

## annual report 2019/20

**whnsw** peak body for 21 non-government women's health centres in NSW

Funded by the NSW Ministry of Health

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# **our** vision

All women and girls are empowered to reach their potential within a safe and healthy environment.

## **our** mission

To ensure that women's health care is delivered in a gender appropriate, affordable and accessible way to meet the health needs of women.

### **about** us

Women's Health NSW is the peak body for 21 nongovernment community-based women's health centres in New South Wales.

We are proactive on priority issues relevant to women's health, advocating for improved health outcomes so that all women and girls can reach their potential within a gender and culturally safe and healthy environment. We promote a coordinated approach to policy and planning, staff professional development and consultation between member services, NSW Ministry of Health and other government and non-government agencies.

Members include 18 women's health centres providing multidisciplinary, primary health care focusing on wellness, prevention, early intervention, immediate and ongoing care including physical health/activity, chronic illness, emotional & mental health, reproductive and sexual health and the health effects of violence against women. Three special purpose services: Waminda with a focus on culturally tailored programs for Aboriginal women, Sydney Women's Counselling Centre with trauma specialised counselling and Rape & Domestic Violence Services Australia. Throughout the network, service provision is influenced by the identified needs of local communities and the shared aim of improving the health of women, with a focus on women experiencing disadvantage.

Strategies incorporated by Women's Health Centres include preventative health care, community education and development, advocacy and empowerment; providing women with knowledge, skills and resources to enable them to take more responsibility over factors that may adversely affect their lives.

All centres work within the social model of health framework which acknowledges the physical, emotional and mental aspects of health as well as the broader social, cultural and economic factors that impact on women's wellbeing and ability to access services.

The Women's Health NSW website outlines our structure, aim, history and philosophy along with resources and annual reporting.

For anyone looking to find their nearest Women's Health Centre, our website <u>www.whnsw.asn.au</u> has an information page on each Women's Health Centre in NSW outlining their contact details and range of service provision.

Contact phone numbers for each Women's Health Centre can also be found on the last page of this report.

'The WHC's (Women's Health Centres) and the non-government sector more broadly, offer unique value to consumers, practitioners, and the NSW health system. The centres are providing a multitude of primary health and wellbeing services to a cohort of women who may have otherwise only received care and support via the acute system. Many of the services offered by the centres are underpinned by clinical guidelines or other forms of evidence, and all centres align with women's preferences for care. Centre staff work collaboratively with other organisations to ensure maximum reach and impact within their current funding arrangements. and therefore represent good value to funding bodies, including NSW Health.'

Mapping of NSW Women's Health Centres Report, Urbis 2017

## from the CEO

The 2019-2020 financial year, will be a year in NSW history not only for ferocious bush fires and deadly pandemics but also for women and healthcare because we participated in the changing of legal history. Abortion in NSW has been removed from the crimes act and the *Abortion Law Reform Act 2019 NSW* was enacted on the 2<sup>nd</sup> October 2019, providing structure and assurance to the community and the healthcare systems across NSW.

The Act ensures abortion in NSW is treated as a health issue rather than a criminal issue, and:

- establishes a health centred approach for abortion
- supports a woman's right to health, including reproductive health and autonomy
- provides clarity and safety for health practitioners providing abortions.

Women's Health NSW (WHNSW) Strategic Plan consists of three components; Priority women's health issues; NGO women's health sector capacity building and programs; Governance and Performance.

We continue to achieve our primary objectives in all three areas mainly through good planning and resource allocation; prioritising strategies; good partnerships and collaboration coupled with a Board that has responsibility for both corporate governance and strategic direction. We currently have one sub-committee: WHNSW Database (data capacity building and functionality).

In relation to the priority women's health issues, we have continued to focus on violence against women, abortion decriminalisation and access and women's heart health pathways. In addition, WHNSW presented submissions in relation to the *Religious Discrimination Bill* 2019 and the *Federal Parliamentary Inquiry into Family*, *Domestic & Sexual Violence* and, collaborated with Family Planning NSW and RANZCOG to develop and present to multiple stakeholders, a comprehensive discussion paper on *Abortion Access NSW* and, we have forged a new relationship with the Cancer Institute NSW to present a joint forum on *women centred care* to improve cancer outcomes for women in NSW.

We have worked successfully with MOH to focus on **Partnerships for Health** through participation in the MOH NGO Advisory Committee which saw the development of the NGOAC Strategic Plan 2019-2022. WHNSW elected to work on Priority 2. Client Reported Outcomes. To this end WHNSW has chaired the NGO working group to implement the strategy work plan. Women's Health NSW endorses the 'Uluru Statement From the Heart' to call for the establishment of a 'First Nations Voice' in the Australian Constitution and a 'Makarrata Commission' to supervise a process of 'agreement-making' and 'truthtelling' between governments and Aboriginal and Torres Strait Islander peoples.

We also worked with the MOH to develop and complete the NSW Health Women's Health Framework and the Women's Health Centres Performance Indicators Specifications and Performance Indicator Set.

We participate in a range of government and nongovernment initiatives such as NSW FGM Education Program, NSW Women's Alliance VAW, along with providing NSW Women's Health Centres with advice, support and knowledge regarding a variety of policy and program developments, governance and operational support (see pages 10-12 for full listing).

COVID-19 has affected how everyone does business. NSW MOH moved very quickly to adapt and provide leadership, guidance, support and information which in turn supported the NSW Health funded NGO sectors to adapt and support each sector according to their need. WHNSW Manager Forums were scheduled weekly using digital platforms.

All women's health centres applied their knowledge, skills, networks, authority and empowerment to adapt programs and to do what was required to mitigate COVID-19 and provide essential community services. We screened, cleaned, moved and restructured service provision to triage, telehealth, telephone counselling and essential community support working from home or prioritised allocated centre space.

Centres were able to shift to community support services to address isolation, violence, anxiety and other mental health problems and to support food security services.

Contingency Plans, COVID-19 Safe Plans, Working from Home Policies, adjusted supervision and debriefing supports, adjusted job descriptions and work plans – all identified, developed and shared across the sector.

All face to face group work, networks, professional training, meetings in general, HR and governance has been shifted to digital platforms.

All budgets needed to adapt to accommodate increased work health and safety, communication pathways, equipment and software enhancement.

Transition planning has been in slow motion as Victoria and NSW manage Victoria's COVID outbreak but, the foundation of crucial safety in all planning is well and truly laid. Only two centres were required to close, clean, test and contact trace between March – June 2020. No staff member across the women's health sector has tested positive for COVID-19.

For WHNSW, projects that rely on direct service provision have been on hold. The Women's Heart Health Assessment Tool Evaluation Program has been extended to June 2021. NGO Advisory Committee work on health outcome measures assessment and analysis remains on hold. Other projects like the WHNSW Database Program require more time as all communication and consultation must go through multiple digital pathways to be inclusive and, COVID-19 has changed how everyone does business. During the year we have continued to work with the women's health sector to identify capacity building opportunities, accreditation strategies, researching evidence-based practice, program accountability and data. We continued to manage our ongoing programs; **Women's Health NSW Database** (page 8) and the **Women's Health State-wide Education Program** (page 8).

Once again, through the collation of sector service data, WHNSW can demonstrate the **service provision and demographics** of service users across the sector (see pages 13-16). Together, women's health centres provided more than 125,118 occasions of service incorporating more than 217,927 presenting health issues.

Work over the year has extended partnerships and improved policy, procedure and access to **services for women and vulnerable communities** across NSW. Despite COVID-19 2019/20 has been a productive year that has influenced the work ahead by identifying strategic directions that will make a difference.

We look forward to continuing partnerships, involvement in the improvement of public policy and practice and a continued unpacking of **gender equity and equality**.

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Denele Crozier, AM



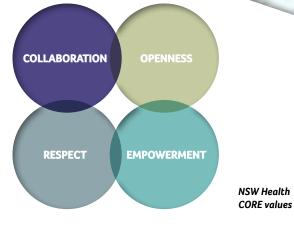
Abortion Law Reform Act 2019 NSW has passed. NSW Parliament Steps 26 September 2019

Front Row: Mary O'Sullivan WEL, Denele Crozier WHNSW, Ann Brassil FPNSW, Amanda Keeling WEL Back Row: Josefa Sobski WEL, Edwina MacDonald HRLC, Sinead Canning NSW Pro Choice Alliance

### our principles

Women's Health NSW works to the NSW State Health Plan: *Towards 2021 CORE values of Collaboration, Openness, Respect and Empowerment* which resonate with the WHNSW Principles of Women's Health Care endorsed in 1982 and outlined below:

- Social justice and an understanding of a gendered approach to health care and policy
- Health is determined by a broad range of social, environmental, economic and biological factors
- Differences in health status are linked to gender, age, socio-economic status, ethnicity, disability, location, environment, gender inequality and discrimination
- Health promotion, disease prevention, equity of access to appropriate and affordable services and strengthening the primary health care system are necessary along with high quality illness treatment services
- Information, consultation, advocacy and community empowerment are important elements of the health process
- Dignity, privacy, informed consent, confidentiality and safety
- Informed decision making about health care requires accessible and appropriately targeted information for socio-economic and cultural groups
- Health care is both evidence-based and values women's own knowledge and experience
- Equity and accessibility



- Effective community management
- Links women's individual experience and health needs to the social and cultural context of women's lives
- Empowers women
- Challenges sex-role stereotyping, gender discrimination, racism and homophobia which affect health and well-being
- Increase the accessibility, sensitivity and acceptability of health services for women
- Relates to identified health priorities at the local and state level.

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## strategic priorities

Women's Health NSW will be proactive on priority issues relevant to women's health:

Advocacy for improved outcomes for women

1

2

3

Networking and research

Reorienting the health system

Increase the capacity of the women's health sector to respond to women's health and wellbeing:

Good governance

6

Troining and double

internet and development

Women's health priority issues



## strategic activities

#### Data and Evaluation Systems

Evaluating the social model of health in service delivery requires a comprehensive approach to statistical data collection. WHNSW developed the WHNSW Database using a Microsoft Access software program as an integrated client management and statistical collection system. The database enables women's health centres to collect consistent information on service delivery and demographics, which can be collated to form a state-wide picture.

Eighteen (18) Women's Health Centres use the WHNSW Women's Health Database. Other centres such as Waminda and Rape and Domestic Violence Services Australia use separate purpose-built databases designed to reflect their specific requirements.

These centres forward their service data for inclusion in our collated reports.

During 2019/2020 WHNSW reviewed and analysed all reference tables and the functionality of the database with a view to upgrade and stabilise the platform, better reflect the work of the women's health centres and align with the NSW Women's Health Framework priorities.

For more information from the WHNSW Database see pages 13-16.

When it comes to databases – there is always an answer – finding the question is the issue....

#### Partnerships

During 2019/2020 WHNSW participated in government and non-government committees and working groups including:

- Australian Women's Health Network
- NSW FGM Education Program
- MOH NGO Advisory Committee
- LHD/MOH Women's Health Network
- NSW Women's Alliance VAW
- NCOSS Health Equity Alliance
- Wirringa (nee Brewarrina) First Nations Women's Health Working Group
- Domestic Violence NSW Board
- Women's Legal Service NSW Board
- Abortion Law Reform NSW
- Heart Foundation Australia Heart Health Pathways
   For Women
- Cancer Institute NSW Multicultural Cancer Summit

#### **COVID-19 Mitigation Strategies**

- Weekly Women's Health NSW Managers Forums zoom platform
- Fortnightly Ministry of Health (MOH) Community of Practice NGOs link – skype platform
- Weekly Department of Communities & Justice (DCJ) Violence Against Women Sector - phone link

See list COVID-19 Communiques on page 10

#### Other projects, consultations and forums

- Collaboration on Primary Prevention of Violence
- NSW Legal Aid Peaks Group
- Women Suicide Prevention Program
- WHNSW Practice Exchange Program: Domestic and Family Violence. Six-month program with six women's health centres. Coates & Wade
- Keeping Women Out of Prison Forum
- Trauma Informed Practice Working Group, Women's Legal Service NSW
- Voices for Change Advisory Committee
- Violence Against Women Consultation
- MESH Injured Women Consultation
- Firmer Foundations Program Evaluation

#### Professional Development

In 2019/20 WHNSW continued with a focus on professional development programs, by organising two sector meetings between July 2019 and March 2020 followed by weekly Manager Phone/Zoom Forums.

#### Presentations

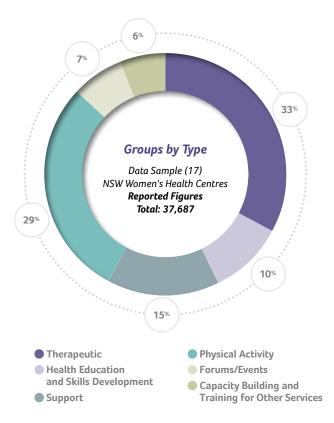
- White Ribbon Australia, Priorities and Programs, Liam Dooley Community Programs & Laura MacLean, Public Affairs
- Commissioning Community Support Services for Victims & Survivors of Sexual Assault, Summer Chan, Coordinator, Carla Clement, Senior Policy & Projects Officer, Melissa Chow Policy & Project Officer
- AQP Consultancy, Assessments, Quality Performance, Tamara Stojanovic
- Sexual, Domestic & Family Violence Trauma Recovery & Research Centre, Sally Stevenson, General Manager, Illawarra Women's Health Centre
- Economic Well Being, Emma Creasy Wagga Women's Health Centre

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- Australian Longitudinal Study on Women's Health, Professor Deborah Loxton, University of Newcastle
- Educating Consent & Restorative Justice, Adair Donaldson & Jacqueline Townsend, Donaldson Law
- Health Literacy, Kate Saint, Manager, Hunter Women's Centre

#### Briefings

- Heart Health Pathways for Women Tool Kit, Denele Crozier, Women Health NSW
- Abortion Decriminalisation NSW, Sinead Canning, Women's Electoral Lobby
- Victims Support Packages, Victim Services Legal Aid NSW, Natalie Tolley, Manager and Shae Greenwood, A/ Coordinator, Approved Counselling Program
- Independent Nurse Practitioner MBS Review, Denele Crozier, Women's Health NSW





## women's health nsw outcomes

## **Goal:** Be proactive on priority issues relevant to women's health

- FGM Education Unit Strategic Direction
- NSW Social Issues Committee, Reproductive Health Care Reform Bill 2019 Inquiry Witness
- DV High Risk Offender Team, NSW Police
- Family Court Merger, Submission Endorsement
- Consent in relation to Sexual Offences, NSW Law Reform Commissions Draft Proposals, Submission Endorsement

## **Goal:** Increase the capacity of women's health sector to respond to women's health and wellbeing

Sector capacity building training is listed under the **Professional Development** section on page 8

WHNSW manages an e-list system designed to keep centres informed of issues such as new resources, education, sponsorship and grant opportunities, research initiatives, government policy announcements and changes to law or practice including:

#### Grants and scholarships (4)

- Funding to Support Multicultural Communities through COVID-19, Multicultural NSW Grants Program, NSW Government
- Grants for Perinatal Depression & Anxiety Awareness
   Week, WayAhead Mental Health Association NSW
- Agricultural Trade and Market Access Cooperation (ATMAC) Program 2020, Community Grants Hub
- Safe Places Emergency Accommodation Capital Grant, Department of Social Services

#### Communiques (11)

- Bra Gifting Day, Support The Girls Australia
- Abortion Law Reform, NSW Pro Alliance
- Competent Person Legislation, Evidence for DV Victims-Survivors Renting in NSW, Women's Legal Service NSW
- Validated Evaluation Tools in use in NGOs, MOH NGO Advisory Committee
- SACS-ERO Payments, ASU
- NSW Legal Aid, Women's Domestic Violence Court Advocacy Program (WDVCAP) Tender Process
- NSW Education Program on Female Genital Mutilation / Cutting (FGM/C), NSW Health
- Reports of Sexual Assault to Police, RDVSA

- Commissioner of Victims' Rights Statutory Review of the Victims Rights and Support Act, Women's Legal Service NSW
- Speak Out Campaign DFV Posters and Plan, Department of Communities and Justice
- Extending access to IUD insertion (MBS item 35503) to appropriately trained and credentialed Registered Nurses, WHNSW

#### COVID - 19 Communiques (15)

- COVID-19 Translated Resources for CALD
   Communities, Multicultural Centre for Women's Health
- NCOSS Work Regarding COVID-19, NCOSS
- · How to Explain COVID-19 to Kids
- · Categories of PPE Masks and scope of application
- Court Procedures and Legal Aid NSW COVID-19 Update, Women's Safety NSW
- COVID-19: SWCC Service Update, Sydney Women's Counselling Centre
- Media Release on Law Amendments on Emergency Measures During COVID-19, NSW Government
- Fact Sheet Violence, Abuse and Neglect (VAN) and COVID-19, NSW Ministry of Health
- e-safety Commission Resources COVID 19 and Online Safety
- Chief Magistrate OPERATIONAL ARRANGEMENTS DURING COVID-19', NSW Government
- Emergency Briefing: Supporting Women, Children, Young and LGBTIQ People Experiencing Sexual, Domestic and Family Violence During the COVID-19 Crisis, NSW Women's Alliance
- Effects of COVID-19 of global Reproductive Health, Guttmacher Institute
- Top Ten Guide for Separated Parents during Covid-19, Law Council of Australia
- Aboriginal Health COVID-19 resources developed by the Ministry of Health's Centre for Aboriginal Health
- COVID-19 Resources for Health Professionals, Aboriginal Health and Medical Research Council

#### **External Training Conference Forums Seminars (13)**

- Sexual, Domestic and Family Violence and the Law;
   Women and Family Law, Women's Legal Service NSW
- Women's Experiences of Complex Trauma, Western Sydney University
- Understanding and Responding to Complex Trauma: Making Visible the Invisible, R&DVSA

- International Federation of Settlements Conference 2020, International Federation of Settlements and Neighbourhood Centres Network
- Seminar Series 2020: Eggshell Skull, Women's Legal Service NSW
- Introduction to Vicarious Trauma (online learning), Rape and Domestic Violence Services Australia (RDVSA)
- WHNSW Women's Health Training Program Modules and Readings, WHNSW
- Supporting Community Affected by Bushfires Webinar, Australian Red Cross Disaster Recovery Advisors and Mentors Australia (DRAMA)
- Firmer Foundations' Financial Coaching Training Program for Workers, Good Shepherd Australia
- ABC's "Truth Telling" a film by Waminda South Coast Women's Health & Welfare Aboriginal Corp
- Free Webinar Training for Practitioner Delivering Online Counselling, Zoom
- Free Live Demo, Zoom

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 How to Provide Counselling and Psychotherapy Using Online Technologies, Psychotherapy & Counselling Federation of Australia Inc

## **Goal:** Enhance WHNSW governance and performance to achieve its aims and objectives

- WHNSW has focused on an analysis of current policy and practice against the Australian Standards of Excellence (ASES) with a view to complete a an external review to be conducted by by QIP in October 2020
- 89% of Board positions were filled with new Managers in the sector, one metropolitan position remains to be filled at the next AGM
- Strategic Planning and Evaluation processes were maintained. Stakeholders were involved in development cycles.
- WHNSW Financial Audit was unqualified.

#### Research, Consultations Surveys (7)

- Women's Recovery from Gendered Violence Survey, Women's Health Queensland
- Primary healthcare providers' attitudes and beliefs about the menopause-related care needs of women who have migrated from low- and middle-income countries to Australia, Australian Journal of Primary Health 26(1): 88-94 <u>https://doi.org/10.1071/PY19132</u>
- WHNSW Heart Health Pathways for Women Project

   Testing CVD screening tools developed for women
   in primary health care settings, WHNSW and The
   Australian Heart Foundation





- Lesbian, Gay, Bisexual, Transgender, and Intersex (LGBTI) Health Strategy Survey, NSW Ministry of Health
- Survey of People on Temporary Visas Experiencing Sexual, Domestic and Family Violence, Domestic Violence NSW
- Invitation to participate in Research into Police Wearing Body Worn Cameras, Women's Safety NSW
- Aboriginal Specialist Workers Report, Women's Safety NSW

#### **Publications Reports Resources (4)**

- NSW Women's Health Framework, NSW Health
- Young, Willing and Able: Youth Survey Disability Report 2019, Mission Australia
- Staying Mentally Well During Uncertain Times, Dr Kristine Kafer BSc (Hons), PhD, MAPS
- Resources Telehealth Options and Policies for Women's Health Centres and Domestic Violence Services, Hunter Women's Centre

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### 1.1% 0.6% 9% 0.1% 1.4% Presenting Issue Violence/Abuse 2019/20 Data (17) NSW Women's Health Centres Reported Figures Total: 29,953

### **reducing** violence against women

The work of the NGO women's health centres in violence prevention and service provision are an essential part of the NSW primary integrated health care system. From safety planning, medical services, specialist trauma counselling and therapeutic resilience work, legal and financial information, case management, court support, grief and loss counselling, parenting skills, to name but a few current services. The women's health centres are a vital partner to enhance health, safety and well-being outcomes for women who have experienced violence.



42.3%

- Violence Adult CSA
- Violence Adult Sexual Assault

2.6%

3.1%

- Violence Child CSA
   Violence Children
- Violence Ritual Abuse
   Violence Systemic Abuse
   Violence Trauma/Torture

Violence – DFV

Violence – Other

This graph includes NSW service statistics from Rape & Domestic Violence Services Australia (RDVSA) representing (10,620) of category 'Adult Sexual Assault'. Removing these statistics from RDVSA changes the sector total to 19,333 including: Adult Child Sexual Assault 14%; Adult Sexual Assault 7%; Domestic Violence 65%.



Physical/Medical	Breast	Addiction
Acute Pain	Breast cancer	Addiction - recovery
Allergies	Breast cancer metastases	Alcohol
Arthritis	Breast – diagnostic	Amphetamines
Cardiovascular (Heart and blood)	Breast feeding	Cannabis
Chronic fatigue syndrome	Breast implants	Cocaine
Chronic pain	Breast lumps	Gambling
Dental	Breast – other	Hallucinogens and party drugs
Dermatological	Breast screening/examination	Opiates
Digestion	Breast surgery	Drug abuse – other
Endocrine/hormonal – diabetes	Lymphoedema	Poly drug abuse
Ears/nose/throat	Gynaecological/Urogenital	Prescription medication abuse
Endocrine/hormonal – other	Endometriosis	Tobacco smoking (Nicotine)
Faecal incontinence	Cervical cancer	Legal/Financial
Gastrointestinal	Circumcision/Female genital mutilation	Adoption
Haematology	Gynaecological – General	Employment
Headache	(E.g. fibroids, cysts, polyps)	Financial problems
Health – Other	Hormone replacement therapy	Homelessness
Hepatitis C		Housing
Herbal/homeopathic mediation	Hysterectomy Menopause	Legal issues – child custody
HIV/AIDS	Menstruation	
		Legal issues – divorce
Immunology	Ovarian cancer	Legal issues – family law
Injury – acute	Pap/cervical screening	Legal issues – other
Injury – chronic	Pelvic floor dysfunction	Legal issues – victims' compensation
Injury – repetitive strain/tendonitis	Polycystic ovarian syndrome	Legal issues – AVO
Injury – physical other	Premenstrual syndrome	Poverty
Medication	Thrush	Emotional/Mental health
Musculoskeletal - other	Urinary (Kidney/Bladder) – other	Anger
Neurological – other	Urinary incontinence	Anxiety/panic disorders
Nutrition	Urinary tract infections	Stress
Oncology/cancer – other	Vulva-vaginal – other	Depression
(Not breast or cervical)	Reproductive	Grief/loss
Osteoporosis	Artificial insemination	Mental health
Pathology and other tests	Infertility	Body image (Not eating disorder)
Physical fitness	IVF	Disordered eating
Pre/post-surgery	Miscarriage	Selfesteem
Pulmonary/lung/respiratory	Pregnancy test	Suicide
Sciatica	Contraception – emergency	Trauma – emotional
Sexually Transmitted Infection	Contraception – general	Self-harm
Sight/vision/eyes	Pregnancy – antenatal/prenatal care	Post-natal depression
Sleep issues	Pregnancy – ectopic	Social/cultural
Tiredness/fatigue	Pregnancy – gestational diabetes	Cultural concerns
Weight management	Pregnancy – other	Discrimination
Relationships	Postnatal check ups	Loneliness/isolation
Childhood issues	Pregnancy – options	Migration
Family issues	Pregnancy – post termination	Racism
Impacted addiction	Pregnancy – termination	Systemic racism – Indigenous
Impacted health – mental	Violence/Abuse	Systemic racism – immigrant/refugee
Impacted health – physical	Sexual harassment	Sexual discrimination
Impacted identity	Adult CSA	Sexual identity
Impacted other	Adult Sexual Assault	Other
	Child CSA	Access and advocacy
		- 5

Carers issues

Emergency/crisis

Disability – management of

Complaint

Other

Violence – children

Violence – DFV

Violence – other

Systemic abuse

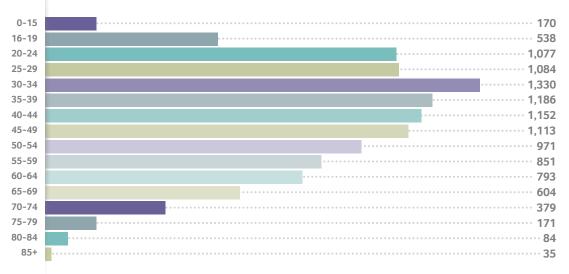
Trauma/torture

Ritual abuse

15

#### **Client by Age Range**

2019/20 Data Sample (19) Women's Health Centres Reported Figures Total: 11,538



#### **Client Financial Status**

2019/20 Data Sample (18) Women's Health Centres Reported Figures Total: 9,292

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	• • • • • • • • • • • • • • • • • • • •			778
		• • • • • • • • • • • • • • • • • • • •		1261
	••••			1117
	• • • • • • • •			1018
				<sup>•</sup> 3,496
	• • • • • • • • • • • • •			910
				515

Employed: Type Not Specified Employed: Casual Employed: Full Time Employed: Part Time Student Pension/Benefit No Personal Income Other Income

#### **Client Ethnicity**

2019/20 Data Sample (19) NSW Women's Health Centres Reported Figures Total: 8,104

Arab Australian ATSI British Caribbean Islander **Central and West African Central Asian Central American Chinese Asian** Eastern Euopean Irish Jewish Mainland SE Asian Maritime SE Asian Melanesian and Papuan New Zealand North American Northern European **Other North African and Mid Eastern Other North East Asian** Polynesian South American South Eastern European Southern and East African Southern Asian Southern European Western European

6	
	3,341
)	1,917
h	288
r	2
n	
n	
n	6
n	127
n	79
h	43
h	
	242
	97
	57
d	91
n	20
n	9
n	525
n	24
n	60
n	83
n	169
n	43
n	333
n	208
	86

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## organisation & structure

Women's Health NSW Inc is managed by an elected Board of Management comprising eight members representing rural, metropolitan, outer-metropolitan and special purpose services across NSW, and the Chief Executive Officer.

#### Board of Management 2019/20

Category	Name	Organisation	Position
Specialist Service	Margherita Basile	Sydney Women's Counselling Centre	Chair
Metropolitan	Mariam Mourad	Bankstown WHC	Director
Metropolitan	Jhan Leach	Blacktown W&GHC	Retired Nov 2019
Rural	Sally Stevenson	Illawarra WHC	Director
Rural	Gail Meyer	Wagga WHC	Director
Outer Metropolitan	Jane Gold	Penrith WHC	Treasurer
Outer Metropolitan	Sarala Porter	Blue Mountains WHC	Director
General	Sally Jope	Central Coast WHC	Retired Nov 2019
General	Theresa Mason	Central Coast WHC	Director
Chief Executive Officer	Denele Crozier	WHNSW	Director

#### Our Employees (1.9 FTE)

Name	Position
Ongoing & fixed term	
Denele Crozier	Chief Executive Officer
Kim Blattner	Administration Officer
Jac Schroeder	Research Officer
Tracey Kennedy	Finance Officer
Our Committees	
WHNSW Database	Margherita Basile, Denele Crozier, Theresa Mason, Anne Baker, Sue Ilievski
Research Reference Group	Margherita Basile, Toni Schofield, Sally Stevenson, Denele Crozier
First Nations Wirringar Indigenous Women's Centre (Brewarrina)	Aunty Grace Gordon, Toni Schofield, Denele Crozier
Heart Health Pathways	Annie Flint, Debra Pittam, Denele Crozier
Contract	
Access Data Systems	Scott Dovey, WHNSW Database
Not Just Networks Pty Ltd	WHNSW IT Systems
Colleen Keith Design	Colleen Keith, Publications and Brochures
Minmoko	Web Design & Management

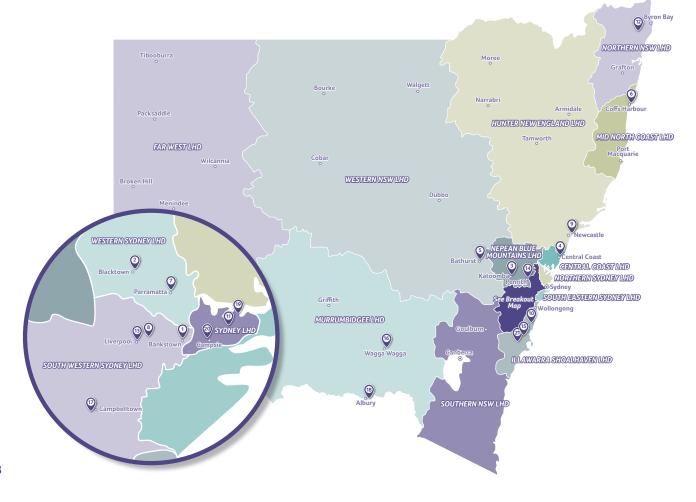
## financial report

Audited Financial Accounts for the 2019/2020 Financial Year are tabled at the AGM. Women's Health NSW continues to operate to budget and asserts that there are reasonable grounds to believe it will be able to pay its debts if and when they fall due.

Women's Health NSW has a strong finance team coupled with good financial systems and projected budgets for the year ahead.

Statement of Income and Expenditure	2019/2020 \$	2018/2019 \$
Income		
NSW Ministry of Health	236,700	228,500
Training/Interest/Other	85,975	75,006
Small Grants	5,481	-
Income Brought Forward	12,819	12,819
Total Income	328,156	316,325
Expenditure		
Wages and On Costs	211,997	203,878
Operational Expenses	65,700	64,699
Sector Development and Training	8,235	8,392
Sector Programs & Resource Development	30,152	31,472
IT & Equipment	7,428	7,456
Total Expenditure	323,51	315,897
Operating Surplus/(Deficit)	4,644	428
Total Equity	9,976	5,332

For a full set of accounts, please contact admin@whnsw.asn.au



### women's health services in nsw

#### Women's Health Centres

- Blacktown Women's and Girls Health Centre womensandgirls.org.au
   Telephone: 9831 2070
   f
- Blue Mountains Women's Health and Resource Centre bmwhrc.org Telephone: 4782 5133
- 5. Central West Women's Health Centre cwwhc.org.au Telephone: 6331 4133
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- 6. Coffs Harbour Women's Health Centre genhealth.org.au Telephone: 6652 8111
   f
- Cumberland Women's Health Centre cwhc.org.au Telephone: 9689 3044
   Telephone: 9689 3044
- 9. Hunter Women's Centre hwc.org.au Telephone: 4968 2511
  f
- **10. Illawarra Women's Health Centre** womenshealthcentre.com.au Telephone: 4255 6800

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11. Leichhardt Women's Community Health Centre lwchc.org.au Telephone: 9560 3011

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- 12. Lismore & District Women's Health Centre Inc lismorewomen.org.au Telephone: 6621 9800
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- 13. Liverpool Women's Health Centre liverpoolwomenshealth.org.au Telephone: 9601 3555
  ↑ ♥
- 14. Penrith Women's Health Centre penrithwomenshealthcentre.com.au Telephone: 4721 8749
- 15. Shoalhaven Women's Health Centre shoalhavenwomenshealthcentre.org.au Telephone: 4421 0730

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- Hagga Women's Health Centre waggawomen.org.au Telephone: 6921 3333
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- 17. WILMA Women's Health Centre Campbelltown wilma.org.au
  Telephone: 4627 2955
  Telephone: 4627 2955
- 18. Women's Centre for Health
   & Wellbeing Albury Wodonga
   womenscentre.org.au
   Telephone: 6041 1977

#### **Special Purpose Services**

- 19. Rape & Domestic Violence Services Australia rape-dvservices.org.au Telephone: 8585 0333
  Image: Comparison of the service of the servic
- 20. Sydney Women's Counselling Centre womenscounselling.com.au Telephone: 9718 1955
   f
- 21. Waminda South Coast Women's Health and Welfare Aboriginal Corporation waminda.org.au Telephone: 4421 7400





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