



**annual report**  
**2017/18**

**whnsw peak body for 21  
non-government women's  
health centres in NSW**

*Funded by the NSW Ministry of Health*

## contents

◦ About Us	3
◦ Our Principles	4
◦ From the CEO	5
◦ Strategic Priorities	6
◦ Reducing Violence Against Women	7
◦ Strategic Activities	8
◦ WHNSW Outcomes	10
◦ Women's Health Sector Collated Data	14
◦ Organisation and Structure	17
◦ Financial Report	18
◦ Women's Health Centres	19



### *our vision*

*All women and girls  
are empowered to reach  
their potential within  
a safe and healthy  
environment.*



### *our mission*

*To ensure that women's  
health care is delivered  
in a gender appropriate,  
affordable and  
accessible way to  
meet the health needs  
of women.*

## about us

Women's Health NSW is the peak body for 21 non-government community based women's health centres in New South Wales.

We are proactive on priority issues relevant to women's health, advocating for improved health outcomes. We promote a coordinated approach to policy and planning, staff professional development and consultation between member services, NSW Ministry of Health and other government and non-government agencies.

Members include 17 women's health centres providing multidisciplinary, primary health care focusing on wellness, prevention, early intervention, immediate and ongoing care including physical health/activity, chronic illness, emotional & mental health, reproductive and sexual health and the health effects of violence against women. Four special purpose services: Waminda with a focus on culturally tailored programs for Aboriginal women, Fairfield Women's Health Service providing health and well-being services to refugee and immigrant women, Sydney Women's Counselling Centre with trauma specialised counselling and Rape & Domestic Violence Services Australia. Throughout the network, service provision is influenced by the identified needs of local communities and the shared aim of improving the health of women, with a focus on women experiencing disadvantage.

Strategies incorporated by Women's Health Centres include preventative health care, community education and development, advocacy and empowerment; providing women with knowledge, skills and resources to enable them to take more responsibility over factors that may adversely affect their lives.

All centres work within the social model of health framework which acknowledges the physical, emotional and mental aspects of health as well as the broader social, cultural and economic factors that impact on women's wellbeing and ability to access services.

The Women's Health NSW website outlines our structure, aim, history and philosophy along with resources and annual reporting.

For anyone looking to find their nearest Women's Health Centre, our website [www.whnsw.asn.au](http://www.whnsw.asn.au) has an information page on each Women's Health Centre in NSW outlining their contact details and range of service provision.

Contact phone numbers for each Women's Health Centre can also be found on the last page of this report.

*'The WHC's (Women's Health Centres) and the non-government sector more broadly, offer unique value to consumers, practitioners, and the NSW health system. The centres are providing a multitude of primary health and wellbeing services to a cohort of women who may have otherwise only received care and support via the acute system. Many of the services offered by the centres are underpinned by clinical guidelines or other forms of evidence, and all centres align with women's preferences for care. Centre staff work collaboratively with other organisations to ensure maximum reach and impact within their current funding arrangements, and therefore represent good value to funding bodies, including NSW Health.'*

**Mapping of NSW Women's Health Centres Report, Urbis 2017**

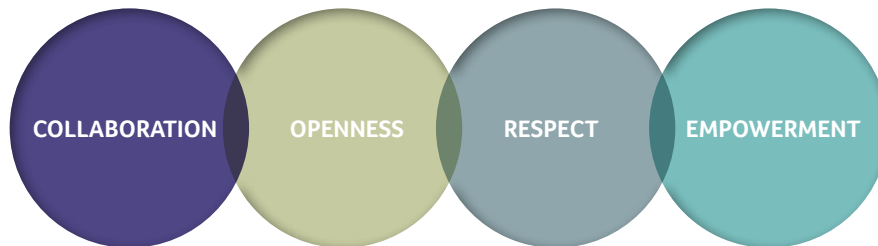




## our principles

Women's Health NSW works to the NSW State Health Plan: Towards 2021 CORE values of Collaboration, Openness, Respect and Empowerment which resonate with the WHNSW Principles of Women's Health Care endorsed in 1982 and outlined below:

- Social justice and an understanding of a gendered approach to health care and policy
- Health is determined by a broad range of social, environmental, economic and biological factors
- Differences in health status are linked to gender, age, socio-economic status, ethnicity, disability, location environment, gender inequality and discrimination
- Health promotion, disease prevention, equity of access to appropriate and affordable services and strengthening the primary health care system are necessary along with high quality illness treatment services
- Information, consultation, advocacy and community empowerment are important elements of the health process
- Dignity, privacy, informed consent, confidentiality and safety
- Informed decision making about health care requires accessible and appropriately targeted information for socio-economic and cultural groups
- Health care is both evidence-based and values women's own knowledge and experience
- Equity and accessibility
- Effective community management
- Links women's individual experience and health needs to the social and cultural context of women's lives
- Empowers women
- Challenges sex-role stereotyping, gender discrimination, racism and homophobia which affect health and well-being
- Increase the accessibility, sensitivity and acceptability of health services for women
- Relates to identified health priorities at the local and state level.



NSW Health CORE values



## from the CEO

While the community in Australia continues a dialogue to understand and address violence against women, government, non-government and private organisations continue to work behind the scenes to improve service capacity and knowledge. Two emerging issues, **Reproductive Coercion** and **Acquired Brain Injury** will further inform the health care systems and new service pathways will be developed. We are delighted issues that affect women's health outcomes are receiving additional attention and reported in media; **Endometriosis**, **MESH Injured Women** (transvaginal mesh implants) and **Safety Access Zones** around Reproductive Health Clinics. All these issues have had an enormous effect on women's lives, health and wellbeing. Appropriate accessible care remains a high priority.

In 2017/18 WHNSW continued its collaborative work with NSW Ministry of Health (MOH) Health & Social Policy Branch and NSW Health peak organisations as part of the MOH NGO Advisory Committee. Following the Urbis Pty Limited (Urbis) Mapping of NSW Women's Health Centres Report, the Priority Programs Unit, Health & Social Policy Branch, established a working group to develop and implement mechanisms for more Meaningful Outcome Reporting for women's health centres and, WHNSW reported on the prevalence of Clinical Governance Policy & Procedures in women's health centres. Both projects are designed to inform and enhance service practice.

During the year we have continued to work with the women's health sector to identify capacity building opportunities, accreditation strategies, researching evidence based practice, program accountability and data.

Our work with the NSW Women's Alliance: Sexual, Domestic & Family Violence continues to be important. The NSW Women's Alliance brings together a range of agencies with a variety of expertise, knowledge and experience in responding to and working to prevent violence against women and to improve public policy and practice.

WHNSW has begun a working partnership with the Heart Foundation and the Australian Women's Health Network to identify programs that can improve women's access to heart health programs.

*Women's Health NSW endorses the 'Uluru Statement From the Heart' to call for the establishment of a 'First Nations Voice' in the Australian Constitution and a 'Makarrata Commission' to supervise a process of 'agreement-making' and 'truth-telling' between governments and Aboriginal and Torres Strait Islander peoples.*

During the year we continued to manage our ongoing programs; Women's Health NSW Database (page 8) and the Women's Health State-wide Meetings and Education Program (page 9).

Once again, through the collation of sector service data, WHNSW is able to demonstrate the service provision and demographics of service users across the sector (see pages 14-16). Together, women's health centres provided more than 110,007 occasions of service incorporating more than 207,791 presenting health issues.

Work over the year has extended partnerships and improved policy, procedure and access to services for women and vulnerable communities across NSW. 2017/18 has been a productive year that has influenced the work ahead by identifying strategic directions that will make a difference.

We look forward to continuing partnerships, involvement in the improvement of public policy and practice and a continued unpacking of gender inequity.



Denele Crozier, AM





## *strategic priorities*

*Women's Health NSW will be proactive on priority issues relevant to women's health:*

- 1** *Advocacy for improved outcomes for women*
- 2** *Networking and research*
- 3** *Reorienting the health system*

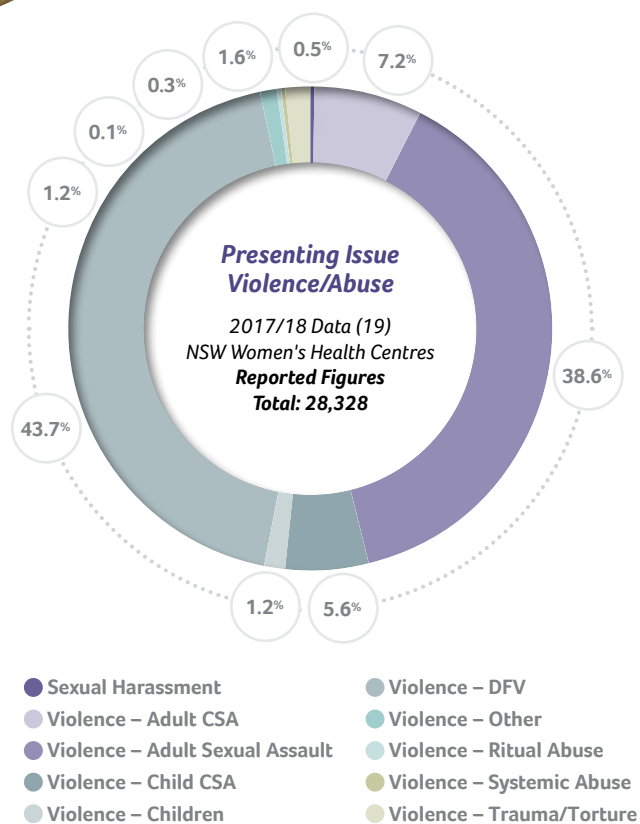
*Increase the capacity of the women's health sector to respond to women's health and wellbeing:*

- 4** *Good governance*
- 5** *Training and development*
- 6** *Women's health priority issues*

## reducing violence against women

The work of the NGO women's health centres in violence prevention and service provision are an essential part of the NSW primary integrated health care system. From safety planning, medical services, specialist trauma counselling and therapeutic resilience work, legal and financial information, case management, court support, grief and loss counselling, parenting skills, to name but a few current services. The women's health centres are a vital partner to enhance health, safety and well-being outcomes for women who have experienced violence.

innerfocus/Shutterstock.com



This graph includes NSW service statistics from Rape & Domestic Violence Services Australia (RDVSA) representing (9,921) of category 'Adult Sexual Assault'. Removing these statistics from RDVSA changes the sector total to 18,407 including: Adult Child Sexual Assault 11%; Adult Sexual Assault 5%; Domestic Violence 67%.





## strategic activities

### Data and Evaluation Systems

Evaluating the social model of health in service delivery requires a comprehensive approach to statistical data collection. WHNSW developed the WHNSW Database using a Microsoft Access software program as an integrated client management and statistical collection system. The database enables women's health centres to collect consistent information on service delivery and demographics, which can be collated to form a state-wide picture.

Eighteen (18) Women's Health Centres use the WHNSW Women's Health Database. Other centres such as Waminda and Rape and Domestic Violence Services Australia use separate purpose-built databases to reflect their organisations' specific requirements. These centres forward their service data for inclusion in our collated reports.

During 2017/18 WHNSW and the Women's Health Centres consolidated use of Version 3 of the WHNSW Database. There remains limited take up of pivot table reporting so we are developing training webinars. This will enable increased reporting capacity to include cross referencing all data against client demographics and, enable the sector to compile comprehensive reports for accountability and evaluation and to reflect and demonstrate the needs of the women utilising the services. We are also, once again, reviewing the possibility of a web based program.

*For more information on the WHNSW Database see pages 14-16.*

### Partnerships

During 2017/18 we participated in government and non-government committees and working groups including:

- NSW Ministry of Health (MOH), NGO Advisory Committee
- Australian Women's Health Network (AWHN)
- NSW Health Women's Health Program Quarterly Meeting
- NSW Female Genital Mutilation (FGM) Education Program Advisory Committee
- NSW Women's Alliance Sexual Violence/ Domestic & Family Violence
- Domestic Violence NSW
- Miranda Project, Keeping Women Out of Custody
- Women's Legal Service NSW
- NCOSS Health Equity Alliance
- Heart Foundation, Women's Heart Health Pathways
- NSW MOH, Women's Health Framework

Other projects, consultations and forums

- Women NSW, Sexual Assault Expert Group, NSW Sexual Assault Strategy
- Human Rights Law Centre, Women's Reproductive Rights
- Women's Legal Service NSW, Trauma Informed Practice
- NCOSS, Women and Equity
- NSW MOH, Integrated Care Strategy
- Our Watch, Walkley Media Awards
- Domestic Violence NSW, Voices For Change
- Brain Injury Australia, Acquired Brain Injury and Domestic Violence
- NSW Ministerial Roundtable, NGO Registration Structures and Evidence Based Practice
- Department Premier & Cabinet, Social Policy Group, Evidence & Capacity
- Minister For Women, Talking Women, Health & Wellbeing Forum
- Violence Against Women Roundtable, City of Parramatta
- Children by Choice Conference, Unplanned Pregnancy & Abortion in Australia
- Health Consumers NSW, MESH Injured Women

## Professional Development

In 2017/18 WHNSW continued with a focus on professional development programs, by organising three sector meetings supported by 94 registrations from the sector.

### Training

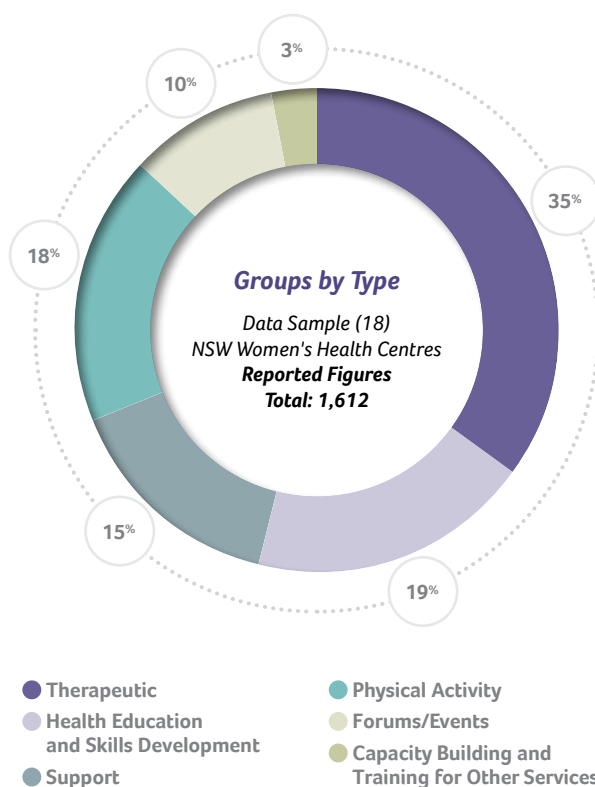
- Financial Risk – Procedures and Controls, Elizabeth Perez, Moore Stephens NSW
- Reproductive Coercion, Children By Choice Research, Presenter Denele Crozier
- Managing Conflict In the Workplace, HR Health Policy Check, Margaret Balsillie, Jobs Australia

### Presentations

- DV Project: 2650, Gail Meyer, Wagga Women's Health Centre
- Kitchen Project, Kerrie Newcombe, Bankstown Women's Health Centre
- Mapping of Women's Health Centres Project Final Report, Louise Farrell, Daphne Shakespear, NSW MOH, Caroline Tomiczek, Urbis
- Young Women's Clinic Research, Dr Miriam Brooks, Erica Want, Blue Mtns Women's Health & Resource Centre
- Violence Prevention in Central Coast, MATE & Lovebites, Danielle Habib Uniting, David Nicholls, Lovebites
- CALD DV DVD & Audio Resource Program, Xylia Ingham Central Coast WHC and Nellie Srisurapon, Northern Settlement Services

### Briefings

- Survivor Advocate Program, Moo Baulch, Domestic Violence NSW
- Advancing Women's Health Research, Jac Schroeder, Research Officer, WHNSW
- Clinical Governance, Denele Crozier, WHNSW
- Single Touch Payroll, Tony Gold, Super Choice Services
- CBA DV Project, Karen Willis, Rape & Domestic Violence Services Australia





## women's health nsw outcomes

### *Goal: Be proactive on priority issues relevant to women's health*

- FGM Education Unit Restructure
- MESH Injured Women (UG Implants)
- Domestic Violence and Acquired Brain Injury
- Family Law Amendment (Parent Management Hearings) Bill 2017
- Safe Access Zones for Reproductive Health Clinics
- Heart Health For Women
- 1800 Respect / Communication Privilege

### *Goal: Increase the capacity of women's health sector to respond to women's health and wellbeing*

Sector capacity building training is listed under the **Professional Development** section on page 9.

**WHNSW manages an e-list system** designed to keep centres informed of issues such as new resources, education, sponsorship and grant opportunities, research initiatives, government policy announcements and changes to law or practice including:

#### **Grants and scholarships (5)**

- NSW Domestic and Family Violence Innovation Fund Round 2, Women NSW
- Community Health Promotions Grants Program 2017-18, Continence Foundation of Australia
- Information, Linkages and Capacity Building (ILC) Jurisdictional Based Grants NSW, SA & ACT, Community Grants Hub Australian Government
- Settlement Engagement and Transition Support (SETS), Community Grants Hub Australian Government
- Innovations in Cancer Control Grants, Cancer Institute NSW

#### **Communiques (22)**

- Recording and Sharing Intimate Images Without Consent, Women's Legal Service NSW
- Association Incorporation Act 2009, Updated Regulation Changes, NSW Department of Fair Trading
- NGO Benchmarking Model Stage One, Online Self-Assessment, Department of Finance, Services and Innovation.
- Delivery of National Outcome 4 of the National Plan to Reduce Violence Against Women and their Children Inquiry into 1800RESPECT, Senate Standing Committees on Finance and Public Administration Call for Submissions

- NSW Domestic and Family Violence Blueprint for Reform 2016-2021: Safer Lives for Women, Men and Children (Blueprint) Annual Report, Women NSW
- Criminal Justice Reform Factsheets: Early Guilty Pleas, Sentencing, Parole, High Risk Offenders and Domestic Violence, Department of Justice
- Evaluation of the 2015 Domestic Violence Evidence-in-Chief (DVEC) Reforms, NSW Bureau of Crime
- Statistics and Research (BOSCAR)
- Treasury Laws Amendment (National Housing and Homelessness Agreement) Bill, Commonwealth Government
- Women's Health Centres Mapping and Literature Review Final Report, Ministry of Health
- Uluru Statement From the Heart, First Nations Peoples 2017 National Constitutional Convention
- Over 7000 and Counting: Support First Nations (Uluru Statement), ACOSS
- Women Get Worse Care After a Heart Attack Than Men – Must They Shout Louder? Ann Robinson
- Luke Foundation Closure Announcement, Rosie Batty
- Safe Access Zone Bill Briefing, Penny Sharpe MLC
- New Practice Standards for Men's Domestic Violence Behaviour Change Programs, Justice Strategy and Policy DOJ NSW Government
- NSW Government Homelessness Strategy, Pru Goward Family and Community Services
- MESH Injured Women Australia Correspondence to the Australian Commission on Safety and Quality in Health Care (ASCQHC)
- Offering Trauma-Informed Care in General Practice, RACGP
- Evaluation of the Trial of Early Guilty Pleas, BOSCAR
- New Commonwealth Grants Portal  
<https://www.grants.gov.au/>
- Mapping of Women's Health Centres Snapshot Report, NSW Health, <http://www.health.nsw.gov.au/women/Pages/wh-mapping.aspx>

#### **External Training Conference Forums Seminars (32)**

- Investing in Communities, NCOSS Regional Conference
- National Missing Persons Conference, NSW Department of Justice, National Missing Persons Coordination Centre and Australian Federal Police. Call for Abstracts
- Responding to Domestic and Family Violence in the Digital Age, WDVCA Forum

- eSafety Women Empowering Women to Take Control Online Workshop, Office of the eSafety Commissioner
- 2017 National Indigenous Drug & Alcohol Misuse Conference, 2017 National Indigenous Colour of Justice Conference, Minister for Indigenous Health
- Connecting Communities, Diversity and Inclusion, Are We There Yet? Conference, Local Community Services Association (LCSA)
- From Surviving to Thriving: Refugee Journeys Symposium, South Western Sydney Wellbeing Collaboration (LHD)
- Menopause: Science vs Fiction Seminar, Australasian Menopause Society
- Long-Acting Reversible Contraception (LARC) Webinar, MS Health
- National Volunteering Conference 2018, Volunteering Australia. Call for Abstracts
- Talking Women: Health and Wellbeing, Women NSW. Panel Discussion
- Professional Practice Supervision, Workshops 2018, University of Sydney
- Sexual Assault & Harassment on Campus, Anna Hush, Building Capacity of Health Staff to Recognise and Respond to Domestic Violence, Melanie Lotfali, Womens Legal Services NSW, Feminist Legal Perspectives Seminar Series
- 2018 Indigenous Women's Wellbeing Conference Because of Her, We Can, ICS
- Heavy Menstrual Bleeding: Delivering Best Practice Forum, Australian Commission on Safety and Quality in Health Care and Safer Care Victoria
- International Experts in Cognitive Rehabilitation Training, Brain Injury Australia
- Introduction to Centrelink Special Benefit Payments Webinar, Women's Legal Services NSW
- Training Institute on Strangulation Prevention, Integrated Violence Prevention & Response Service (IVPRS), Webinar
- Sydney Policy and Advocacy Intensive, For Purpose
- Symposium on The Agency of Muslim Women in the Australian Context, The University of Sydney Law School and The University of Melbourne Law School
- National Health Sector Women's Leadership Summit, Women & Leadership Australia (WLA)
- Housing Economics for Non-Economists series Seminar, Shelter NSW
- Change the Story Practitioner Training. Domestic Violence Prevention, Our Watch
- Meeting the Physical Needs of People with Serious Mental Illness in Primary Health Care Forum, Kate Bosanquet University of York England and the Centre for Primary Health Care and Equity UNSW
- Staying Connected when Emotions Run High Workshop for Professionals, Mental Health Services, NSW Health
- National Research Conference on Violence Against Women and their Children, ANROWS
- National Aboriginal Torres Strait Islander Women's Conference, ALS NSW
- Achieving Justice and Positive Change Conference, Women's Domestic Violence Court Advocacy Service NSW
- Inspiring Change Women's Conference 2018 – Safety – Security – Preservation, Community Migrant Resource Centre
- Human Rights and Technology International Conference, Human Rights Commission
- Not-For-Profit Law Webinars, Justice Connect
- 15th National Rural Health Conference Hobart, National Rural Health Alliance. Abstracts Open





### **Goal: Enhance WHNSW governance and performance to achieve its aims and objectives**

- WHNSW was successfully reviewed against the Australian Standards of Excellence (ASES) maintaining accreditation status till 2020
- 100% of Board positions were filled
- Strategic Planning and Evaluation processes were maintained. Stakeholders were involved in development cycles.
- WHNSW Audit was unqualified.

#### **Research, Consultations Surveys (19)**

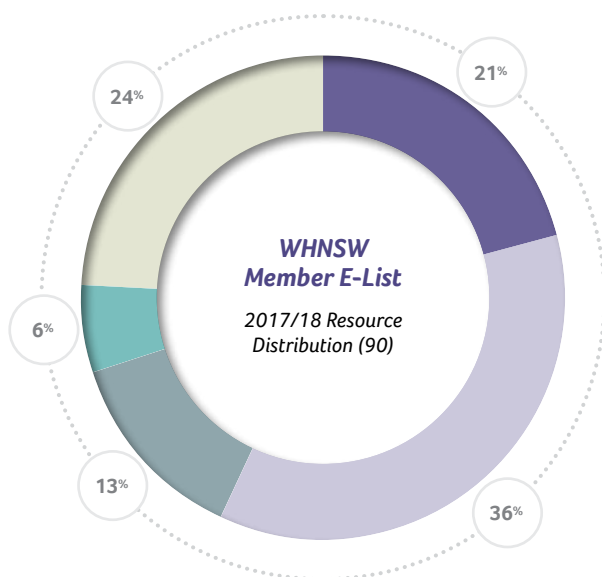
- Increasing Social Connection for Older People in Marginalised Communities, NCOSS Scoping Paper
- NSW Sexual Assault Strategy: The NSW Government Invites You to Have Your Say, Women NSW
- Strengthening Child Sexual Abuse Laws in NSW, Department of Justice, Consultation Paper
- Mental Health Commission NSW, Ministry of Health Review
- Review of Community Legal Centre Services, Department of Justice, Call for Submissions
- Workforce Providing Services to People Affected by Violence, Australian Government Department of Social Services. Research Survey
- Intersections Project Community Consultation, Health Consumers NSW
- Sexual Assault Consent Law, NSW Law Reform Commission. Call for Submissions
- NSW Domestic Violence Justice Strategy 2013 - 2017 Review, NSW Department Justice
- Trauma-Informed Care in General Practice. Findings from a Women's Health Centre Evaluation Research, Miriam Brooks, Lesley Barclay and Claire Hooker
- Healthy Culturally and Linguistically Diverse Communities Consultation, NSW Health
- Call for Submissions on the Abortion Consultation Paper, Queensland Law Reform Commission
- Survey on the Fourth Action Plan of the National Plan to Reduce Violence Against Women and their Children, AWAVA
- Regional Consultations on Improving Health Outcomes for People Experiencing Poverty and Disadvantage, NCOSS
- Review into the Family Law System Consultation, Australian Law Reform Commission
- The Relationship Between Gambling and Domestic Violence Against Women Research, ANROWS
- Intimate Partner Femicide (IPF) Research, Griffiths University

- Survey, Young People and Sex, Dating, Relationships and Pornography, Our Watch
- Call for Submissions. New Initiative Introduced For Indigenous Communities to Participate in 2018 Conferences

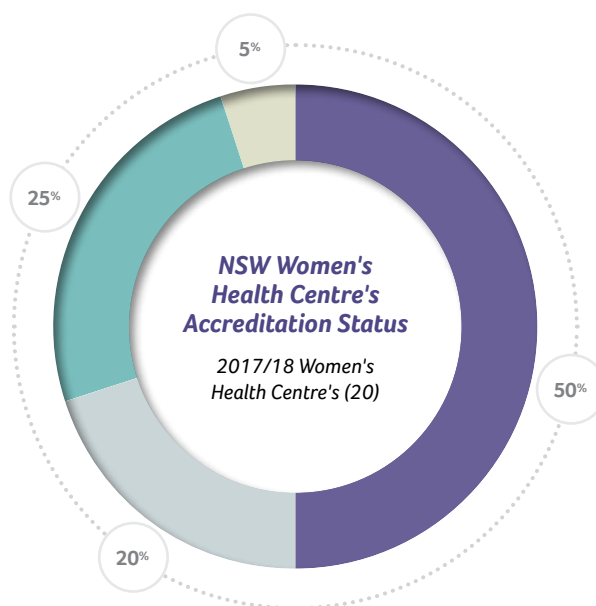
#### **Publications Reports Resources (12)**

- Penda is a New Free Domestic Violence App, Women's Legal Service Queensland <https://penda-app.com/>
- D&FV Emergency Assistance Package, Commonwealth Bank [https://www.commbank.com.au/support/dv-assistance.html?ei=gsa\\_support\\_domestic-violence-assistance](https://www.commbank.com.au/support/dv-assistance.html?ei=gsa_support_domestic-violence-assistance)
- Domestic and Family Violence & Acquired Brain Injury Project Report Launch, Domestic Violence Service Management <http://www.abc.net.au/news/2018-04-30/the-shocking-rate-of-brain-injuries-in-domestic-violence-victims/9705810>
- Women & Heart Disease Forum, Report and Resources, Heart Foundation <https://www.heartfoundation.org.au/for-professionals/women-and-heart-disease-resources>
- Family, Domestic and Sexual Violence in Australia, 2018 Report, The Australian Institute of Health and Welfare <https://www.aihw.gov.au/reports/domestic-violence/family-domestic-sexual-violence-in-australia-2018/contents/table-of-contents>
- myPlan Mobile Phone App. An evidence based safety planning resource for women in abusive intimate and dating relationships, Nancy Glass from Johns Hopkins University. <https://www.myplanapp.org/home>
- Free service to help women returning to work Dress for Success Sydney <https://sydney.dressforsuccess.org/>
- The Incarceration of Women in NSW Prisons Report, BOCSAR <https://www.bocsar.nsw.gov.au/Documents/BB/2018-Report-Recent-Trends-in-the-NSW-Female-Prison-Population-BB130.pdf>
- The Mapping of Women's Health Centres Snapshot Report, NSW Health <https://www.health.nsw.gov.au/women/Pages/wh-mapping.aspx>
- FACS DFV dashboard for data sources and tools <https://www.facs.nsw.gov.au/facs-statistics/domestic-and-family>
- Say it Loud 'Bystander Toolkit' ACON <http://sayitoutloud.org.au/friends-family-community/bystander-toolkit-domestic-violence/>
- The NSW Rolling List Court Evaluation: Final Report, NSW Bureau of Crime Statistics and Research <https://www.bocsar.nsw.gov.au/Documents/CJB/2018-Report-The-NSW-Rolling-List-Court-Evaluation-Final-Report.pdf>



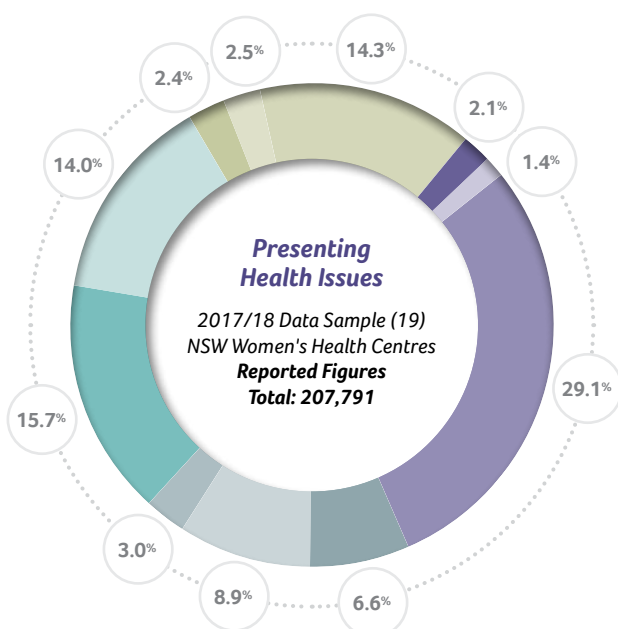


- Research Surveys and Consultations
- External Training Conference Forums and Seminars
- Publications Reports and Resources
- Grants and Scholarships
- Communiques and Information

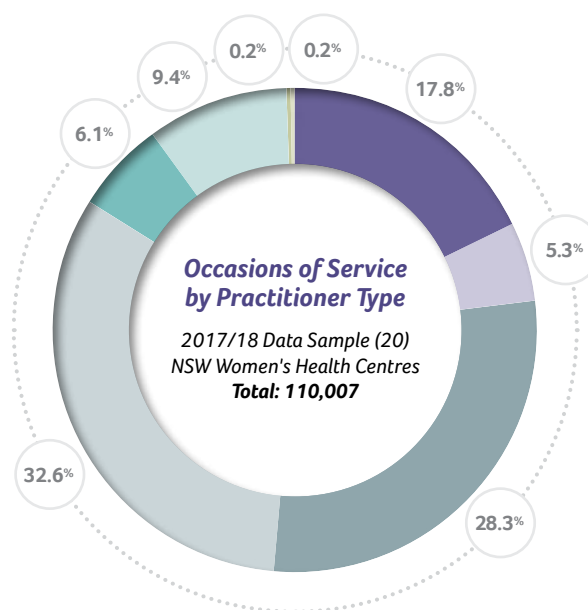


- Australian Service Excellence Standards
- Royal Australian College of General Practice
- Quality Improvement Council
- ASES Review in Process

## women's health sector collated data



- Addiction
- Breast
- Emotional/Mental Health
- Gynaecological/Urogenital
- Legal/Financial
- Other
- Physical/Medical Health
- Relationships
- Reproductive
- Social/Cultural
- Violence/Abuse



- Medical Practitioners
- Complementary and Allied Health Care
- Mental Health Practitioners
- Group Education Health Promotion Projects
- Support, Culture, Social, Welfare
- Information and Referral
- Legal Practitioners
- Other Practitioners

**Women's Health NSW Database Presenting Issues Categories**

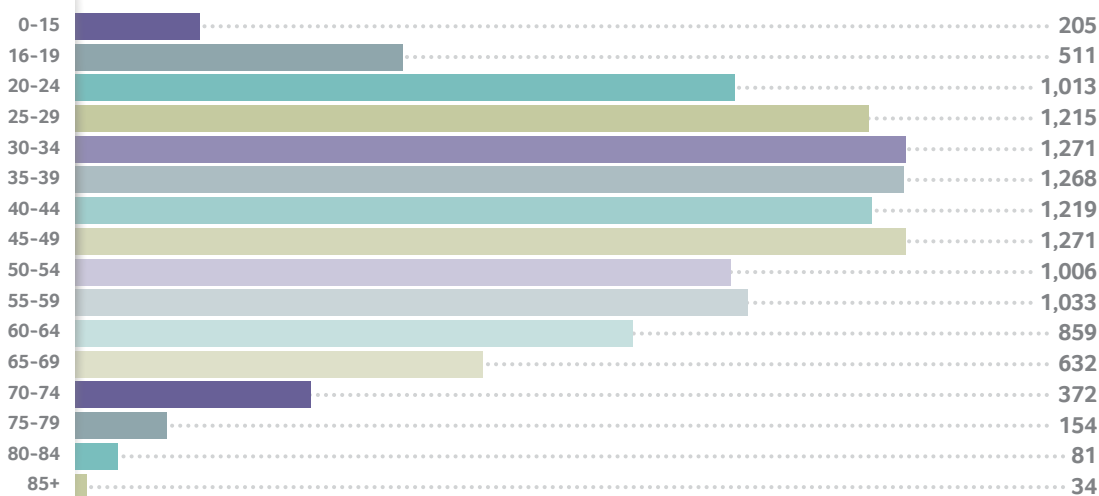
Physical/Medical	Breast	Addiction
Acute Pain	Breast cancer	Addiction – recovery
Allergies	Breast cancer metastases	Alcohol
Arthritis	Breast – diagnostic	Amphetamines
Cardiovascular (Heart and blood)	Breast feeding	Cannabis
Chronic fatigue syndrome	Breast implants	Cocaine
Chronic pain	Breast lumps	Gambling
Dental	Breast – other	Hallucinogens and party drugs
Dermatological	Breast screening/examination	Opiates
Digestion	Breast surgery	Drug abuse – other
Endocrine/hormonal – diabetes	Lymphoedema	Poly drug abuse
Ears/nose/throat	<b>Gynaecological/Urogenital</b>	Prescription medication abuse
Endocrine/hormonal – other	Endometriosis	Tobacco smoking (Nicotine)
Faecal incontinence	Cervical cancer	<b>Legal/Financial</b>
Gastrointestinal	Circumcision/Female genital mutilation	Adoption
Haematology	Gynaecological – General (E.g. fibroids, cysts, polyps)	Employment
Headache	Hormone replacement therapy	Financial problems
Health – Other	Hysterectomy	Homelessness
Hepatitis C	Menopause	Housing
Herbal/homeopathic mediation	Menstruation	Legal issues – child custody
HIV/AIDS	Ovarian cancer	Legal issues – divorce
Immunology	Pap/cervical screening	Legal issues – family law
Injury – acute	Pelvic floor dysfunction	Legal issues – other
Injury – chronic	Polycystic ovarian syndrome	Legal issues – victims compensation
Injury – repetitive strain/tendonitis	Premenstrual syndrome	Poverty
Injury – physical other	Thrush	<b>Emotional/Mental health</b>
Medication	Urinary (Kidney/Bladder) – other	Anger
Musculoskeletal – other	Urinary incontinence	Anxiety/panic disorders
Neurological – other	Urinary tract infections	Stress
Nutrition	Vulvo-vaginal – other	Depression
Oncology/cancer – other (Not breast or cervical)	<b>Reproductive</b>	Grief/loss
Osteoporosis	Artificial insemination	Mental health
Pathology and other tests	Infertility	Body image (Not eating disorder)
Physical fitness	IVF	Disordered eating
Pre/post-surgery	Miscarriage	Self esteem
Pulmonary/lung/respiratory	Pregnancy test	Suicide
Sciatica	Contraception – emergency	Trauma – emotional
Sexually Transmitted Infection	Contraception – general	Self-harm
Sight/vision/eyes	Pregnancy – antenatal/prenatal care	Post-natal depression
Sleep issues	Pregnancy – ectopic	<b>Social/cultural</b>
Tiredness/fatigue	Pregnancy – gestational diabetes	Cultural concerns
Weight management	Pregnancy – other	Discrimination
<b>Relationships</b>	Postnatal check ups	Loneliness/isolation
Childhood issues	Pregnancy – options	Migration
Family issues	Pregnancy – post termination	Racism
Impacted addiction	Pregnancy – termination	Systemic racism – Indigenous
Impacted health – mental	<b>Violence/Abuse</b>	Systemic racism – immigrant/refugee
Impacted health – physical	Sexual harassment	Sexual discrimination
Impacted identity	Adult CSA	Sexual identity
Impacted other	Adult Sexual Assault	<b>Other</b>
Parenting	Child CSA	Access and advocacy
Relationships	Violence – children	Carers issues
Safe sex	Violence – DFV	Complaint
Sex & sexuality (Not sexual identity)	Violence – other	Disability – management of
	Ritual abuse	Emergency/crisis
	Systemic abuse	Other
	Trauma/torture	





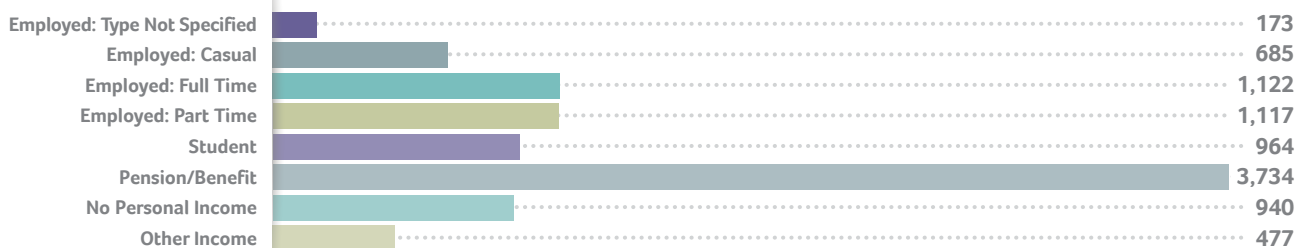
## Client by Age Range

2017/18 Data Sample (19) Women's Health Centres **Reported Figures Total: 12,144**



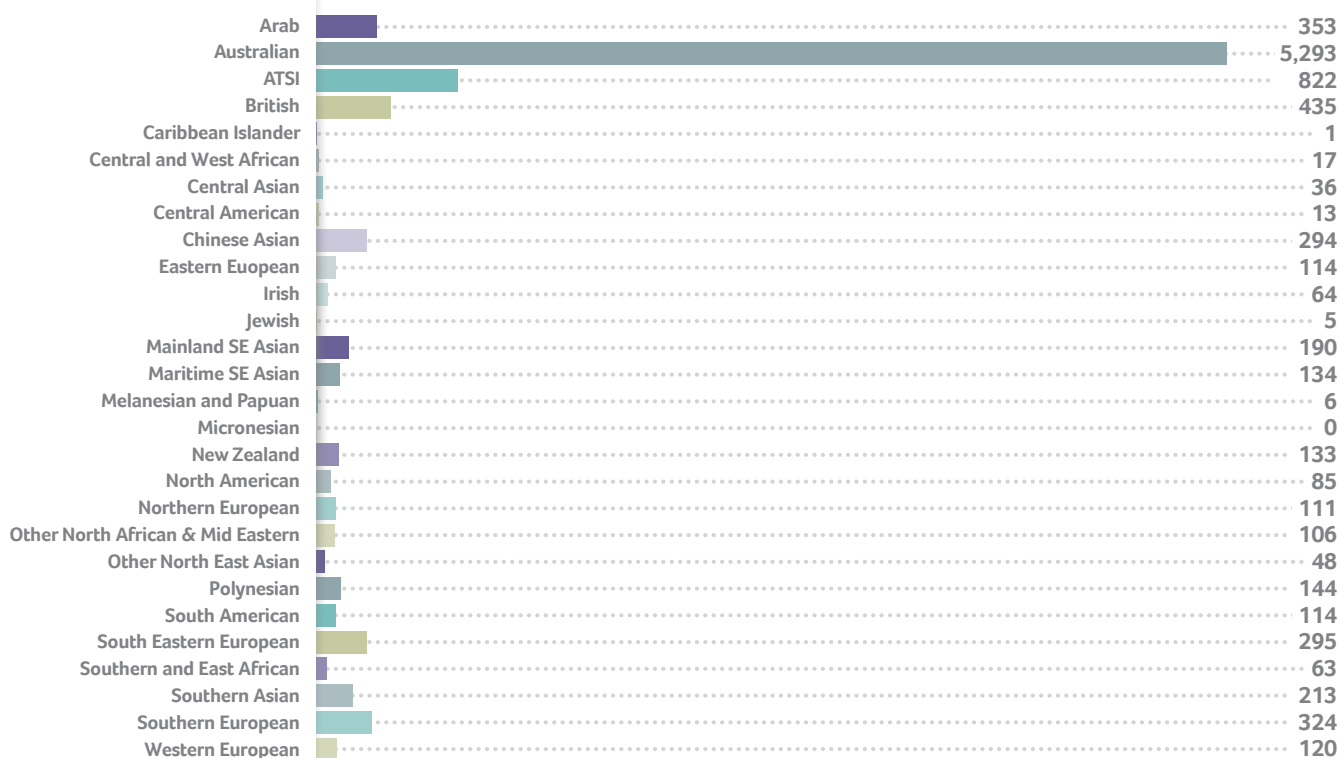
## Client Financial Status

2017/18 Data Sample (19) Women's Health Centres **Reported Figures Total: 9,212**



## Client Ethnicity

2017/18 Data Sample (19) NSW Women's Health Centres **Reported Figures Total: 9,533**



## organisation & structure

Women's Health NSW Inc is managed by an elected Board of Management comprising eight members representing rural, metropolitan, outer-metropolitan and special purpose services across NSW, and the Chief Executive Officer.

### Board of Management 2017/18

Category	Name	Organisation	Position
Specialist Service	Margherita Basile	Sydney Women's Counselling Centre	Chair
Metropolitan	Mariam Mourad	Bankstown WHC	Director
Metropolitan	Jhan Leach	Blacktown W&GHC	Director
Rural	Sally Stevenson	Illawarra WHC	Director
Rural	Gail Meyer	Wagga WHC	Director
Outer Metropolitan	Jane Gold	Penrith WHC	Treasurer
Outer Metropolitan	Sarala Porter	Blue Mountains WHC	Director
General	Sally Jope	Central Coast WHC	Secretary
Chief Executive Officer	Denele Crozier	WHNSW	Director

### Our Employees (1.9 FTE)

Name	Position
<i>Ongoing &amp; fixed term</i>	
Denele Crozier	Chief Executive Officer
Jacqueline Schroeder	Research Officer
Kim Blattner	Administration Officer
Tracey Kennedy	Bookkeeper
<i>Our Committees</i>	
WHNSW Women's Health Database	Scott Dovey, Jane Gold, Margherita Basile, Denele Crozier
Research Reference Group	Jacqueline Schroeder, Margherita Basile, Roxanne McMurray, Toni Schofield, Sally Stevenson, Betty Green, Denele Crozier
<i>Contract</i>	
Access Data Systems	WHNSW Database
Not Just Networks Pty Ltd	WHNSW IT Systems
Purple House Design	Publications and Brochures
Minmoko	Web Design & Management





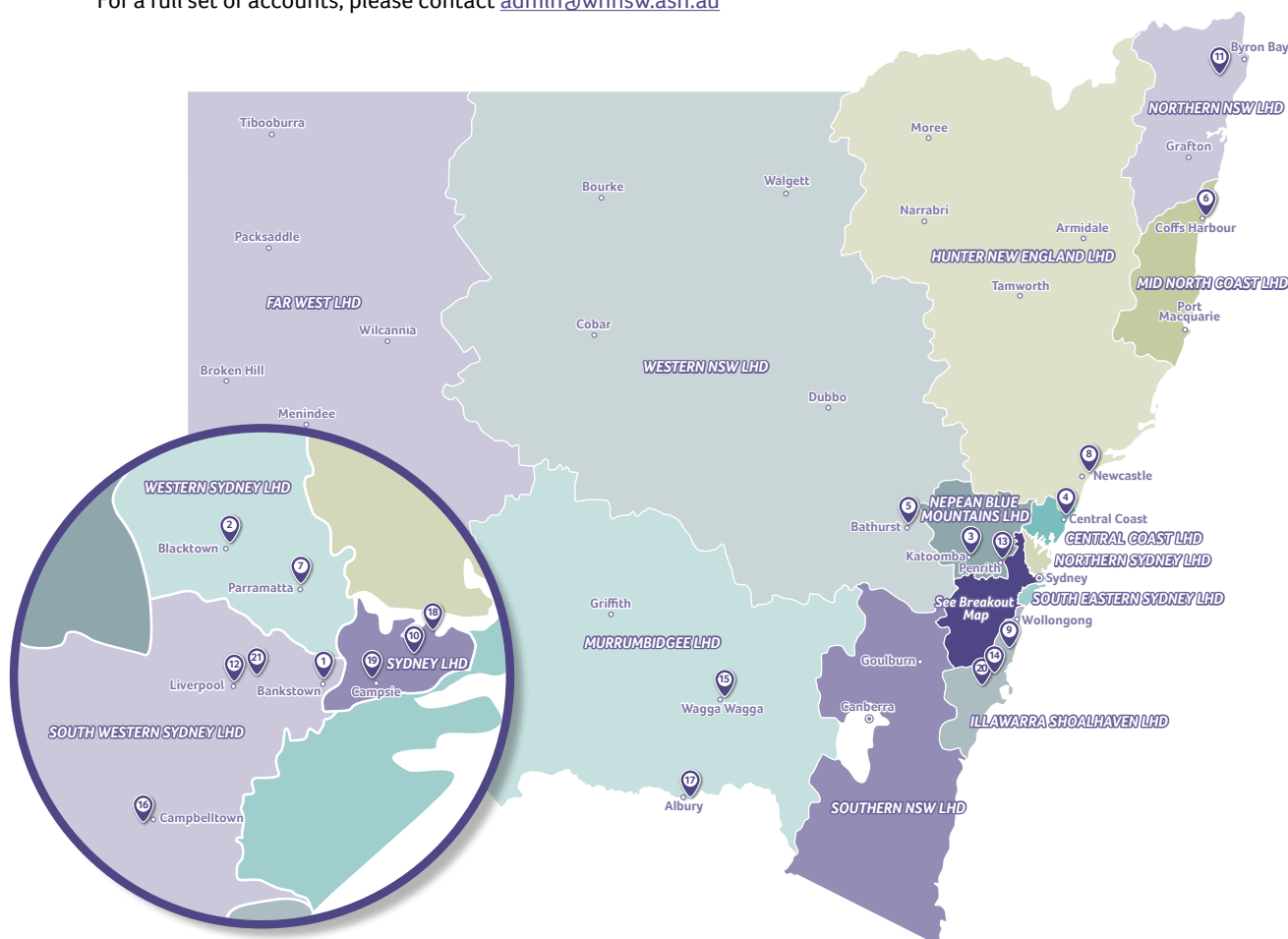
## financial report

Audited Financial Accounts for the 2017/2018 Financial Year are tabled at the AGM. Women's Health NSW continues to operate to budget and asserts that there are reasonable grounds to believe it will be able to pay its debts if and when they fall due.

Women's Health NSW has a strong finance team coupled with good financial systems and projected budgets for the year ahead.

<b>Statement of Income and Expenditure</b>	<b>2017/2018 \$</b>	<b>2016/2017 \$</b>
<b>Income</b>		
NSW Ministry of Health	220,600	212,900
Training/Interest/Other	77,539	77,324
Donations	-	-
Income Brought Forward	-	6,248
<b>Total Income</b>	<b>298,139</b>	<b>296,472</b>
<b>Expenditure</b>		
Wages and On Costs	198,119	192,888
Operational Expenses	61,384	60,858
Sector Development and Training	13,690	16,927
Sector Programs & Resource Development	19,947	17,660
IT & Equipment	4,729	6,886
<b>Total Expenditure</b>	<b>297,869</b>	<b>295,219</b>
<b>Operating Surplus/(Deficit)</b>	<b>270</b>	<b>1,253</b>
<b>Total Equity</b>	<b>4,904</b>	<b>4,634</b>

For a full set of accounts, please contact [admin@whnsw.asn.au](mailto:admin@whnsw.asn.au)



# women's health services in nsw

## Women's Health Centres

### 1. Bankstown Women's Health Centre

[www.bwhc.org.au](http://www.bwhc.org.au)

Telephone: 9790 1378



### 2. Blacktown Women's and Girls Health Centre

[www.womensandgirls.org.au](http://www.womensandgirls.org.au)

Telephone: 9831 2070



### 3. Blue Mountains Women's Health and Resource Centre

[www.bmwhrc.org](http://www.bmwhrc.org)

Telephone: 4782 5133



### 4. Central Coast Community Women's Health Centre

[www.cccwhc.com.au](http://www.cccwhc.com.au)

Telephone: 4324 2533



### 5. Central West Women's Health Centre

[www.cwwhc.org.au](http://www.cwwhc.org.au)

Telephone: 6331 4133



### 6. Coffs Harbour Women's Health Centre

[www.genhealth.org.au](http://www.genhealth.org.au)

Telephone: 6652 8111



### 7. Cumberland Women's Health Centre

[www.cwhc.org.au](http://www.cwhc.org.au)

Telephone: 9689 3044



### 8. Hunter Women's Centre

[www.hwc.org.au](http://www.hwc.org.au)

Telephone: 4968 2511



### 9. Illawarra Women's Health Centre

[www.womenshealthcentre.com.au](http://www.womenshealthcentre.com.au)

Telephone: 4255 6800



### 10. Leichhardt Women's Community Health Centre

[www.lwchc.org.au](http://www.lwchc.org.au)

Telephone: 9560 3011



### 11. Lismore Women's Health & Resource Centre

[www.lismorewomen.org.au](http://www.lismorewomen.org.au)

Telephone: 6621 9800



### 12. Liverpool Women's Health Centre

[www.liverpoolwomenshealth.org.au](http://www.liverpoolwomenshealth.org.au)

Telephone: 9601 3555



### 13. Penrith Women's Health Centre

[www.penrithwomenshealthcentre.com](http://www.penrithwomenshealthcentre.com)

Telephone: 4721 8749



### 14. Shoalhaven Women's Health Centre

[www.shoalhavenwomenshealthcentre.org.au](http://www.shoalhavenwomenshealthcentre.org.au)

Telephone: 4421 0730



### 15. Wagga Women's Health Centre

[www.waggawomen.org.au](http://www.waggawomen.org.au)

Telephone: 6921 3333



### 16. WILMA Women's Health Centre Campbelltown

[www.wilma.org.au](http://www.wilma.org.au)

Telephone: 4627 2955



### 17. Women's Centre for Health & Wellbeing Albury Wodonga

[www.womenscentre.org.au](http://www.womenscentre.org.au)

Telephone: 6041 1977

## Special Purpose Services

### 18. Rape & Domestic Violence Services Australia

[www.rape-dvservices.org.au](http://www.rape-dvservices.org.au)

Telephone: 8585 0333 (Admin)

Freecall: 1800 424 017 (Counselling and Support)



### 19. Sydney Women's Counselling Centre

[www.womenscounselling.com.au](http://www.womenscounselling.com.au)

Telephone: 9718 1955



### 20. Waminda – South Coast Women's Health and Welfare Aboriginal Corporation

[www.waminda.org.au](http://www.waminda.org.au)

Telephone: 4421 7400



### 21. Fairfield Women's Health Service

Telephone: 9755 0008





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Excellence Standards*

**Funded by the NSW Ministry of Health**

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