

Women's Health Centres in NSW

Bankstown Women's Health Centre

www.bwhc.org.au
Telephone: 9790 1378

Blacktown Women & Girls Health Centre

www.womenandgirls.org.au
Telephone: 9831 2070

Blue Mountains Women's Health Centre

www.bmwhc.org.au
Telephone: 4782 5133

Central Coast Community Women's Health Centre

www.cccwh.org.au
Telephone: 4324 2533

Central West Women's Health Centre

www.cwwhc.org.au
Telephone: 6331 4133

Coffs Harbour Women's Health Centre

Telephone: 6652 8111

Cumberland Women's Health Centre

www.cwhc.org.au
Telephone: 9689 3044

Hunter Women's Centre

www.hwc.org.au
Telephone: 4968 2511

Illawarra Women's Health Centre

www.womenshealthcentre.com.au
Telephone: 4255 6800

Leichhardt Women's Community Health Centre

www.lwchc.org.au
Telephone: 9560 3011

Lismore & District Women's Health Centre

www.lismorewomen.org.au
Telephone: 6621 9800

Liverpool Women's Health Centre

www.liverpoolwomenshealth.org.au
Telephone: 9601 3555

Penrith Women's Health Centre

Telephone: 4721 8749

Shoalhaven Women's Health Centre

Telephone: 4421 0730

Wagga Women's Health Centre

Telephone: 6921 3333

WILMA Women's Health Centre (Campbelltown)

Telephone: 4627 2955

Women's Centre Albury Wodonga

www.awbillboard.com.au/category/09/womenscentre.htm
Telephone: 6041 1977

Specialist centres

Immigrant Women's Health Centre

www.immigrantwomenshealth.org.au
Telephone: 9726 4044 (Fairfield)
Telephone: 9726 1016 (Cabramatta)

NSW Rape Crisis Centre

www.nswrapecrisis.com.au
Telephone: 9819 7357 (Admin)
Freecall: 1800 424 017 (Counselling & support)

Sydney Women's Counselling Centre

www.womenscounselling.com.au
Telephone: 9718 1955

Waminda – South Coast Women's Health & Welfare Aboriginal Corporation

www.waminda.org.au
Telephone: 4421 7400

women's
health
nsw



*Peak body for non-government,
community based women's
health centres in NSW*



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Non-Government Women's Health Services

PO Box 341, Leichhardt NSW 2040 | T: 02 9560 0866
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Women's Health NSW is the peak body for the 21 women's health centres in NSW. The centres are non-government, community-based and not for profit. All centres work within the social view of health framework which acknowledges the physical, emotional and mental aspects of health as well as the broader social and economic factors that impact on women's wellbeing and ability to access services.

We aim to ensure all women and girls are empowered to fulfill their potential within a safe and healthy environment.

The first centres opened in 1974 after concerted lobbying by women involved in the women's liberation movement. The women's vision was for women's health care to be delivered in a gender appropriate, affordable and accessible way that truly met women's health needs.

In 1982 Women's Health NSW (then known as the Women's Health, Information, Resource and Crisis Centres Association) was established to provide support and professional development to the centres and their specialised staff.

By the mid 1980s, women's health and specialist centres had opened in 23 communities in NSW, many the result of grass-roots advocacy.

Today 21 women's health centres located across NSW employ 320 staff specialised in women's health and provide front line services, multi-disciplinary health care and health education totalling more than 162,799 occasions.* Many of the centres have enhanced their funded clinics and programs with partnerships to provide additional services. All centres are independently managed and have a feminist philosophical framework which seeks to encourage women to be empowered in their health care and decision-making.

Women's Health NSW comprises an office in Sydney managed by an elected Board of Management of eight members representative of the rural, metropolitan, outer-metropolitan and specialist centres across NSW and the executive officer.

Women's Health NSW provides:

- Management and organisational support to member centres
- Continuous Quality Improvement tools and guidance to member centres
- Professional development and training
- State-wide data collection
- Policy development
- Advocacy on women's health issues and input to government and other public policy and practice

*Women's Health NSW Data 08/09

Women's Health NSW and member centres are proactive on priority health issues affecting women including:

- sexual and gynaecological health
- physical health
- emotional and mental health, eg. depression and anxiety
- impact on health and wellbeing due to disadvantage and social isolation
- the health effects of violence against women

Women's Health NSW collates data from women's health centres on 150 health issues affecting women in order to monitor trends and to inform planning and policy development.

Women's Health NSW works towards achieving

- access and equity in health care for all women
- promotion of the social view of health
- networking opportunities to encourage learning
- research to increase the knowledge base
- advocacy for women experiencing disadvantage

To bring this to fruition, Women's Health NSW is active within, and representative of, the network of women's health centres and participates in over 20 working parties, committees and interagencies.

