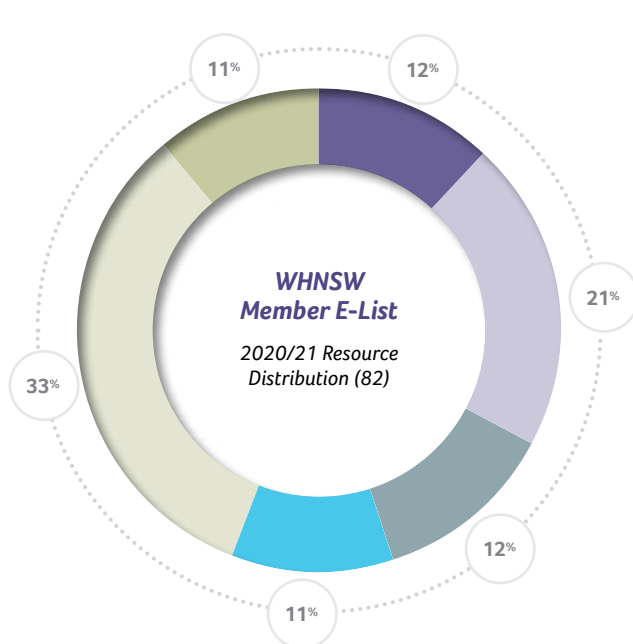


This graph includes NSW service statistics from NSW Sexual Violence Helpline representing (9,774) of category 'Adult Sexual Assault'. Removing these statistics from RDVSA changes the sector total to 18,299 including: Adult Child Sexual Assault 8%; Adult Sexual Assault 5%; Domestic Violence 72%.

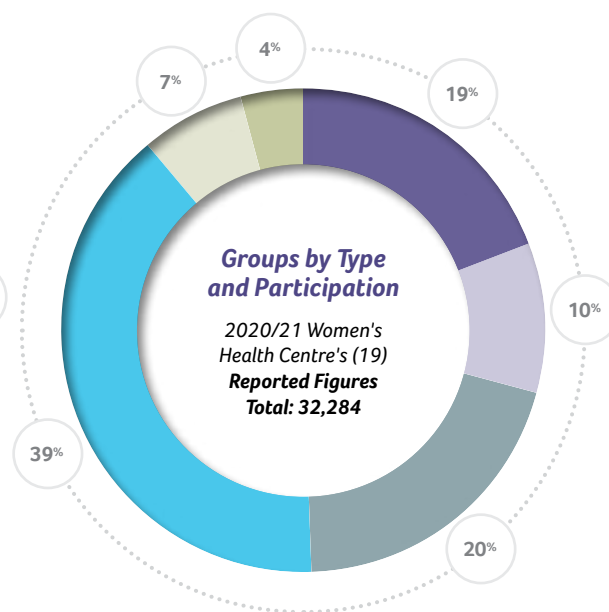




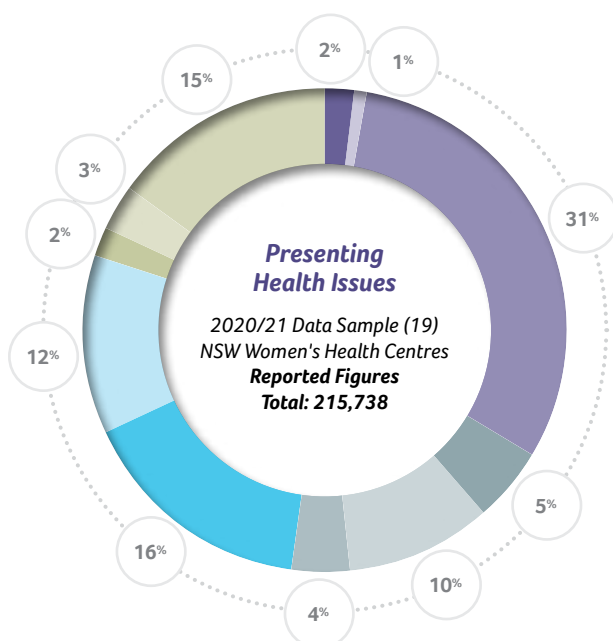
## women's health sector collated data



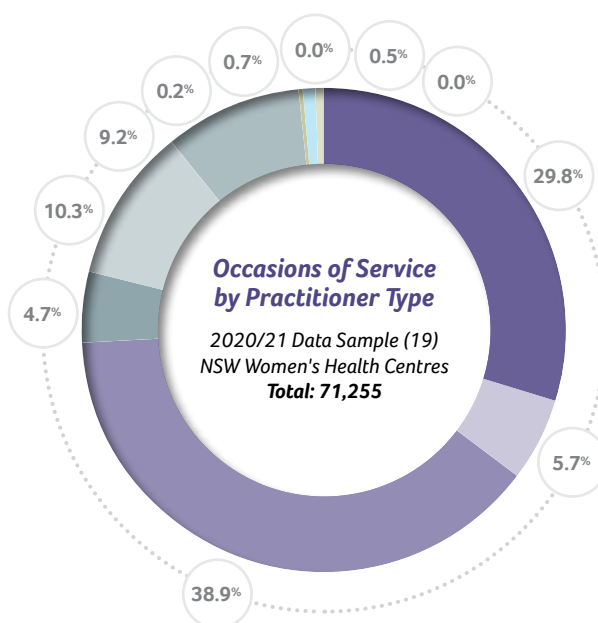
- Research, Consultations and Surveys
- External Training Conference Forums and Seminars
- Publications Reports Resources
- Grants and Scholarships
- Communique and Information
- COVID-19 Communique



- Therapeutic
- Health Education and Skills Development
- Support
- Physical Activity
- Forums/Events
- Capacity Building and Training for Other Services



- Addiction
- Breast
- Emotional/Mental Health
- Gynaecological/Urogenital
- Legal/Financial
- Other
- Physical/Medical Health
- Relationships
- Reproductive
- Social/Cultural
- Violence/Abuse



- Medical Practitioners
- Complementary and Allied Health Care
- Mental Health Practitioners
- Group, Education, Health Promotion, Projects
- Advocacy, Casework, Support, Culture, Welfare
- Information and Referral
- Legal Practitioners
- Other
- Reproductive Health
- Social Equity
- Violence Prevention



## Women's Health NSW Database Presenting Issues Categories

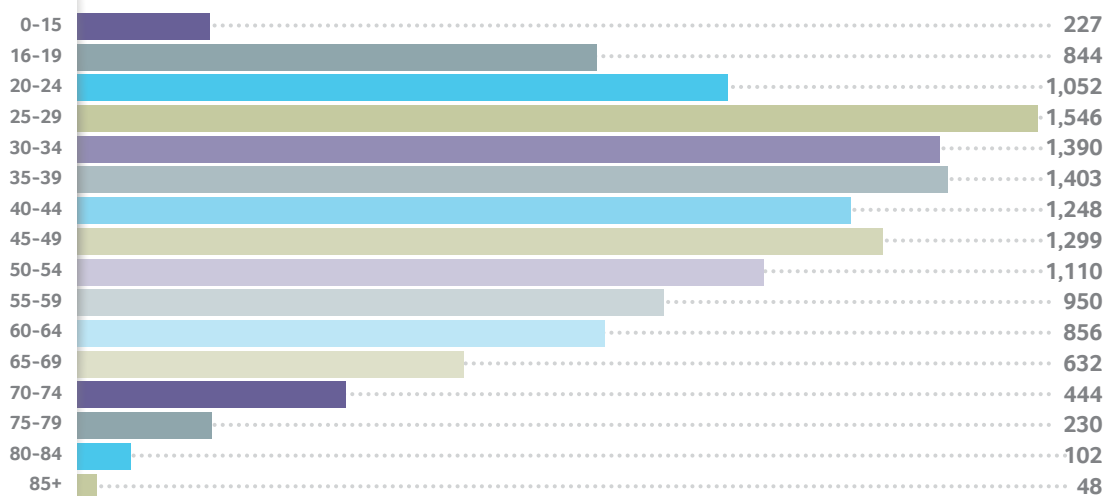
Physical/Medical	Gynaecological/Urogenital	Breast
Acute Pain	Cervical cancer	Breast cancer
Allergies	Circumcision/Female genital mutilation	Breast cancer metastases
Arthritis	Depression	Breast – diagnostic
Cardiovascular (Heart and blood)	Endometriosis	Breast feeding
Chronic fatigue syndrome	Grief/Loss	Breast implants
Chronic pain	Gynaecological – General (E.g. fibroids, cysts, polyps)	Breast lumps
Coronaviruses	Hormone therapy	Breast – other
Dental	Hysterectomy	Breast screening/examination
Dermatological	Menopause	Breast surgery
Digestion	Menstruation	Lymphoedema
Ears/nose/throat	Ovarian cancer	<b>Addiction</b>
Endocrine/hormonal – diabetes	Pap/cervical screening	Addiction - recovery
Endocrine/hormonal – other	Pelvic floor dysfunction	Alcohol
Epilepsy	Polycystic ovarian syndrome	Amphetamine – other
Faecal incontinence	Post- Natal Depression	Cannabis
Fibromyalgia	Premenstrual syndrome	Cocaine
Gastrointestinal	Thrush	Crystal methamphetamine – ice
Haematology	Urinary (Kidney/Bladder) – other	Gambling
Headache	Urinary incontinence	Hallucinogens and party drugs
Health – Other	Urinary tract infections	Opiates
Hepatitis C	Vulva-vaginal – other	Other drug abuse
Herbal/homeopathic mediation	<b>Reproductive</b>	Poly drug abuse
HIV/AIDS	Contraception – emergency	Prescription medication abuse
Immunology	Contraception – general	Tobacco smoking (Nicotine)
Injury – Acquired Brain Injury	Pregnancy – antenatal/prenatal care	<b>Legal/Financial</b>
Injury – Acute	Pregnancy – Artificial insemination	Adoption
Injury – Chronic	Pregnancy – Ectopic pregnancy	Employment
Injury – Repetitive strain/tendonitis	Pregnancy – Gestational diabetes	Financial problems
Injury – Physical other	Pregnancy – Infertility	Homelessness
Medication	Pregnancy – IVF	Housing
Musculoskeletal – other	Pregnancy – Miscarriage	Legal issues – AVO
Neurological – other	Pregnancy – Options	Legal issues – Care & protection orders
Nutrition	Pregnancy – Other	Legal issues – Child custody
Oncology/cancer – other	Postnatal check ups	Legal issues – Divorce/separation
Osteoporosis	Pregnancy – Post termination	Legal issues – Family law
Pathology and other tests	Pregnancy – Pregnancy test	Legal issues – Other
Physical fitness	Pregnancy – Termination	Legal issues – Victim's compensation
Pre/post-surgery	<b>Violence/Abuse</b>	Poverty
Pulmonary/lung/respiratory	Sexual e-violence	<b>Emotional/Mental health</b>
Sciatica	Sexual harassment	Body image (Not eating disorder)
Sexually Transmitted Infection	Violence – Adult CSA	Eating disorder
Sight/vision/eyes	Violence – Adult Sexual Assault	Self esteem
Sleep issues	Violence – Bullying	ADHD
Tiredness/fatigue	Violence – Child CSA	Anger
Weight management	Violence – Child (not DFV)	Anxiety/panic disorders
<b>Relationships</b>	Violence – DFV	Autism
Attachment issues	Violence – DFV child protection	Complex trauma
Childhood issues	Violence – DFV children	Depression
Communication	Violence – DFV elder abuse	Dissociation
Family issues	Violence – DFV e-violence	Emotional support
Impacted addiction	Violence – DFV family	Grief/loss
Impacted health – child removal	Violence – DFV financial abuse	Mental health
Impacted health – mental	Violence – DFV intimate partner violence	Post-natal depression
Impacted health – physical	Violence – DFV migration	PTSD
Impacted identity	Violence – DFV reproductive coercion	Self-harm
Impacted other	Violence – DFV safety/safety planning	Stress
Parenting	Violence – Elder abuse (not DFV)	Suicide
Relationships – other	Violence – E-violence (not DFV)	Trauma – emotional
Safe sex	Violence – Financial abuse (not DFV)	<b>Social/cultural</b>
Sex & sexuality (Not sexual identity)	Violence – Other	Cultural concerns
	Violence – Ritual abuse	Discrimination
	Violence – Systemic abuse	Loneliness/isolation
	Violence – Trauma/torture	Migration
	<b>Other</b>	Racism
	Access and advocacy	School issues
	Carers issues	Sexual discrimination
	Complaint	Sexual identity
	Disability – management of	Systemic racism – immigrant/refugee
	Education	Systemic racism – Indigenous
	Emergency/crisis	
	Other	





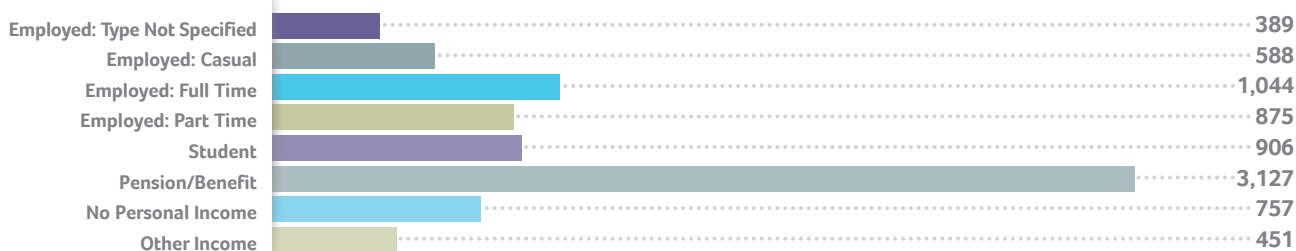
### Client by Age Range

2020/21 Data Sample (18) Women's Health Centres **Reported Figures Total: 13,381**



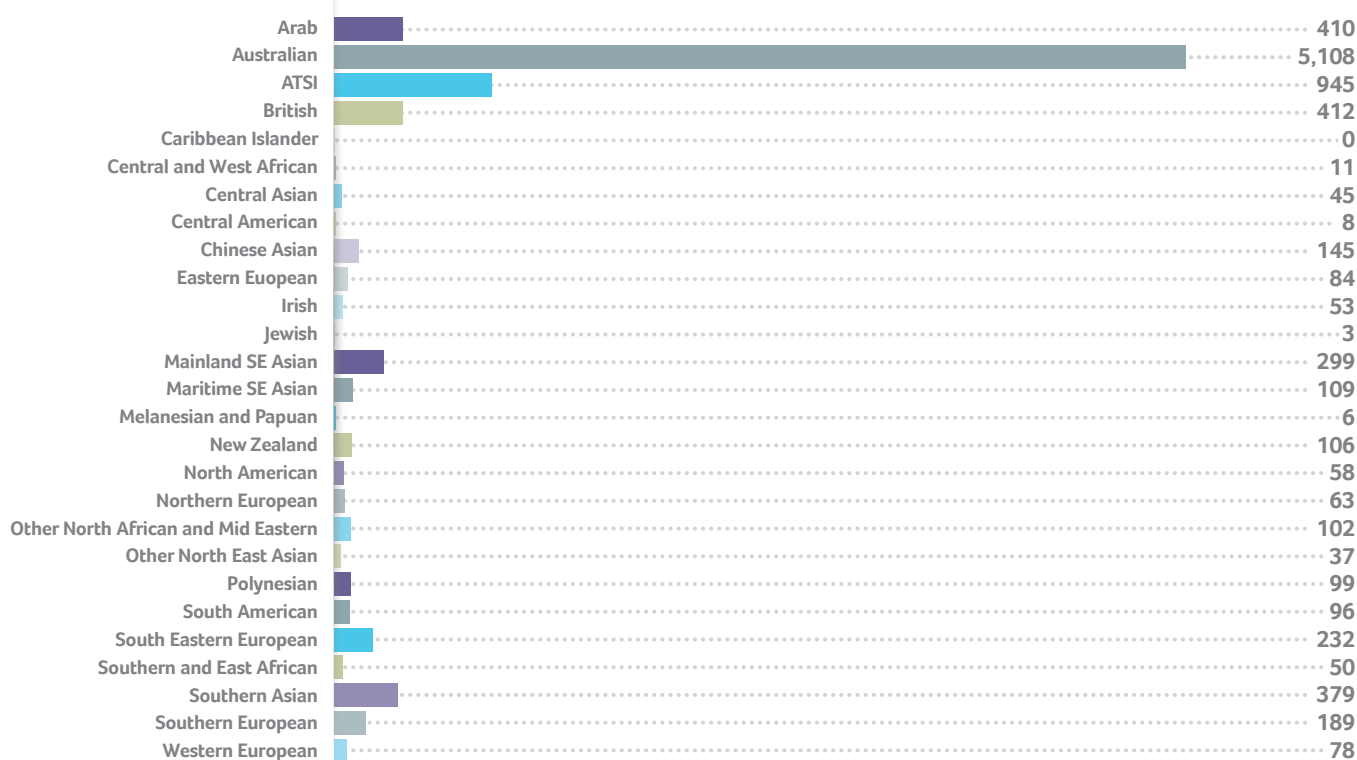
### Client Financial Status

2020/21 Data Sample (16) Women's Health Centres **Reported Figures Total: 8,137**



### Client Ethnicity

2020/21 Data Sample (20) NSW Women's Health Centres **Reported Figures Total: 9,127**



## organisation & structure

Women's Health NSW Inc is managed by an elected Board of Management comprising eight members representing rural, metropolitan, outer-metropolitan and special purpose services across NSW, and the Chief Executive Officer.

### Board of Management 2020/21

Category	Name	Organisation	Position
Specialist Service	Margherita Basile	Sydney Women's Counselling Centre	Chair
Metropolitan	Mariam Mourad	Bankstown WHC	Director
Metropolitan	Kate Meyer	Liverpool WHC	Secretary
Outer Metropolitan	Theresa Mason	Central Coast WHC	Treasurer
Rural	Karen Boyde	Central West WHC	Director
Rural	Tracy Lumb	Shoalhaven WHC	Director
Open Position	Nexhmije Shala	Leichhardt WCHC	Director
Chief Executive Officer	Denele Crozier	WHNSW	Director
Rural	Gail Meyer	Wagga WHC	Resigned August 2020
Rural	Teresa Law	Albury Wodonga	Resigned March 2021
Outer Metropolitan	Jane Gold	Penrith WHC	Resigned March 2021
Outer Metropolitan	Sarala Porter	Blue Mountains WHC	Resigned June 2021
Outer Metropolitan	Sally Stevenson	Illawarra WHC	Resigned AGM 2020

### Our Employees (1.9 FTE)

Name	Position
<i>Ongoing &amp; fixed term</i>	
Denele Crozier	Chief Executive Officer
Kim Blattner	Administration Officer
Tracey Kennedy	Finance Officer
Louise Shortus	Project Officer – Heart Health Pathways
Jane Gold	Project Officer – Preventing Violence Against Women
<i>Our Committees</i>	
WHNSW Database	Margherita Basile, Denele Crozier, Theresa Mason, Anne Baker, Sue Illievski
Research Reference Group	Margherita Basile, Toni Schofield, Sally Stevenson, Denele Crozier
First Nations Wirringar Indigenous Women's Centre (Brewarrina)	Aunty Grace Gordon, Toni Schofield, Denele Crozier
Heart Health Pathways	Annie Flint, Denele Crozier
<i>Contract</i>	
Access Data Systems	Scott Dovey, WHNSW Database
Not Just Networks Pty Ltd	WHNSW IT Systems
Purple House Design	Jodie McLeod-Young, Publications and Brochures
Minmoko	Web Design & Management







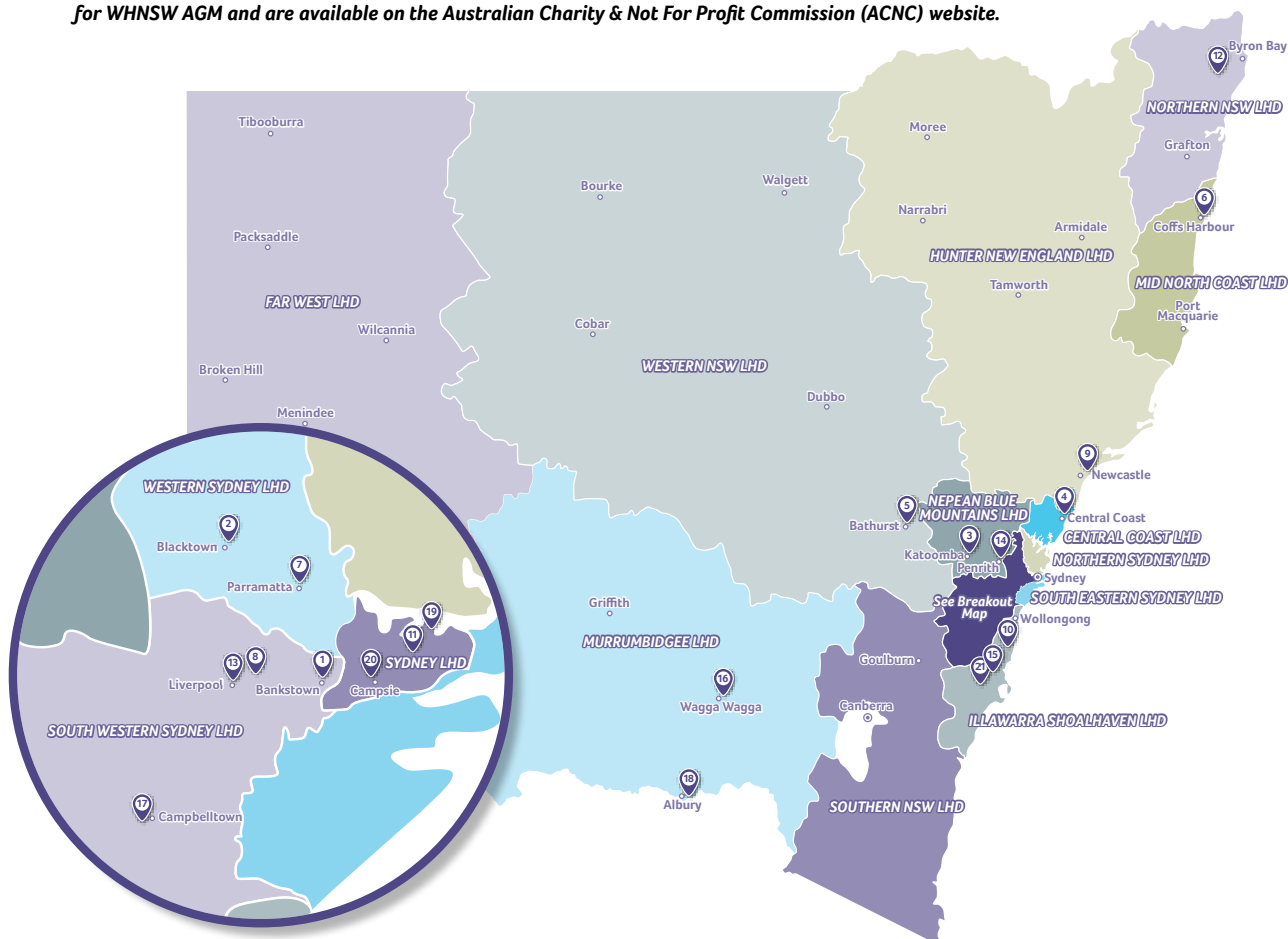
## financial report

Audited Financial Accounts for the 2020/2021 financial year are tabled at the WHNSW AGM. Women's Health NSW continues to operate to budget and asserts that there are reasonable grounds to believe it will be able to pay its debts if and when they fall due.

Women's Health NSW has a strong finance team coupled with good financial systems and projected budgets for the year ahead.

<b>Statement of Income and Expenditure</b>	<b>2020/2021 \$</b>	<b>2019/2020 \$</b>
<b>Income</b>		
NSW Ministry of Health	243,500	236,700
Training/Interest/Other	77,748	85,975
Treasury Rebate	25,025	-
Project Grants	25,407	5,481
Income Brought Forward		12,819
<b>Total Income</b>	<b>371,680</b>	<b>328,156</b>
<b>Expenditure</b>		
Wages and On Costs	230,472	211,997
Operational Expenses	64,593	65,700
Sector Development and Training	12,081	8,235
Sector Programs & Resource Development	34,589	30,152
IT & Equipment	15,884	7,428
<b>Total Expenditure</b>	<b>357,619</b>	<b>323,510</b>
<b>Operating Surplus/(Deficit)</b>	<b>14,061</b>	<b>4,644</b>
<b>Total Equity</b>	<b>24,037</b>	<b>9,976</b>

The full WHNSW Audited Financial Statements for year ended 30 June 2021 are circulated to the membership for WHNSW AGM and are available on the Australian Charity & Not For Profit Commission (ACNC) website.



# women's health services in nsw

## Women's Health Centres

**1. Bankstown Women's Health Centre**

[bwhc.org.au](http://bwhc.org.au)

Telephone: 9790 1378

**2. Blacktown Women's and Girls Health Centre**

[womensandgirls.org.au](http://womensandgirls.org.au)

Telephone: 9831 2070

**3. Blue Mountains Women's Health and Resource Centre**

[bmwhrc.org](http://bmwhrc.org)

Telephone: 4782 5133

**4. Central Coast Community Women's Health Centre**

[cccwhc.com.au](http://cccwhc.com.au)

Telephone: 4324 2533

**5. Central West Women's Health Centre**

[cwwhc.org.au](http://cwwhc.org.au)

Telephone: 6331 4133

**6. Coffs Harbour Women's Health Centre**

[genhealth.org.au](http://genhealth.org.au)

Telephone: 6652 8111

**7. Cumberland Women's Health Centre**

[cwhc.org.au](http://cwhc.org.au)

Telephone: 9689 3044

**8. Fairfield Women's Health Service**

[fwhs.com.au](http://fwhs.com.au)

Telephone: 9755 0008

**9. Hunter Women's Centre**

[hwc.org.au](http://hwc.org.au)

Telephone: 4968 2511

**10. Illawarra Women's Health Centre**

[womenshealthcentre.com.au](http://womenshealthcentre.com.au)

Telephone: 4255 6800

**11. Leichhardt Women's Community Health Centre**

[lwchc.org.au](http://lwchc.org.au)

Telephone: 9560 3011

**12. Lismore & District Women's Health Centre Inc**

[lismorewomen.org.au](http://lismorewomen.org.au)

Telephone: 6621 9800

**13. Liverpool Women's Health Centre**

[liverpoolwomenshealth.org.au](http://liverpoolwomenshealth.org.au)

Telephone: 9601 3555

**14. Penrith Women's Health Centre**

[penrithwomenshealthcentre.com.au](http://penrithwomenshealthcentre.com.au)

Telephone: 4721 8749

**15. Shoalhaven Women's Health Centre**

[shoalhavenwomenshealthcentre.org.au](http://shoalhavenwomenshealthcentre.org.au)

Telephone: 4421 0730

**16. Wagga Women's Health Centre**

[waggawomen.org.au](http://waggawomen.org.au)

Telephone: 6921 3333

**17. WILMA Women's Health Centre Campbelltown**

[wilma.org.au](http://wilma.org.au)

Telephone: 4627 2955

**18. Women's Centre for Health & Wellbeing Albury Wodonga**

[womenscentre.org.au](http://womenscentre.org.au)

Telephone: 6041 1977

## Special Purpose Services

**19. Full Stop Australia & NSW Sexual Violence Helpline**

Counselling: 1800 385 578

General, Admin & Training: 8585 0333

[fullstop.org.au](http://fullstop.org.au)

**20. Sydney Women's Counselling Centre**

[womenscounselling.com.au](http://womenscounselling.com.au)

Telephone: 9718 1955

**21. Waminda – South Coast Women's Health and Welfare Aboriginal Corporation**

[waminda.org.au](http://waminda.org.au)

Telephone: 4421 7400





PO Box 341, Leichhardt NSW 2040

T: 02 9560 0866

E: [info@whnsw.asn.au](mailto:info@whnsw.asn.au)

[whnsw.asn.au](http://whnsw.asn.au)



*whnsw is a not for profit  
charity incorporated under  
the NSW Associations  
Incorporations Act (2009)*



*Accredited at Certificate Level  
of the Australian Service  
Excellence Standards*

*Funded by the NSW Ministry of Health*

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