

annual report 21/22

whnsw peak body for 21 non-government women's health centres in NSW

Funded by the NSW Ministry of Health

acknowledgement of country

Women's Health NSW acknowledges the Gadigal and Wangal people of the Eora Nation as the traditional custodians of the land on which we live and work today. We pay respect to their elders both past and present, as well as all other Aboriginal and Torres Strait Islander peoples.

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about us

Women's Health NSW is the peak body for 21 non-government community-based women's health centres in New South Wales.

We are proactive on priority issues relevant to women's health, advocating for improved health outcomes so that all women and girls can reach their potential within a gender and culturally safe and healthy environment. We promote a coordinated approach to policy and planning, staff professional development and consultation between member services, NSW Ministry of Health (MOH) and other government and non-government agencies.

Members include 18 women's health centres providing multidisciplinary, primary health care focusing on wellness, prevention, early intervention, immediate and ongoing care including physical health/activity, chronic illness, emotional & mental health, reproductive and sexual health and the health effects of violence against women. Three special purpose services: Waminda with a focus on culturally tailored programs for Aboriginal women, Sydney Women's Counselling Centre with trauma specialised counselling and Full Stop Australia. Throughout the network, service provision is influenced by the identified needs of local communities and the shared aim of improving the health of women, with a focus on women experiencing disadvantage.

Strategies incorporated by Women's Health Centres include preventative health care, community education and development, advocacy and empowerment; providing women with knowledge, skills and resources to enable them to take more responsibility over factors that may adversely affect their lives.

All centres work within the social model of health framework which acknowledges the physical, emotional and mental aspects of health as well as the broader social, cultural and economic factors that impact on women's wellbeing and ability to access services.

The Women's Health NSW website outlines our structure, aim, history and philosophy along with resources and annual reporting.

For anyone looking to find their nearest Women's Health Centre, our website whnsw.asn.au has an information page on each Women's Health Centre in NSW outlining their contact details and range of service provision.

Contact phone numbers for each Women's Health Centre can also be found on the last page of this report.

'The WHC's (Women's Health Centres) and the non-government sector more broadly, offer unique value to consumers, practitioners, and the NSW health system. The centres are providing a multitude of primary health and wellbeing services to a cohort of women who may have otherwise only received care and support via the acute system. Many of the services offered by the centres are underpinned by clinical guidelines or other forms of evidence, and all centres align with women's preferences for care. Centre staff work collaboratively with other organisations to ensure maximum reach and impact within their current funding arrangements, and therefore represent good value to funding bodies, including NSW Health.'

Mapping of NSW Women's Health Centres Report, Urbis 2017

our vision

**All women and girls
are empowered to reach
their potential within
a safe and healthy
environment.**

our principles

Women's Health NSW works to the NSW State Health Plan: Towards 2021 CORE values of Collaboration, Openness, Respect and Empowerment which resonate with the WHNSW Principles of Women's Health Care endorsed in 1982 and outlined below

- Social justice and an understanding of a gendered approach to health care and policy
- Health is determined by a broad range of social, environmental, economic and biological factors
- Differences in health status are linked to gender, age, socio-economic status, ethnicity, disability, location environment, gender inequality and discrimination
- Health promotion, disease prevention, equity of access to appropriate and affordable services and strengthening the primary health care system are necessary along with high quality illness treatment services
- Information, consultation, advocacy and community empowerment are important elements of the health process
- Dignity, privacy, informed consent, confidentiality and safety
- Informed decision making about health care requires accessible and appropriately targeted information for socio-economic and cultural groups
- Health care is both evidence-based and values women's own knowledge and experience



NSW Health
CORE values

- Equity and accessibility
- Effective community management
- Links women's individual experience and health needs to the social and cultural context of women's lives
- Empowers women
- Challenges sex-role stereotyping, gender discrimination, racism and homophobia which affect health and well-being
- Increase the accessibility, sensitivity and acceptability of health services for women
- Relates to identified health priorities at the local and state level.



from the CEO

The 2021 - 2022 financial year continued to be a year of challenge with the ongoing requirements to mitigate and manage COVID-19 while holding a focus on community health and well-being. Isolation, violence, anxiety, mental health, poverty, and food security remain elevated components of care across NSW.

Women's Health NSW Strategic Plan consists of three components; Priority Women's Health issues; Women's Health sector capacity building; Governance and Performance.

We continue to achieve our primary objectives in all three areas with the good will and expertise of the women's health NGO sector and through good planning and resource allocation; prioritising strategies; good partnerships and collaboration coupled with a Board that has responsibility for both corporate governance and strategic direction. We currently have one sub-committee: WHNSW Database.

In relation to priority issues of women's healthcare, we have focused on the effects of violence against women, access to reproductive healthcare and abortion services and women's heart health pathways.

In addition, WHNSW presented submissions to government in relation to:

- *Inquiry into Family, Domestic and Sexual Violence*, Federal Government.
- *Anti-discrimination Amendment (Religious Freedoms and Equality) Bill 2020*, Federal Government.
- *Inquiry into Coercive Control in Domestic Relationships, Public Hearing Witness Statement and Appearance*, NSW Government.
- *Investing in Women's Health, Pre-Budget Submission*, NSW Treasury.

WHNSW Heart Health Project, where face to face service provision was required, operated during a small window of opportunity during February and June 2021. The *Women's Heart Health Assessment Tool Evaluation* was trialled at 12 sites with 105 participants. The final report for this program will be uploaded onto our website.

WHNSW Database Upgrade Program continues to be a major focus – see report page (8). This work was complemented with a Cyber Security Project – see page (8).

We have worked successfully with MOH to continue to focus on Partnerships for Health through participation in the MOH NGO Community of Practice (COP) supporting a statewide approach to COVID-19 mitigation and the MOH NGO Advisory Committee.

We participate in a range of government and non-government initiatives such as NSW Female Genital Mutilation/Cutting (FGM) Education Program and NSW



Women's Health NSW endorses the 'Uluru Statement from the Heart' to call for the establishment of a 'First Nations Voice' in the Australian Constitution and a 'Makarrata Commission' to supervise a process of 'agreement-making' and 'truth-telling' between governments and Aboriginal and Torres Strait Islander peoples

Women's Alliance Violence Against Women (VAW), see page (9) for full listing.

Providing advice, support and knowledge regarding a variety of policy and program developments, governance and operational matters to NSW Women's Health Centres remains an essential component of our work.

We work with the women's health sector to identify capacity building opportunities, accreditation strategies, researching evidence-based practice, program accountability and data.

Once again, through the collation of sector service data, WHNSW can demonstrate the service provision and demographics of service users across the sector (see pages 14-16). Together, women's health centres provided more than 115,689 occasions of service incorporating more than 206,437 presenting health issues.

Work over the year has extended partnerships and improved policy, procedure and access to services for women and vulnerable communities across NSW. Despite COVID-19 2021-2022 has been a productive year that has influenced the work ahead by identifying strategic directions that will make a difference.

We look forward to continuing partnerships, involvement in the improvement of public policy and practice and a continued unpacking of gender equity and equality.

Thank you to all our partners and supporters as we work together to achieve these aims.

Denele Crozier, AM



strategic priorities

Women's Health NSW will be proactive on priority issues relevant to women's health:

- 1** Advocacy for improved outcomes for women
- 2** Networking and research
- 3** Reorienting the health system

Increase the capacity of the women's health sector to respond to women's health and wellbeing:

- 4** Good governance
- 5** Training and development
- 6** Women's health priority issues

reducing violence against women

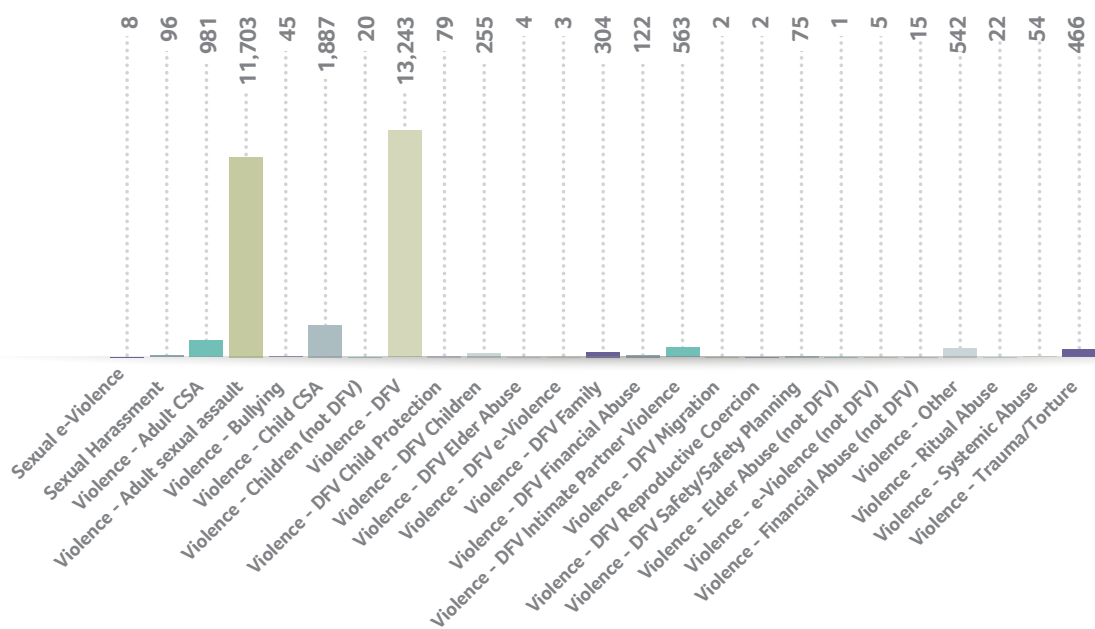
The work of the NGO women's health centres in violence prevention and service provision are an essential part of the NSW primary integrated health care system. From safety planning, medical services, specialist trauma counselling and therapeutic resilience work, legal and financial information, case management, court support, grief and loss counselling, parenting skills, to name but a few current services. The women's health centres are a vital partner to enhance health, safety and well-being outcomes for women who have experienced violence.

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Presenting Issue Violence/Abuse

2021/22 Data Sample (13) NSW Women's Health Centres **Total: 30,497**



strategic activities

WHNSW Database

WHNSW developed the WHNSW Database in 2006 using a Microsoft Access software program. The WHNSW Database is an integrated client management and statistical collection system. The database enables Women's Health Centres to collect consistent information regarding the clients and their demographics, service delivery and presenting health issues. The information can be collated to form a state-wide picture, informing planning and evaluation and assist with accountability and reporting.

Eighteen (18) Women's Health Centres use the WHNSW Database. Other centres such as Waminda and Full Stop Australia use separate purpose-built databases designed to reflect their specific requirements. These centres forward their service data for inclusion in our collated reports.

WHNSW Database Upgrade Grant

Women's Health NSW has been funded by NSW Ministry of Health to implement the following upgrades of the WHNSW Database

- Align with priorities of the *NSW Women's Health Framework 2019*
- Update reference tables and functionality to reflect current practice, reporting requirements and evaluation tools (Patient Outcome and Experience Measures)
- Develop an SQL back-end platform to increase functionality and stability.

During 2021/2022 WHNSW completed a review of all *Reference Tables and Database Functionality*.

The following tables were updated: Mode of Service, Disability Status and Type, Chronic or Long-Term Illness Status and Type, Practitioner Type, Funding Source, Presenting Issue, Services Provided and, Client Follow Up section was expanded to include:

33	Evaluation Tool	You can also set a reminder date for the next evaluation schedule
34	Project Monitoring	Set activity requirements schedule
35	Safety Planning	You can set a date for check-up/follow up/next appointment
36	Mental Health Care Plan	Schedule reviews
37	Suicide Risk Assessment	Schedule follow up
38	Chronic Health Care Plan	Schedule reviews
39	Chronic Pain Plan	Schedule reviews
40	DVSAT	Domestic Violence Safety Assessment Tool

Three new *Reference Tables* have been added: Australian Visa Type, Carer Status and Type and Evaluation Tools.

Improved functions include *Deceased field*, deceased clients and clients with contact warnings are excluded from mail merge; mobile numbers added to search functions; new reports functions for *Groups and Evaluation Tool* use to be linked to all service types.

The *Client Registration* form was reviewed and updated to broaden the demographic information including priorities identified in the NSW Women's Health Framework 2019 such as Carer and Australian Visa Status, along with additional categories to separate sexual and gender identity.

An updated WHNSW Database (Version 5), constructed onto a SQL back-end is currently on trial. Expected implementation across the sector will be during 2022-2023.

WHNSW Cyber Security Project

Ultimately in health, assurance of data privacy and confidentiality are among the highest duty of care that ensure trust, accountability and safety.

Funded by NSW Government, Social Security Transformation Fund, WHNSW implemented this project with the following activities undertaken:

- Analyse best practice procedures and guidelines in Cyber Security suitable for NGO's;
- Assess current practice at each women's health centre to identified needs in policy, practice, systems and equipment;
- Cost transformation to best practice as required;
- Develop and implement sector training;
- Support centres to enhance hardware, policy procedures and systems.

During the schedule of the project the following documents were developed and utilised:

- Comprehensive centre and IT vendor system and policy questionnaires;
- CYBER SECURITY GUIDE, Common Cyber Security Threats. This guide has been developed to help the Women's Health Services and Centres better protect themselves from the most common cyber security incidents.
- Backup and Restore using Microsoft OneDrive and a Hard Drive, Step by Step Guide.
- Securing Microsoft Accounts using Multi-factor Authentication (MFA).
- Ransomware Emergency Response Guide.
- Passphrases – What are they and why use them
- Changing your passphrase for Microsoft Windows 10
- Turning on Automatic Updates in Windows 10

- Assessment of Best Practice Standards and recommendations:
 - Having reviewed the ISO (acronym for International Organisation of Standards) and other policies and manuals, WHNSW recommends utilising the **Australian Small Business Cyber Security Guide** as it has been specifically designed for small workplaces to understand, take action, and increase cyber security resilience against ever-evolving cyber security threats. The language is clear, the actions are simple, and the guidance can be tailored to meet the needs of WHNSW and the 21 centres across NSW. These guidelines encompass the four key activities as outlined in the ISO and the Australian Government Information Security Manual but are broken down into the following easy to understand areas:
 - **Cyber Threats: Key Areas**
 - Malicious Software (Malware)
 - Scam Emails (Phishing)
 - Ransomware
 - **Software Considerations: Key Areas**
 - Automatic Updates
 - Automatic Backups
 - Multi-factor Authentication
 - **People and Procedures: Key Areas**
 - Access Control
 - Passphrases
 - Employee Training
 - **Risk Response: Key Areas**
 - Identify Risk
 - Respond to Risk
 - Report Risk

The work to improve capacity and apply knowledge across the sector will continue into 2022-2023.

Partnerships

During 2021/2022 we had online participation in government and non-government committees and working groups including:

- Australian Women's Health Network
- NSW FGM Education Program
- SEARCH Sustainable Equitable Access to Reproductive Choice
- MOH NGO Advisory Committee
- LHD/MOH Women's Health Network
- NSW Women's Alliance, Violence Against Women
- NCOSS Health Equity Alliance
- Wirringa (nee Brewarrina) Aboriginal Women's Health Working Group

- Australian Longitudinal Study on Women's Health Research Project: A life course approach to determining the prevalence and impact of sexual violence in Australia

Other projects, consultations and forums

- *Heart Health Programs for Women Project*, Heart Foundation Australia
- *Women's Health Centres: Preventing gender-based violence through empowerment*. ARC Linkage Grant Proposal, Sector Research Collaborative
- *NSW Cancer Institute - Strategic Plan*
- *NSW Cancer Institute - Multicultural Health Week Planning*
- *Full Stop Australia – Brokerage program Advisory Committee*
- *Royal Commission – Women's Mental Health*
- *National Plan to End Violence Against Women & Children – Submission*
- *Power2Prevent: Respect@Work*
- *ASU – Domestic & Family Violence Leave*
- *Domestic Violence NSW, Board*
- *Women's Legal Service NSW, Board*

Professional Development

Presentations WHNSW Sector Forum

- *eSafety Commission: Understand technology facilitated abuse in domestic and family violence situations*, Leonie Burnham, Program Manager, eSafety Women
- *Cyber Security Project: Final Report & Insights*, Min Housman, Project Officer, WHNSW
- *Not For Profit Law*, Wallumatta Legal
- *NSW Cancer Plan*, Sheetal Challam, Multicultural Strategic Advisory at Cancer Institute NSW
- *SEARCH Program Update*, Alex Robinson, Project Manager, FPNSW
- *WHNSW Strategic Review*, Libby Darlison, Director, the Miller Group
- *Consent Law: Content, Implementation & Expectations*, Liz Snell, Law Reform & Policy, Women's Legal Service NSW

Briefings

- *Mandatory Vaccination Public Health Order – Sector Implementation*
- *Sexual, Domestic & Family Violence – Young Women's Resource Booklet*

women's health nsw outcomes

Goal: *Be proactive on priority issues relevant to women's health*

- Reproductive Health Policy NSW
- Coercive Control in Domestic Relations
- Heart Health for Women
- Consent in relation to Sexual Offences
- Women centered Cancer Care

Goal: *Increase the capacity of women's health sector to respond to women's health and wellbeing*

Sector capacity building training is listed under the **Professional Development** section on page 9.

WHNSW manages an e-list system designed to keep centres informed of issues such as new resources, education, sponsorship and grant opportunities, research initiatives, government policy announcements and changes to law or practice including:

Grants and scholarships (8)

- 2021 Multicultural Health Week Community Engagement Grants Program, Health NSW
- Domestic Family Sexual Violence Impact Brokerage, Full Stop Australia
- Seniors Festival Grants Program, DCJ
- Emergency Relief and NGO Support Grants, Multicultural NSW 2021 to 2024 Rural Financial Counselling Service Program – Australian Government
- Social Services Transformation Fund Direct Payment Scheme, The Hon. Alister Henskens SC MP, Minister for Families, Communities and Disability Services
- Social Sector Support Fund Invitation, DCJ
- Strong and Resilient Communities – Cashless Debit Card Support Services, Community Grants Hub
- EOI Staying Home leaving Violence Program Expansion – DCJ

Communications (23)

- Indexation Rate Confirmed for 2021-22 for Ministerially Approved Grants, NSW Health
- Women's Health News
- Changes to ACNC Governance Standards, NCOSS
- Criminal History Check Delays, Fit2Work
- Sector News Updates, DVNSW
- Combined on-line group Women's Health Centres calendar, Wilma Women's Health Centre
- Invitation to join the Australian Contraception and Abortion Primary Care Practitioner Support (AusCAPPS) Network, Jessica Botfield BN, MPH, MIPH, PhD. SPHERE Research Fellow, NHMRC Centre of Research Excellence

- Child Sexual Abuse Raises Future Risk of Sexual Assault – So What Are the Solutions. Hayley Foster CEO Full Stop Australia
- EOI for the Design Committee of a National First Nations Women and Girls Advisory Body, Lluwannee George, Senior Policy Advisor, Australian Human Rights Commission
- The Batty Effect: The Criticality of Victim-Survivors in Informing DFV Policy, Lisa Wheildon Women's Agenda
- Anti-Poverty Week Campaign Building Women's Security a Pink Hi-Vis Recovery, NCOSS
- Consent Law Reform Bill Introduced, Jenny Leong MP
- Religious Discrimination Bill, Helen Dalley-Fisher Women's Voices for Gender Equality YWCA Australia
- NSW Maternal Health Brief, Azure Rigney Maternity Choices Australia
- Product Recall MS-2 Step Batch LFK2020M – MS Health
- Director ID Number Required, ATO
- There's No Place Like Home, Podcast, Future Women
- Equal Remuneration Order (SACS-ERO) Funding from 2022-23, NSW Health
- Australia's First National Domestic, Family and Sexual Violence Commissioner, Sen. Anne Ruston
- National Wage Case
- 2022-23 NSW State Budget Analysis, DVNSW
- SSTF & SSSF Acquittal and Extension Process, WHNSW
- Wade v's Roe, Saturday 2 July 2022, Town Hall Sydney, Unions NSW

COVID-19 Communique (20)

- Monthly COVID-19 Risk Monitoring Dashboard – Healthcare settings Advice, NSW Government
- How to Set Up Electronic Check-In and QR Codes
- COVID-19 Emergency Relief Funding to Support Vulnerable Multicultural Communities
- Wear a Mask Signs in Community Languages, NSW Government
- Get Tested for COVID in Language Videos, South Western Sydney LHD
- Self-Isolation Packs – Resources for Lockdown, Community Resource Network
- Social Media Tiles - 'You Can Leave Home to Get Help for Domestic and Family Violence', DCJ
- Speak Out promotion in 9 languages – You can leave your home to get help for domestic and family violence, NSW Department of Communities and Justice
- Vaccination Policy Considerations, Jobs Australia
- MOH COVID-19 Workforce Advice, NSW MOH

- Safer Ways to Check-In with QR Codes using check in cards, DVNSW
- Amendment to Public Health Order COVID-19 Clinical Advice Update – Vaccination of Authorised Workers in Areas of Concern, NSW MOH
- WHNSW Position Statement Managing and Mitigation of COVID 19, WHNSW
- Woman's Health Sector: Information Package PHO Mandating Vaccination
- Definition of Health Services Public Health (COVID-19 Vaccination of Health Care Workers) Amendment Order 2021
- Health Care Worker COVID-19 Exposure Risk Assessment Matrixes, NSW Health
- Updated FAQ for Mandatory Vaccination in NGO Sector, MOH
- MOH COVID-19 Clinical Advice Update – CoP – 17 Jan 2022
- Access to RATS via MOH
- Changes to the COVID-19 Close Contact Isolation Rules for Health Care Workers – MOH
- Free RATS in NSW for people with Health Vulnerabilities – ASU
- The Power of First Nations Women's Voices, Australian Human Rights Commission
- Because She Matters Too: How to Be an Ally to Older Women Who Are Sexually Assaulted, Full Stop Australia & Older Women's Network NSW Inc
- Change the Story, Our Watch
- IWD Event: Panel on Family and Domestic Violence Livestream, Future Women
- NSW Women's Health Expo 2022, Department of Communities and Justice
- Webinar: Online Governance Basics for Committees and Boards, Bendigo Bank
- Visualising Women's Health: Improving Outcomes with Digital Mapping, Women's Health Victoria
- 2022 Suicide Prevention Summit, Mental Health Academy
- Webinar: Cancer Conversations Topic Discusses the Implications of the Shift to Virtual Care, Cancer Institute NSW
- Health Talk Australia: Infertility & Fertility Treatment Digital Resource Launch Event, RMIT
- Nepean Blue Mountains Domestic and Family Violence Forum 2022, Penrith WHC
- Conquering Cancer Virtual Screening, Cancer Institute NSW
- Let's Talk Women's Health, Bankstown Women's Health Centre
- Coercive Control Forum, DVNSW
- Women's Health Forum Cairns, Tropical Australian Academic Health Centre Limited (TAAHC)

External Training Conference Forums Seminars (19)

- International Summit on Women's Safety 2021
- Sector Discussion: Working with Police for Best Outcomes for Clients, DVNSW
- Poverty, the Indue Card and Women's Rights, Older Women's Network NSW Inc
- Invitation to the launch of National Survivor Advocate Program, Full Stop Australia



Goal: Enhance WHNSW governance and performance to achieve its aims and objectives

- WHNSW was successfully reviewed against the Australian Standards of Excellence (ASES) maintaining accreditation status till 2023
- 90% of Board positions were filled
- Strategic Planning and Evaluation processes were maintained. Stakeholders were involved in development cycles.
- WHNSW Financial Audit was unqualified.

Research, Consultations, Surveys (19)

- WHNSW remains the current chair of the Advisory Committee to the following research: Australian Longitudinal Study on Women's Health Research project: A life course approach to determining the prevalence and impact of sexual violence in Australia
- ARC – Sector Collaborative Research Proposal
- Seeking Young Feminists for Australian Research Council Funded Project, Monash University
- Seeking Abstracts for the STOP DV Conference, Hayley Foster CEO Full Stop.
- Violence Against Women Policy Research and National Plan to Reduce Violence against Women and their Children, WHNSW
- Proposed Changes to the National Cervical Screening Program Self-Collection Policy Survey, Nicola Creagh Melbourne School of Population and Global Health
- Women's Health NSW Survey, Demand for Services, WHNSW
- NSW Audit Survey on Police Responses to Domestic and Family Violence, DVNSW
- Understanding Impact of COVID-19 Restrictions on Women Experiencing Domestic Violence Research, Dr Kelly Lower School of Nursing, University of Wollongong
- "Make Your Voice Heard, Formative Research, Practitioners & FGM, Dipti Zachariah, Multicultural Health Team Leader
- National Stocktake and Gap Analysis of Respectful Relationship Education, Consultation, Dr Naomi Pfitzner and Associate Professor Debbie Ollis on behalf of the RRE National Stocktake and Gap Analysis Team.
- Sector Consultation National Plan to End Violence Against Women and Children, WHNSW
- Survey: Abortion Stigma in Australia, AWHN
- MOH LHD/SHN Survey - Videoconferencing in NSW Health services
- Sexual Offences in the NSW Criminal Justice System Consultation, KPMG & BOCSAR
- Help Us Create a Better Society for Women and Girls in NSW, Women NSW

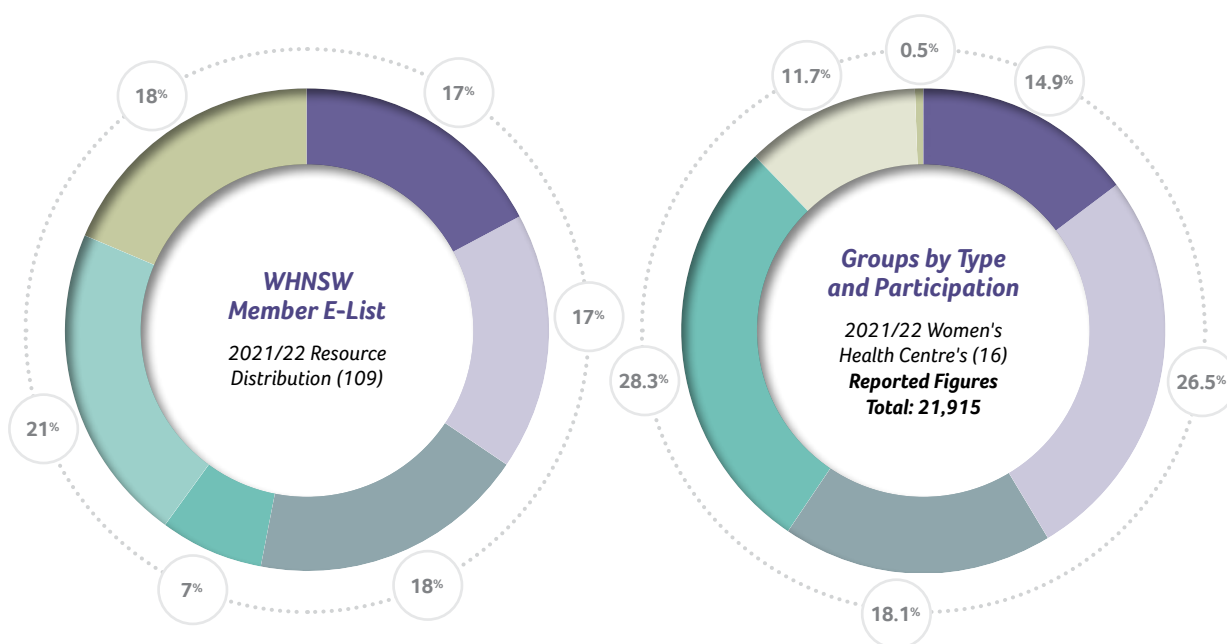
- Birth Project Consultation, ABC
- Remove the Requirement to Separately Prove Injury in NSW Victims Support Applications Joint Submission, Women's Legal Service NSW
- Anti-discrimination Amendment (Religious Freedoms and Equality) Bill 2020 Submission to the Joint Select Committee and Letter to MP's, WHNSW

Publications Reports Resources (20)

- WHNSW Cyber Security Best Practice Standards Analysis/Overview, WHNSW Cyber Security Project
- DVNSW and PWDA Disability Toolkit, DVNSW
- NSW Voices for Change Project: Report Launch, DVNSW
- Looking into the Future – Family, Domestic and Sexual Violence Services in 2031, Illawarra Women's Health Centre, Royal Australia and New Zealand College of Psychiatrists, University of Sydney, and Médecins Sans Frontières (Doctors Without Borders) Australia
- Telstra Payphones Made Free to Help People in Crisis Situations, Andrew Penn Telstra CEO
- Financial Counselling, Women's Legal Service NSW
- Food for Moods Workshop Online, Leichhardt Women's Community Health Centre
- Why You Might Feel Anxious Returning to 'Normal' After Lockdown and How to Cope, The Conversation
- New Payment Scheme to Help Women Escaping Violence, EVP Program Federal Government
- Landmark Investment to Help More Women and Children Fleeing Domestic Violence, NSW Government
- How Did Women's Health Get Sidelined? Women's Health Project
- Women's Financial Toolkit Webinar, Women NSW and Dress for Success
- Reproductive Health Report, Australian Longitudinal Study on Women's Health
- Get Connected – National Cancer Screening Register (NCSR) & GP/Medical Practice Software Integration 2022, Cancer Institute NSW
- 'Investing In Women's Health' Media Tools; New Website, Facebook Page, Instagram Page, Petition, Email Banner, Social Media Tiles, WHNSW
- Emergency Support and Flood Relief Assistance Resources, DVNSW
- Free Exercise Program, YWCA Encore
- Submission on the National Plan to End Violence Against Women and Children, WHNSW
- Infertility & Fertility Treatment Experiences – Online Resource Launch, Monash University
- Women's Health Women's Live's Short Film Digitised, Leichhardt Women's Community Health Centre.

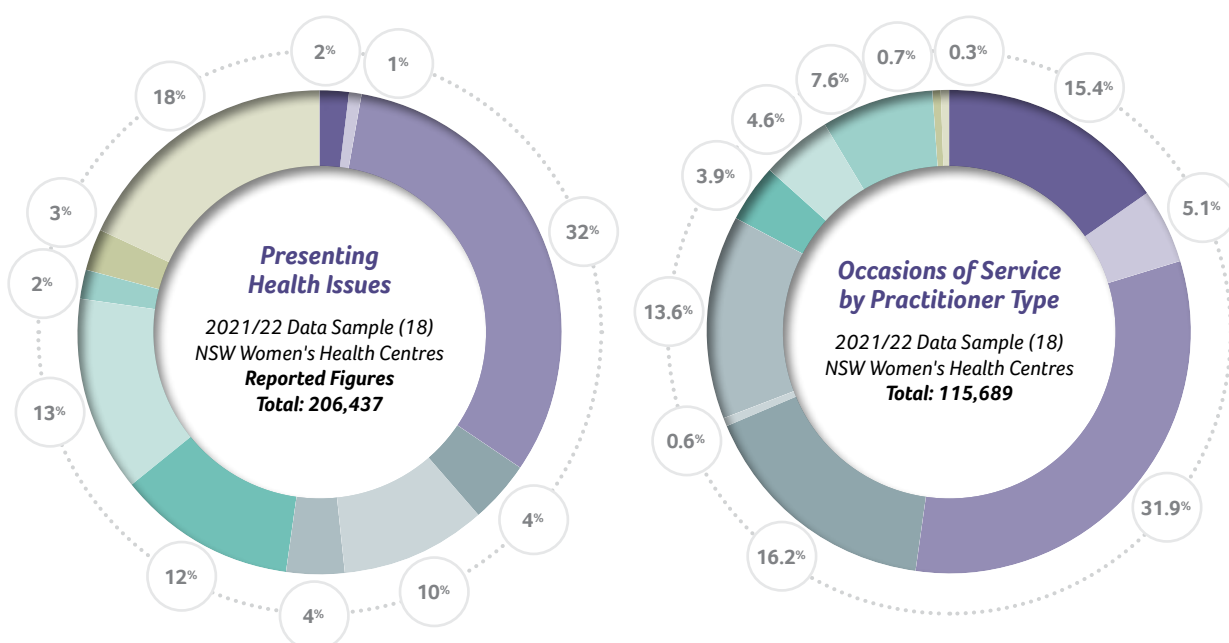


women's health sector collated data



- Research, Consultations and Surveys
- External Training Conference Forums Seminars
- Publications Reports Resources
- Grants and Scholarships
- Communiques
- COVID-19 Communiques

- Therapeutic
- Health Education and Skills Development
- Support
- Physical Activity
- Forums/Events
- Capacity Building and Training for Other Services



- Addiction
- Breast
- Emotional/Mental Health
- Gynaecological/Urogenital
- Legal/Financial
- Other
- Physical/Medical Health
- Relationships
- Reproductive
- Social/Cultural
- Violence/Abuse

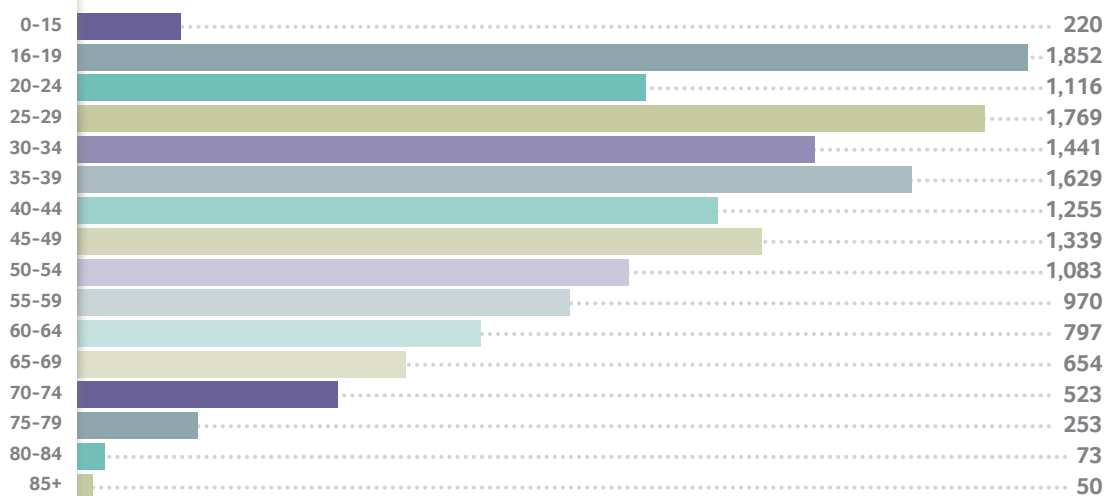
- Medical
- Complementary / Allied Health Care
- Mental Health
- Advocacy, Casework, Support, Culture, Welfare
- Legal / Financial
- Information and Referral
- Other
- Group / Health Promotion
- Social Equity
- Reproductive Health
- Violence Prevention

Women's Health NSW Database Presenting Issues Categories

Physical/Medical	Gynaecological/Urogenital	Breast
Acute Pain	Cervical cancer	Breast cancer
Allergies	Circumcision/Female genital mutilation	Breast cancer metastases
Arthritis	Endometriosis	Breast – diagnostic
Cardiovascular (Heart and blood)	Gynaecological general (E.g. fibroids, cysts, polyps)	Breast feeding
Chronic fatigue syndrome	Hormone therapy	Breast implants
Chronic pain	Hysterectomy	Breast lumps
Coronaviruses	Menopause	Breast – other
Dental	Menstruation	Breast screening/examination
Dermatological	Ovarian cancer	Breast surgery
Digestion	Pap/cervical screening	Lymphoedema
Ears/nose/throat	Pelvic floor dysfunction	Addiction
Endocrine/hormonal – diabetes	Polycystic ovarian syndrome	Addiction - recovery
Endocrine/hormonal – other	Premenstrual syndrome	Alcohol
Epilepsy	Thrush	Amphetamine – other
Faecal incontinence	Urinary (Kidney/Bladder) – other	Cannabis
Fibromyalgia	Urinary incontinence	Cocaine
Gastrointestinal	Urinary tract infections	Crystal methamphetamine – ice
Haematology	Vulva-vaginal – other	Gambling
Headache	Reproductive	Hallucinogens and party drugs
Health – Other	Contraception – emergency	Opiates
Hepatitis C	Contraception – general	Other drug abuse
Herbal/homeopathic mediation	Pregnancy – antenatal/prenatal care	Poly drug abuse
HIV/AIDS	Pregnancy – Artificial insemination	Prescription medication abuse
Immunology	Pregnancy – Ectopic pregnancy	Tobacco smoking (Nicotine)
Injury – Acquired Brain Injury	Pregnancy – Gestational diabetes	Legal/Financial
Injury – Acute	Pregnancy – Infertility	Adoption
Injury – Chronic	Pregnancy – IVF	Employment
Injury – Repetitive strain/tendonitis	Pregnancy – Miscarriage	Financial problems
Injury physical – other	Pregnancy – Options	Homelessness
Medication	Pregnancy – Other	Housing
Musculoskeletal – other	Pregnancy – Postnatal check ups	Legal issues – AVO
Neurological – other	Pregnancy – Post termination	Legal issues – Care & protection orders
Nutrition	Pregnancy – Pregnancy test	Legal issues – Child custody
Oncology/cancer – other	Pregnancy – Termination	Legal issues – Divorce/separation
Osteoporosis	Violence/Abuse	Legal issues – Family law
Pathology and other tests	Sexual e-violence	Legal issues – Other
Physical fitness	Sexual harassment	Legal issues – Victim's compensation
Pre/post-surgery	Violence – Adult CSA	Poverty
Pulmonary (lung) /respiratory	Violence – Adult Sexual Assault	Emotional/Mental health
Sciatica	Violence – Bullying	ADHD
Sexually Transmitted Infection	Violence – Child CSA	Anger
Sight/vision/eyes	Violence – Child (not DFV)	Anxiety/panic disorders
Sleep issues	Violence – DFV	Autism
Tiredness/fatigue	Violence – DFV child protection	Body image (Not eating disorder)
Weight management	Violence – DFV children	Complex trauma
Relationships	Violence – DFV elder abuse	Depression
Attachment issues	Violence – DFV e-violence	Dissociation
Childhood issues	Violence – DFV family	Eating disorder
Communication	Violence – DFV financial abuse	Emotional support
Family issues	Violence – DFV intimate partner violence	Grief/loss
Impacted addiction	Violence – DFV migration	Mental health
Impacted health – child removal	Violence – DFV reproductive coercion	Post-natal depression
Impacted health – mental	Violence – DFV safety/safety planning	PTSD
Impacted health – physical	Violence – Elder abuse (not DFV)	Self esteem
Impacted identity	Violence – E-violence (not DFV)	Self-harm
Impacted other	Violence – Financial abuse (not DFV)	Stress
Parenting	Violence – Other	Suicide
Relationships – other	Violence – Ritual abuse	Trauma – emotional
Safe sex	Violence – Systemic abuse	Social/cultural
Sex & sexuality (Not sexual identity)	Violence – Trauma/torture	Cultural concerns
	Other	Discrimination
	Access and advocacy	Equality
	Carers issues	Loneliness/isolation
	Complaint	Migration
	Disability – management of	Racism
	Education	School issues
	Emergency/crisis	Sexual discrimination
	Other	Sexual identity
		Systemic racism – immigrant/refugee
		Systemic racism – Indigenous

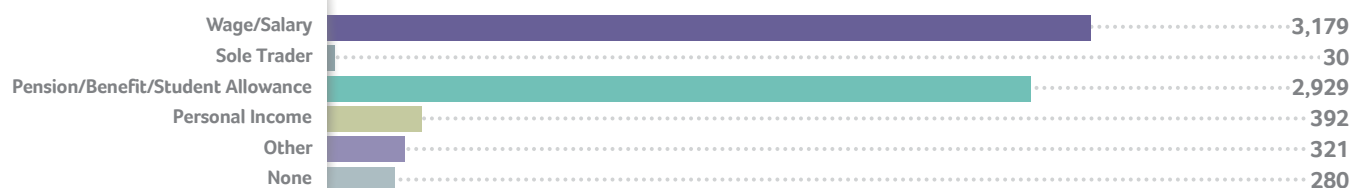
Client by Age Range

2021/22 Data Sample (17) Women's Health Centres **Reported Figures Total: 16,299**



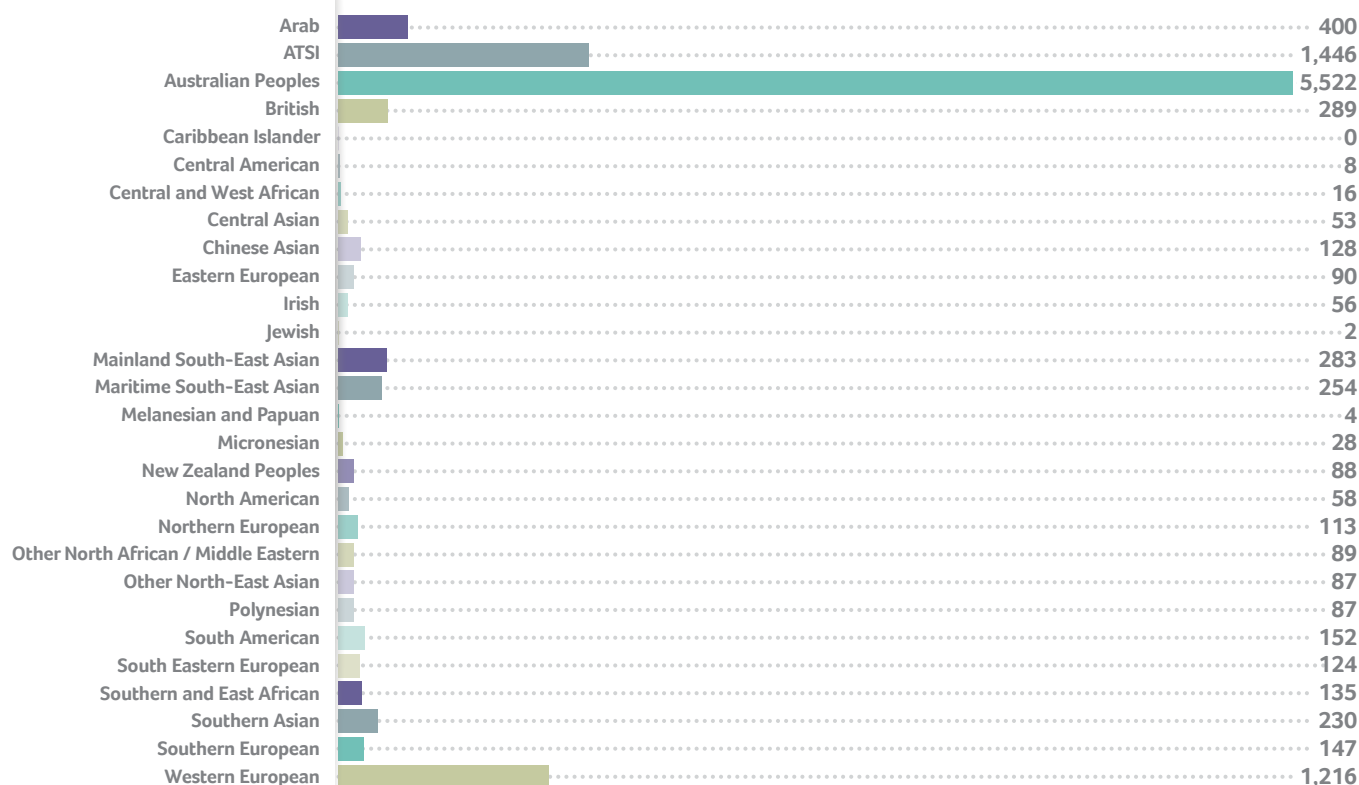
Client Financial Status

2021/22 Data Sample (15) Women's Health Centres **Reported Figures Total: 10,864**



Client Ethnicity

2021/22 Data Sample (18) NSW Women's Health Centres **Reported Figures Total: 16,992**



organisation & structure

Women's Health NSW Inc is managed by an elected Board of Management comprising eight members representing rural, metropolitan, outer-metropolitan and special purpose services across NSW, and the Chief Executive Officer.

Board of Management 2021/22

Category	Name	Organisation	Position
Specialist Service	Margherita Basile	Sydney Women's Counselling Centre	Chair
Metropolitan	Mariam Mourad	Bankstown WHC	Director
Metropolitan	Kate Meyer	Liverpool WHC	Secretary
Outer Metropolitan	Theresa Mason	Central Coast WHC	Treasurer
Rural	Karen Boyde	Central West WHC	Director
Rural	Tracy Lumb	Shoalhaven WHC	Director
Open Position	Nexhmije Shala	Leichhardt WCHC	Resigned January 2022
Chief Executive Officer	Denele Crozier	WHNSW	Director
Rural	Michelle Mays	WILMA WHC	Director

Our Employees (1.9 FTE)

Name	Position
<i>Ongoing & fixed term</i>	
Denele Crozier	Chief Executive Officer
Kim Blattner	Administration Officer
Tracey Kennedy	Finance Officer
Louise Shortus	Project Officer – Heart Health Pathways
Jane Gold	Project Officer – Preventing Violence Against Women
Min Housman	Project Officer – Cyber Security
<i>Our Committees</i>	
WHNSW Database	Margherita Basile, Denele Crozier, Theresa Mason
Research Reference Group	Margherita Basile, Toni Schofield, Sally Stevenson, Denele Crozier
First Nations Wirringar Indigenous Women's Centre (Brewarrina)	Aunty Grace Gordon, Toni Schofield, Denele Crozier, Dr Ses Salmond
Heart Health Pathways	Annie Flint, Denele Crozier
<i>Our Contractors</i>	
Access Data Systems	Scott Dovey, WHNSW Database
Not Just Networks Pty Ltd	WHNSW IT Systems
Purple House Design	Jodie McLeod Young, Publications and Brochures
Minmoko	Web Design & Management

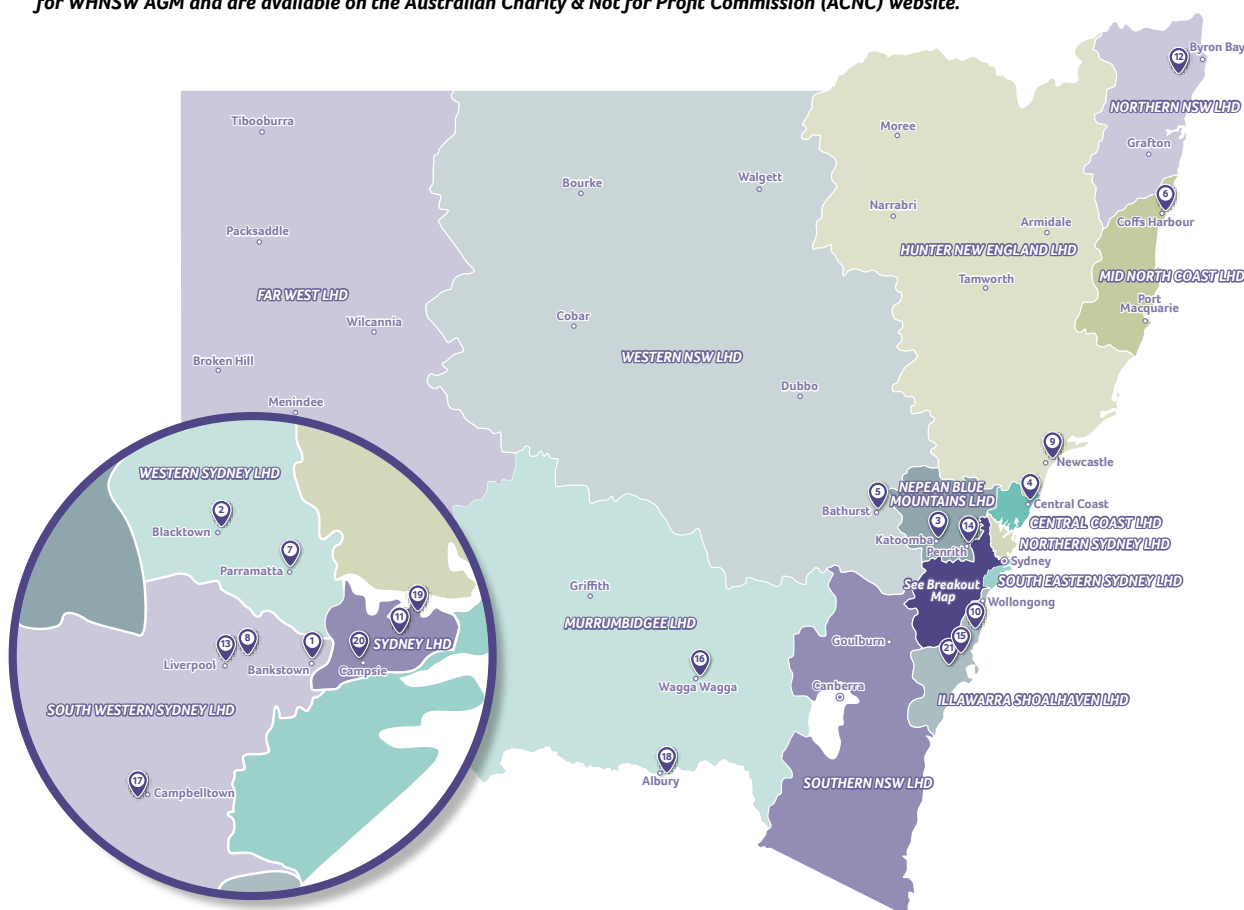
financial report

Audited Financial Accounts for the 2021/2022 financial year are tabled at the WHNSW AGM. Women's Health NSW continues to operate to budget and asserts that there are reasonable grounds to believe it will be able to pay its debts when they fall due.

Women's Health NSW has a strong finance team coupled with good financial systems and projected budgets for the year ahead.

Statement of Income and Expenditure	2021/2022	2020/2021
	\$	\$
Income		
NSW Ministry of Health	251,300	243,500
Training/Interest/Other	73,953	77,748
Treasury Rebate		25,025
Project Grants	132,657	25,407
Income Brought Forward		
Total Income	457,910	371,680
Expenditure		
Wages and On Costs	279,372	230,472
Operational Expenses	64,823	64,593
Sector Development and Training	16,736	12,081
Sector Programs & Resource Development	29,300	34,589
Community Programs	15,396	
IT & Equipment	12,440	15,884
Total Expenditure	418,067	357,619
Operating Surplus/(Deficit)	39,843	14,061
Total Equity	63,880	24,037

The full WHNSW Audited Financial Statements for year ended 30 June 2022 are circulated to the membership for WHNSW AGM and are available on the Australian Charity & Not for Profit Commission (ACNC) website.



women's health services in nsw

Women's Health Centres

1. Bankstown Women's Health Centre

bwhc.org.au

Telephone: 9790 1378

2. Blacktown Women's and Girls Health Centre

womensandgirls.org.au

Telephone: 9831 2070

3. Blue Mountains Women's Health and Resource Centre

bmwhrc.org

Telephone: 4782 5133

4. Central Coast Community Women's Health Centre

cccwhc.com.au

Telephone: 4324 2533

5. Central West Women's Health Centre

cwwhc.org.au

Telephone: 6331 4133

6. Coffs Harbour Women's Health Centre

genhealth.org.au

Telephone: 6652 8111

7. Cumberland Women's Health Centre

cwhc.org.au

Telephone: 9689 3044

8. Fairfield Women's Health Service

fwhs.com.au

Telephone: 9755 0008

9. Hunter Women's Centre

hwc.org.au

Telephone: 4968 2511

10. Illawarra Women's Health Centre

womenshealthcentre.com.au

Telephone: 4255 6800

11. Leichhardt Women's Community Health Centre

lwchc.org.au

Telephone: 9560 3011

12. Lismore & District Women's Health Centre Inc

lismorewomen.org.au

Telephone: 6621 9800

13. Liverpool Women's Health Centre

liverpoolwomenshealth.org.au

Telephone: 9601 3555

14. Penrith Women's Health Centre

penrithwomenshealthcentre.com.au

Telephone: 4721 8749

15. Shoalhaven Women's Health Centre

shoalhavenwomenshealthcentre.org.au

Telephone: 4421 0730

16. Wagga Women's Health Centre

waggawomen.org.au

Telephone: 6921 3333

17. WILMA Women's Health Centre Campbelltown

wilma.org.au

Telephone: 4627 2955

18. Women's Centre for Health & Wellbeing Albury Wodonga

womenscentre.org.au

Telephone: 6041 1977

Special Purpose Services

19. Full Stop Australia (NSW Sexual Violence Helpline)

Counselling: 1800 385 578

General, Admin & Training: 8585 0333

fullstop.org.au

20. Sydney Women's Counselling Centre

womenscounselling.com.au

Telephone: 9718 1955

21. Waminda – South Coast Women's Health and Welfare Aboriginal Corporation

waminda.org.au

Telephone: 4421 7400



PO Box 341, Leichhardt NSW 2040
T: 02 9560 0866 E: info@whnsw.asn.au
whnsw.asn.au



*whnsw is a not for profit charity
incorporated under the NSW
Associations Incorporations Act (2009)*



*Accredited at Certificate Level of the
Australian Service Excellence Standards*

*Funded by the NSW Ministry of Health
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